

Om Shanti everyone!

It's lovely to see you all again. Everyone is 'Double Light'! When there is purity, there are no wasteful thoughts, concerns, or worry. We stay light, knowing that all the scenes of Drama are temporary. They emerge, they disappear, but we don't let them be imprinted in our minds. Sometimes the actions of others, different scenes of Drama, get deeply imprinted in us, but if we watch Drama and be a detached observer, then we don't necessarily have to watch everything. There are certain things I can avoid seeing, listening to, or speaking. Whatever information we get, whatever we come to know, we don't let it go inside. I think by paying attention, it can be better. They say images and the voices deeply touch the soul. Remain as Baba says, in "the awareness of your eternal religion self". Don't take from anything outside, because that is not yours. It's very important to be light inside, so that things don't repeat in the mind, or suddenly pop up. If I keep remembering, that inner lightness will show as a sparkle on your face. Otherwise, even if there is light, the sparkle is not visible, because of a type of heaviness. So, we have to adopt a stage that remains merged. Sometimes certain things emerge that could cause sorrow, the mind can get upset or concerned. When you are listening, you might ask how is it practical. How can we do it? If you pay attention, I'm sure you will see the benefit by night time. Sometimes certain things happen in the morning and by the evening, I completely forgot. I said, "Really, that happened?" That is because the intellect is very engaged in churning and making efforts, doing homework. This lightness inside, the purity creates what Baba calls 'divinity', and divinity is alokik.

Baba says that when we follow Baba's Shrimat, I remember that Baba has given me two blessings - 'divine intellect' and 'divine eye'. Divine intellect is one who follows Baba's Shrimat accurately. What is Baba's Shrimat? There are certain times when you go and want to discuss with Dadis or seniors, what Shrimat is about. Actually, if we really read Murli every morning properly and study, you will see that Baba is giving Shrimat. In today's Murli, Baba said, 'Baba's Order', and if we follow Shrimat, then there is 'Law and Order'. Maya creates lawlessness, chaos, confusion, illusion, so many subtle threads emerge, assumptions, and doubts. It's very interesting that following Shrimat should begin with thoughts. Baba gives us principles and maryadas we all follow, but that's more on a physical level. Is what I speak based on Shrimat? Is what I am thinking, Shrimat? When there is the power to discern, that is your divine intellect. You discern with your divine intellect, and then you decide. This is for thinking, speaking, interacting, exchanging, giving and taking. The importance of Shrimat is to help you not to get caught up in settling karmic accounts. Otherwise most of our life whether time, energy, money, mostly goes into settling karmic accounts. Not doing sinful action is one thing, but what divine, alokik karma did I do today? You cultivate your sanskars, and that's your savings. If all I am doing is settling, then I don't save anything, right? Baba is telling us through alokik and divine ways, that if you have

elevated thoughts, that is your saving. Following Shrimat, emerging divinity, that is, nothing ordinary should be allowed. Baba says, “elevated thoughts, elevated words, elevated actions.” If that is kept in mind, then of course one has ‘divine intellect’, the other is ‘divine eyes’.

We look at a person, how they look, or how they are, but divine eyes will look at the soul, the point of light, and have very beautiful loveful feelings and thoughts for the soul. That is using divine eyes. In today’s Murli, Baba said ‘Atmic Bhav - soul conscious’ feelings and good wishes, pure feelings and good wishes. Atmic Bhav and Shubh Bhavana, that’s Shrimat! Some people ask, “What is Shrimat?” When you create good, pure feelings and think about someone or a situation, you will get the right answer, but if you have mixed, negative or confused feelings, and you want an answer, you won’t get it. How do I keep using Shrimat? Use the divine intellect to discern and to decide and then if that becomes your nature, you will know what and how to think. Discern, then speak, give answers, find solutions. That means you get very clear directions from Baba, and also from within. Baba is actually making it very clear in the Murli.

This morning, I liked it when Baba said that fast effort means to check and quickly change. I really loved that point, check, and immediately change by using the power that is required at that time. If I need to tolerate, if I am getting all kinds of thoughts, I need the power of love or to adjust. Then, I use that power and immediately change my thoughts. If you change at the level of thoughts, it will help to maintain right awareness, good feelings, pure feelings and Baba calls that fast efforts. You want to make fast efforts, but Baba says that you mostly check but you don’t change. Change the thought instantly. I thought this is very interesting, and we must all implement it. We practice and then we cultivate, this brings what we call Siddhi. That means that the thought has power now. You will know how that thought changes into reality. Otherwise, you make a lot of plans, but they don’t become reality because of the lack of power in the thought. So, no following the dictates of the mind or opinions of others. Yes, we listen to everyone, we get ideas, then we say, “Let’s check what Shrimat is saying,” and then we do it. No one can say that I did it because you told me, Baba told me and internally, I felt very good. Today, Baba says, “See Father and also follow Father,” which internally brings contentment of effort. Baba also mentioned ‘prasad or holy food of all attainments in your life’. We are very fortunate to have such a Supreme Father, Supreme Teacher, and Satguru - Supreme Guru. If we follow the Father’s love, Teacher’s teachings, Guru’s directions, definitely we move towards our own golden age, golden stage, and also Golden Age in the world. That’s what we want, right? Golden stage and Golden Age in the whole world. So, reflect on that, practice and keep a chart, how many times, and how quickly you change.

Om Shanti