

Ashadidi's visit to Nairobi
25 – 30 Nov 2022



After a break of 2 years during the pandemic, this year the International BK Gujarati Retreat physically attracted 25 enthusiastic participants from India, South Africa, Uganda, USA and UK, to the Serve Africa Retreat Centre in Nairobi, Kenya. **Ashadidi from ORC Delhi** spared a few days from her busy schedule to be the resource person for this retreat.



The participants dressed in an African attire and 2 young BK's welcomed Ashadidi

The title of the retreat was Journey to Self-Perfection which included classes on Stage of going beyond sound, Dharna of Silence - Silence of speech and silence of the mind , Soul to God Consciousness & Royalty of Purity, Power of Renunciation - Experiences with seniors



Interview with Asian Weekly Newspaper

Managing Editor of Asian Weekly, Ravneet Sehmi, her husband Rashpal with baby Heer and Mahak taking blessings after interviewing Ashadidi



Public Programmes



Leadership with Wisdom for invited guests



Deputy Indian High Commissioner Mr Rohit Vadhvana's residence on Emotional Intelligence



Tree Planting



The Happiness Habit - Prog at Vasuben's House



Radio 44 - Live interview



MP Shah Hospital Senior Staff, nurses & Doctors - Leadership with Wisdom



Public Prog - Master Your Emotions



Sr Vedanti
Nairobi – Brahma Kumaris