## DF Madhuban online Program

Friday 25th Mar: 8:00 - 9:00 am EST

Experiments in Silence with Br Charlie

Sunday 27th Mar 10:00 - 10:15 am EST

Shakti Stambh - A Memorial of Dadi Janki's Wisdom

Tuesday 29th Mar 8:00 - 9:00 am EST

Revision of Avyakt Murli 28 March and Q & A with Sr Jayanti

Sunday 03rd Apr 10:00 - 11:00 am EST

Beyond Waste Thoughts & Waste Feelings with Dr Nirmala

## Saturday, 26 March 2022: Global Bhatti

Avyakti Parivar zoom will open from

First Half: 3:00 am to Noon

Second Half: 4:00pm to 9:30 pm

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AMRIT VELA	3:00-4:00 am	Absorbed in the love of One:Increasing the experience of Love	A FAMILY OF ANGELS UNITED BY LOVE FOR ONE		
	4:00-5:00 am	Absorbed in the love of One: Love as the foundation for intense remembrance	внатті	4:00-5:00 pm	Being prepared, so victorious
MEDITATION	6:00-7:00 am	Meditation	BHATTI (WALKING OR MOVING)	5:30-6:30 pm	Keeping yourself and the atmosphere powerful
MURLI (AIMUST ACCORDING TO LIKEAL TIME)	7:00-9:00 am	Meditation + Murli	SPREADING SAKASH	6:30-7:30	Sending powerful vibrations, good wishes and pure feelings to souls affected by conflicts around the world
POST-MURLI YOGA	9:00-9:30 am	Absorbing Murli of the Day			
SENIOR'S CLASS	10:30-11:00 am (Commentary)	Unshakeable & Immovable (Commentary by Didi Nirmala) (ENG)	Zoom Class	7:30 - 8:30 pm	Avyakti parivaar
BHATTI	11:00-12:00 noon	Beyond with Baba	BHATTI	8:30-9:30 pm	Relax and Surrender into Baba's Lap

## Monday, March 28, 2022 : Bapdada Milan

● Morning Schedule Transmission from Madhuban 8:30 - 11:00 am EST