

Om Shanti everyone!

We listened to Baba's Murli in 1989 and now, it's very appealing. I don't know if any of us remember the feelings we had when we were listening at that time, I'm sure intellectually we understood, but how much did we practice those very subtle spiritual practices? Baba said not to look at anyone, but just serve souls in very subtle and pure ways. I remember that in 1974, I was with Dadi Janki in London. You know she loved to give gyan. Sometimes new students would come, and we would give the course. She said, "No, I will give the course." She would sit next to me and start explaining in a very subtle way about mind, intellect, and sanskars. She loved that. Sometimes, she even came to R.C. meetings and would start explaining mind and intellect, especially attitude-vritti.

Our attention is on doing our homework and seeing how the divine sanskars emerge. If I had to go tonight to the Golden Age, what would I say? "Baba, wait, I still have to emerge divine sanskars," or will I say, "Yes Baba, I'm ready." Is it love for Baba that makes me remember? Do I feel I need more powers from Baba? Is it that I need to claim an inheritance from Baba or all attainments? I was going through that because it has been a very good practice, intellect connecting with Baba, being with Baba, feeling presence of Baba. It became very natural. Once in a while I find that as a soul, through this body I have to do a lot of things and the body doesn't have energy. I say, "Let me remember Baba and take Baba's vibration and let the elements work, and the body can function properly. I realized that amrit vela is very good for love for Baba. Amrit vela is the time to have deep silence of the intellect. We don't need to churn knowledge. Just silence of the mind and intellect, let the soul meet God and it's very beautiful. In the morning, I create stillness and be with Baba. Someone asked if I give sakash, yes, I will give sakash, not at amrit vela. That's the time to just have love for Baba.

These days, I find that the intellect needs to be very clear and that's only possible when, as Baba said in Murli, it is not engaged in little things or even big things. If we keep the intellect engaged, then capacity and ability are not becoming subtle. The whole day, I just say no, the intellect isn't going towards what has to be said or done. I keep the intellect with Baba. Then, at the right time, Baba can use the instrument to discern. When it comes to words, I think most of us are very careful of what we say. I am careful of each word, because Didi Manmohini was my teacher, and she was so particular. She said that each one of you are goddesses, and only words of blessings should come out of your mouth. That creates a very lovely relationship and Godly love and then acceptance comes from there. What I see is that whatever you have to speak, first you have to phrase it. Are you just going to say anything, anytime to anyone? At least in my role, I don't think that's the best thing. A clear intellect is needed. An intellect with God's love towards everyone. Baba says good wishes and pure feelings, but all

that is included with words. So have love, loveful remembrance, take powers from Baba. When we pay attention to 'dharna', understanding, we keep getting better and better. You understand what Baba is saying from the heart, not just from intellect. When you understand, your heart accepts, and it becomes easy.

Now we have to be all virtuous. How can we emerge so many virtues naturally? My attention went first to how Baba is the World Benefactor and He said that we all are companions of Baba, we're also world benefactors. I deeply realized how important it is to have complete purity to an extent that I want pure feelings. When I look at Baba's children, they are Baba's children, right! His family and you are together, you have to have sustenance together. Let's say you are very good at doing something, there is a subtle kind of ego connected and when it is there and you are giving your idea, you make others feel like, why didn't you all get this idea? You can never inspire them, even if you're not saying it, that subtle impurity is in the attitude. It's okay to feel proud of what you are, but if you say it with attitude, there are many who will feel down. Someone was sharing with me that transformation is only when there is such purity to an extent you are not looking at anyone, what they are, they are lower or I am more clever, even to have that thought is some kind of impurity. From purity, true love emerges, and that true love has so much power. Dadi Janki said so many things, we accepted, but we didn't have ability at that time. Because it's coming from her pure love or bhavna, it just got accomplished. When there is attainment, then automatically they will have more and more interest. If we have to have 16 Celestial degrees, where will they come from? If I want all virtues, I should keep counting, "Today, I am sweet. Today, I am lovely."

Yesterday, Baba said in Murli, to follow Brahma Baba. How do we follow? If I'm not totally clean, I can keep decorating myself but there won't be that feeling. All the virtues and specialties are emerging from purity. In the sense of spirituality whatever you do is accurate, beautiful, it has perfection. Naturally every act you do has some speciality. When Baba says it's 16 celestial degrees it is the degrees of purity, the light of the soul but it's also that your every action is like an art or an ability. Ability comes from good yoga. It's not a question of only doing externally, it's God's task. Our every action from a pure heart, pure feelings, anything you do, do it with a lot of love but also externally it should be very accurate and appropriate. You all must be noticing all qualities are visible in you. You have to just put them together as a bouquet and offer it to Baba. Remembrance of Baba with love is the most powerful. Whatever power is needed for an instrument to function becomes possible. That's what my good feelings, pure feelings are for, all of us, including myself. That is what will emerge, divine sanskars. Once Baba had said that we have to make honest sincere efforts and if it's the time, then you get grace marks, if you had been an example. Baba said, "I will give 25% grace marks." So, of course, we all will pass with honor, and we will be in the divine world.

Om Shanti