

While performing every action, be free from its effect, be a loving and detached karma yogi and then perform action and you will easily create your karmateet stage – pure inspirations from Dadiji (19/11/2021)

Beloved Avyakt Image, Mother Father BapDada's deeply loving instrument teachers, brothers and sisters of this land and abroad who are the decoration of the Brahmin clan, those who eat and feed others the nourishment of happiness, who are full with all attainments and who especially use the treasures of the confluence age in a worthwhile way, please accept sweet love-filled remembrance.

This time, seeing the lovely, sweet and smiling image of our sweet Baba, the Ocean of Love, the One with an avyakt form, everyone was very pleased. While making a promise to beloved BapDada to always stay happy and to share happiness with everyone, everyone went back fully refreshed. This lovely and unique alokik meeting fills everyone with so much power. Baba made everyone raise both their hands and made them promise and gave special inspirations to stay free from obstacles themselves and to make others free from obstacles. Always stay happy and share happiness with others. Use the invaluable treasures of the confluence age in a worthwhile way. Show the sparkle of all treasures through your face. Such an alokik online meeting also makes everyone full.

Now, along with listening to knowledge and sharing it with others, we also especially have to practise being bodiless and become equal to Father Brahma. In sakar form, before becoming karmateet, Brahma Baba practised being loving and detached. He didn't stop doing service or performing any other actions, but did service while being loving and detached. In the same way, Baba says: Children, no matter how much service expands, do not forget the essence in the expansion. Eat, drink, do service, but do not forget to be detached. This stage will make you karmateet. Now, play your part while being a detached observer and continue to experience the company of the Companion.

Baba says: Children, now, while coming into sound, practise staying in your elevated stage beyond sound, and then you will be able to create a powerful, loving and detached stage beyond all physical attractions. While carrying out your activities, if you become stable in this elevated stage for even one second, you will carry the effect of that on all your actions through the whole day. So, tell me, you are paying such special attention and busy in remembrance and service, are you not?

Now, in Madhuban, there is a beautiful splendour of Baba's children, and very beautiful yoga bhatthi programmes are taking place everywhere. On the one hand it is the season of Baba's meeting, and as well as that, there are tapasya programmes for all Baba's children in all the places. It is as if Baba is preparing His children for the final period. All Baba's children are making their minds powerful, staying beyond this body and the physical world, and while performing the drill of being corporeal, subtle and incorporeal, they are making their own stage powerful – and it is this that will easily make you victorious over all types of adverse situations. So, now practise this collectively. Achcha. I am hoping everyone's health is fine. Lots of love-filled remembrance to all.

In Godly service.

B.K. Ratanmohini

Homework for the month of December 1 - 16 2021

Now, have the one concern to become complete and karmateet.

1. Just as you are bringing the time of the final completion close by doing service with great force, similarly, also make a plan to make yourself complete. Now, have the one concern that no matter what happens, you have to become karmateet. Now fix a date for this.
2. Karmateet does not mean that you go beyond karma. Do not be detached from performing karma, but be detached from being trapped in the bondage of karma. This is being karmateet. The stage of karma yoga enables you to experience the karmateet stage. This karma yogi stage is extremely loving and detached. Through this, no matter how big a task may be or how much effort it may take, it will feel as though you are not doing any work, but that you are just playing a game.

3. Karmateet means to be beyond, that is, to be detached from all types of limited nature and sanskars. The limited is a bondage and the unlimited is being free from bondage. Now, celebrate the avyakt day of being free from the limited consciousness of “mine”, the same as Father Brahma. This is known as the proof of love.
4. In order to attain the karmateet stage, constantly perform actions as a detached observer. I am an alokik soul, who constantly stays in the stage of a detached observer, that is, in the stage of being constantly detached and loving and performs actions. Always have the intoxication: I am a soul who has an alokik experience, an alokik life and an elevated life. While performing actions, continue to increase this practise and you will attain the karmateet stage.
5. In order to become karmateet, increase the practise of being bodiless. The bondage of the body, bondage of people, bondage of material comforts, bondage of nature and sanskars – none of these bondages should attract you towards themselves. It is these bondages that make the soul tight. For this, constantly practise being immune, that is, detached and loving.
6. In order to become karmateet, become free from the accounts of karma. In serving too, do not become a server who is tied in the bondage of service. Serve while being free from bondage, that is, be free from limited royal desires. There are bondages of the body and bondages of relations of the body. Similarly, selfishness in service is also a bondage which creates an obstacle to your becoming karmateet. To be karmateet means to be free from these royal karmic accounts.
7. Remain unshakeable, immovable, free from obstacles, free from bondages, free from sinful thoughts and sinful karma, that is, be incorporeal, viceless and egoless. Stay in these stages and you will be able to become karmateet.
8. In order to experience the karmateet stage, together with listening to knowledge and relating it, now pay special attention to becoming detached and bodiless, the same as Father Brahma. Father Brahma gave the practical experience of the practise of remaining detached and loving in the corporeal life, before becoming karmateet. He did not stop doing service or performing any other actions, but became detached and, till the last day, continued to serve the children. Similarly, follow the Father.
9. No matter how much service expands, while expanding, do not let the practise of the stage of the essence reduce. Do not forget the essence in the expansion. Eat, drink and do service, but do not forget to be detached.
10. To be karmateet means to be detached from and not even be touched by any bondage of karma. Let your experiences increase in this way. Let no action touch you. Do not let yourself be touched even by the result of any task you have performed. Continue to experience complete detachment. It is as though someone else inspired you and you just did it. Experience being detached even when you are an instrument. Whatever happened, put a full stop and be detached.
11. While performing actions, let there be lightness in the body and lightness in the state of your mind. Let your mind not be pulled by the result of action. However much the tasks increase, accordingly let lightness also increase. Do not let the action pull you towards itself, but be a master, knowing that the one who is inspiring is making it happen and the one who is carrying out the action is doing that as an instrument. Increase this practise and you will easily become complete and karmateet.
12. In order to be karmateet, check to what extent you have become detached from the bondage of karma. To what extent have you become free from selfish motives in terms of the lokik and alokik and in terms of actions and relationships?
13. When you become free from the influence of karmic accounts and any wasteful nature or sanskars, you will be able to attain the karmateet stage. Let no type of service, gathering or adverse situation make you fluctuate from your original stage or your elevated stage. To be free from even this bondage is to be close to the karmateet stage. Am I free from even this bondage?

14. In the old world and in the old, final body, let no type of illness bring your elevated stage into upheaval. Let there only be the original thoughts of the self, churning of knowledge, and thoughts of being one who has pure and positive thoughts for others, and this will be said to be the karmateet stage.
15. Karmateet means not to be influenced by karma, but, as a master, to be an authority and come into relationship with the physical senses. Be detached from limited desires and enable actions to be performed with the physical senses. Do not let actions make the soul, the master, dependent, but let the soul be the one with all rights and enable actions to be performed. To be the one who inspires and to inspire actions to be performed is known as coming into the relationship of karma. A karmateet soul comes into relationship, not into bondage.
16. As a result of the karmic account of past actions, there can be illness of the body, or the conflict of sanskars with the sanskars of your mind. Be karmateet and do not be influenced by the suffering of karma, but settle your accounts as a master. To settle the suffering of karma by being a karma yogi is a sign of being karmateet.

Homework for the month of December 17 - 31 2021

Together with being a karma yogi, experience the karmateet stage.

17. Let no type of bondage of the body, relations or material comforts attract you towards itself. Become free to this extent – this is known as the karmateet stage, equal to the father. Practise being a karma yogi one moment and being in the karmateet stage the next.
18. Your creation, the tortoise, is able to merge (pack up) all its organs in one second. Even the creation has the power to pack up. On the basis of the power to pack up, you master creators can merge all thoughts in one second and become stable in one thought in one second. When you stabilize yourself in the soul-conscious form, beyond the awareness of the actions of all your physical organs, you will then experience the karmateet stage.
19. Just as it has become easy to perform the particular actions of seeing, listening and speaking, similarly, experience the stage of becoming karmateet, that is, with the power to pack up, become one who is beyond the effect of action. One is the stage of being dependent on action and the other is the karmateet stage, that is, the stage of having authority over actions. So, check that the activities of you, the self-sovereign soul, the conqueror of the physical senses, are being carried out under your orders.
20. Every Brahmin has to become a living image, the same as Father Brahma. Become a showpiece of a light-and-might house. Prepare a lecture on thought power and silence, and play the part of being an image that grants blessings on the karmateet stage and you will come close to perfection. Then, in less than a second, you will be able to give directions through the wireless wherever you have to carry out a task. On the basis of the karmateet stage, you have the thought and in one second, it will reach wherever you want it to.
21. The effort of maharathis is especially on this practise: be a karma yogi one moment and then be in the karmateet stage the next. While standing in one place, be co-operative in service everywhere with the success of your thoughts.
22. Just as it has become easy practise to come into the corporeal form, in the same way, let the soul have the practise of being in the karmateet stage. One moment be a karma yogi and come into action and, as soon as you finish the action, be in the karmateet stage. Let this experience continue to become easy. Always have the aim to be in the karmateet stage. Become a karma yogi as an instrument to perform action and then become karmateet.
23. Just as it has become natural to come into action, similarly, let it become natural to be karmateet. Perform actions and also stay in remembrance. Those who are constantly in the karma yogi stage can easily become karmateet. Come into action when you want and then become detached when you want.

24. You saw in the sakar form that the part of the last karmateet stage was of just giving blessings. It was the speciality of keeping balance and the wonder of giving blessings. Similarly, follow the father. This is easy and powerful service. Now, the part of special souls is to give blessings, whether you give them through the eyes or the jewel on the forehead.
25. Just as there was just the one sound, "My Baba", emerging from everyone's lips for the Father, similarly, let there be this bhavna and realization for each of you elevated souls. From each one, let there be the feeling of belonging. Let each one consider you to be one who has pure and positive thoughts for them and a co-operative companion. This is known as being equal to the father, and being seated on the heart-throne of the karmateet stage.
26. Now, do not come into the bondage of actions for service. "My place, my service, my students, my co-operative souls" – these too are karmic bondages of service. Be karmateet even in terms of this karmic bondage. This is becoming karmateet, and make others realise "this is the same One, this One is everything" and bring them close to their destination.
27. Signal the power of each of your physical organs and you will be able to make them move as you want with those signals. Become a conqueror of actions in this way and you will then be able to be a conqueror of matter, be seated on the stage of the karmateet stage and so be a ruler of the kingdom of the world. Let each of the physical organs continue to function saying, "Yes my lord" (Ji Hazoor), "Present, my lord" (hajir Hazoor). When the physical organs constantly welcome you royal rulers, that is, when they continue to salute you, you will be able to become karmateet.
28. When you come close to the karmateet stage, then no subservience of the intellect towards any soul will create a bondage of karma. There will not be any account of give and take with souls either. Such souls will even renounce the bondage of karma.
29. The vehicle of the inner stage, the stage that is free from the bondage of karma, and the karmateet stage, that is, the final stage – you will be able to fly with this stage in a second. For this, be victorious jewels who are beyond all limitations, stable in the unlimited form, on unlimited service, beyond all limits, and only then will you be the embodiment of the experience of the karmateet form.
30. Become stable beyond sound, in your elevated stage, and you will create a stage that is beyond all gross attractions, a powerful, loving and detached stage. If you remain stable in this elevated stage for even one second, the effect of it will be that while performing actions throughout the day you will experience the power of silence in yourself in particular. This stage is known as the karmateet stage, the stage of perfection, being the same as the father.
31. In order to attain the karmateet stage it is essential to especially imbibe within the self the power to pack up and the power to accommodate. A soul who is in the bondage of karma will only be able to perform actions where he is, whereas a karmateet soul is able to play his part everywhere, while being in one place, because he is karmateet. The speed of such a soul is very fast and can reach wherever he wants in one second. So, increase this experience.

***** OM SHANTI *****