

Om Shanti Everyone!

We always thought the body has to be well, but now we know that the soul, mind and intellect, internally, have to feel well all the time. When we have pure and loveful feelings in the mind, then the mind definitely becomes healthy. As soon as someone's mistake or weakness comes in the mind, the mind doesn't feel well. We have to always think about the qualities of Baba. Baba is the World Benefactor, and we are his companions, so we have to be like Baba. What does it mean to become like Baba? Complete with all virtues. I keep thinking about Brahma Baba and Dadi Prakashmani. The Dadis were able to maintain their virtue in various challenging situations. The scenes of Drama will test us in all different ways.

It's a very common story that Brahma Baba was always smiling, and also had a lot of patience. He was from a good family, but when he came into knowledge, a lot of people were attracted. There was a big gathering, and 300 of them decided to create a beautiful family. Because of purity, some had difficulties and had to leave home. Not everyone was happy. Children, husbands or wives of many were very angry and upset. They couldn't see the importance of purity. They used to say a lot of things about Baba that were not good, a lot of accusations about his personal character. None of this affected him, not even for a moment, can you believe it? For us, if someone says something, we think, "No, that's not right." Baba didn't respond or react to anything like that. I remember when I came in knowledge, Brahma Kumaris were very new in Delhi and had just begun service. Those who knew a little bit about history started propagating in a very negative way. When some of us young ones were going, a lot of people looked at us with a very bad, negative vision. It didn't bother us, because we had found the truth and we were in God's company. We had to do our service, so there was a lot of intoxication, but we had little taste of that.

With Brahma Baba it was very strong. I keep that image of Baba in front of me and as I said Baba had love and patience, that sanskar or virtue was power for him, strength for him. Many came and there was a lot of intoxication, but some found it a little difficult, especially when they couldn't get what they wanted, or they had not been able to be on the spiritual journey, so they were very much pulled and didn't feel secure. One time, about 20-30 came to Baba and said, "Baba, we all want to go." Baba said, "Okay children, when do you want to go?" Even when they left, they had a lot of love for Baba and Baba never abandoned them in the sense of now they don't belong to me or you can't talk or contact me now. I always give these examples to instruments at centers. Even if someone has left, he is still Baba's child. Some start finding it's very subtle, it's deep, it's very elevated, I cannot go further, so they decide to go back and be in the lokik world. What are our personal ingredients towards anyone? The purity of Baba's love. Now we say God is love, God is truth, but I saw in Brahma Baba what love is, and what truth is. I saw the same with Dadi Prakashmani. Even if we take a few qualities, especially the quality of love and truth because all are souls, they have different sanskars, different parts, but internally we have love for all souls.

Complete really is that unshakeable virtue that means whatever happens externally, my virtue stays. Sometimes we get a little bit disturbed or distressed, we reach 80-90 percent, and then we can't continue. It is only when there are challenging, adverse

situations, and I maintain that virtue, sustain that virtue, that is called effort. What is effort? When our attitude, our drishti remains very clean. Actually, those souls who are not able to continue need more love, right? They still need the feeling of belonging. Everyone will love one who has all the virtues, but one who is making efforts, I think they need more feelings of love and belonging. This is called becoming the embodiment of the sanskar. We have to look at the percentage, how many of you would like to be completely virtuous? You feel on your spiritual journey that you are paying attention, yes, that every virtue I become, I imbibe it, and become swaroop. Whether it is peace, love, sweetness, smiling, or friendship, when you think of Baba, you think of Baba's virtues. Look at Baba's Yagya, how it is being sustained, through Baba's powers, Baba's energy or virtues. It is the same in every service place we have, the sustenance comes through virtues. There is knowledge of virtues then we have yoga with Baba and inculcate. When we inculcate virtues, then we become an embodiment, we become complete. Some attention and efforts are needed. Baba said, "Don't keep your intellect engaged in little things." Once it goes in the intellect, then we keep thinking that it shouldn't happen. Quickly, I have to accumulate the power of peace, power of silence, and in this way, I am inheriting from Baba. Baba said, "Even if you are looking at the virtues and specialties of someone, you have to remember Baba, because that soul got it from Baba." Without Baba in our lives, we wouldn't be what we are today. Our virtues emerge after belonging to Baba, remembering Baba, and taking all the treasures from Baba. This habit of just connecting with Baba for everything is how Baba's task happens in such an incognito way. Baba is taking care of everything. Every day there are amazing things happening and we say, well, it must be Baba.

Today entering into this creation of divine sanskars, the first one is the sanskar of all the virtues. They are divine and each one of us feels them internally. That divinity is now increasing. For example, everything is on the top, waves, currents and storms, but as soon as you go deeper, it's very still, very clean. The same happens with you, just let go and go deep again, go into your subtle stage. That storm and current are in the water because of whatever reason, various situations or circumstances, but just go deep, become subtle and you will experience that calmness and stability. You will be able to see your virtues and powers more clearly. Our first thought is complete with all the virtues, because virtues are the value and decoration of life. The value in life is actually based on virtues and that's why I said decoration, because that is the inner beauty. That beauty is so visible. What is the beauty in Brahmin life? In the lokik world, they decorate themselves so much, we don't do anything physically, but in the Golden Age, everything will be natural and beautiful. All the elements are also satopradhan. Reflections tomorrow will be on being complete with all virtues and for every virtue when you feel you need it, just think of Baba as the Ocean and I am master, I am bestower, and within a second that virtue will emerge. Keep doing that then by evening you will become a percentage of the embodiment of that sanskar and swaroop.

Om Shanti