

Om Shanti everyone!

Everyone is okay? Had a good day? Yes, very good! Baba had been using the word 'shubh'. One is 'shuddh', shuddh means pure and auspicious. How to describe the word 'auspicious' that is really elevated, think well of everyone, the well being of everyone, and success for everyone. Generally, when people have to start something new, they look for an 'auspicious moment'. So, they will ask the priest what time or day is auspicious. Shubh is not just pure, but also every thought you have, is a blessing for someone, and every word you speak is like a blessing for someone. We just have to think of how Baba thinks of me and whatever I'm receiving at the Confluence Age. We are taking service from our Father, from our Teacher, from our Satguru and also free service from our Supreme Judge. If there is any mistake, I can immediately go, I don't have to hire a lawyer. I have my own lawyer, and Baba is my Judge, and I am happy. So, I think of the way Baba is serving each one of us, and I should also have a similar quality of serving through my thoughts, words and actions. Sometimes it is not even thoughts, words and actions, but the attitude inside, our elevated feelings.

For me, whenever I have to know exactly what this is, I look at Baba and I try to see how Baba has entered into my life, and the way He's serving me, becoming my Companion, becoming the Surgeon at the right time, the Boatman, any kind of service we need. I think about how much Baba is available for us. Every time Baba is available for whatever service, whatever sustenance, whether it's courage or company, whatever we need, He gives us. So, my heart is full, seeing how Baba serves me and that's what Baba wants. The way we are served, we should serve others, not just give the introduction of soul and Supreme Soul, but to share whatever I have received from Baba, strength, support, availability. So, my feelings are from what I received. To experience this feeling of appreciation, and availability of Baba, it is only possible if I am in solitude, I empty myself, and there is nothing from the past experiences. Maybe in the past I was disappointed, so should I just keep holding disappointment? No, look at how Baba is serving me. If you are holding past experiences, you can not have new experiences. It won't be easy to go into solitude and experience that stillness at the bottom of the ocean. Baba is saying that all the currents and waves go to a certain level. Once you go deeper, it is very still, very beautiful.

In solitude, what you're doing is clearing, you're not carrying everything. One dharna I do in my life, okay something happened, but I see what I learned from them instead of remembering the situation. Then it becomes a very subtle attitude, what I'm seeing in others is always what is lacking, their deficiency, then what we observe and also receive is not auspicious. So, I am again saying auspicious-shubh. You know that's called good wishes, auspicious feelings, that's the important subject at this time and I think it takes care of so many things immediately because it is not an intellectual exercise, it is coming from the soul, from the heart. Somewhere as you there is battling

with one's own sanskars, it shows from others' sanskars. One time Dadi Gulzar gave a very good example, someone said, "Oh, I was so upset because this one lied to me." So, Dadi Gulzar said, "But you have anger, and that person has the habit of lying, but it is both sanskars, right?"

So, going in solitude will take us away from the influence of sanskars, playing a part, playing games, and Maya tossing us around because of sanskars, and lack of going into solitude. What is the benefit of solitude? That means there is nothing from what happened even one minute before. Keeping it in mind, thinking about it, expressing it, showing it on the face, what is this? This is violence towards your own self, not realizing how much the soul is losing and, not only that, but it is not respecting our Guide, our Father. For me, since I became Baba's child, I always think how much respect I should have for Baba, by following Him. We are from a royal family, God's family. We should have that intoxication, and then the heart blossoms with love, with happiness, with God's blessings. So, every moment I create first for my own self, then I create for others. How can our wishes reach someone in the world if they're not working on my own self? So, for me, I always put the self there and then if there are those vibrations, then others will receive, you know it's so simple, it's so easy.

So, I request everyone to do a little bit more solitude, auspicious thought and auspicious feelings. I think that is today's topic, 'non-violence as the supreme religion'. If I am in my deity religion-supreme religion then I'm peaceful, I am loveful, I'm very very light. So, while listening to Baba's Murli I was trying to connect the practice of solitude, and then from there, auspicious feelings. When you go deeper in the stillness, you feel the presence of Baba, and keep hearing, not only what He says in the Murli, but also what He is whispering to us. My heart is always full of that gratitude to Baba, and because of Baba, to everyone. I was saying that before I used to feel I have to come and say something to you, and that Baba has created this Parivar for us. Now, I feel that Parivar is invoking me. You all sit with so much love, you come, you all have been meditating for so many hours, and how much you have contributed towards the Yagya, and world service. Every moment, even if somebody does a little thing for me, the heart says thank you, thank you, that person did something for me. Always having feelings of gratitude and also auspiciousness, that we come out of whatever personal sanskars, and go deep, that we become subtle and auspicious.

Om Shanti