

Sudesh Didi – 14th November 2021 Sunday Morning Class - GCH, London

Ek bal ek bharosa

Om shanti. Om shanti. Good morning.

Sunday morning is a special morning. Every day is special. So why Sunday is special? Every day, Baba is reminding us to become part of the Sun Dynasty. In order to be worthy to go Sun Dynasty, what do we have to keep in mind? Sun Dynasty continues for eight generations. Krishna Janmashtami means Shri Krishna, or Narayan, and his kingdom, or his clan, continues for eight generations, which is called Lakshmi Narayan Kingdom or the Sun Dynasty. Ram Navami, nav means nine, Brahma's nine generations or Narayan's nine generations. It is not Narayan, but Ram, and that is called Moon dynasty. So, though our aim and objectives are to become deities and to be in Narayan's nine generations, it is not Narayan but Ram, and that is called Moon dynasty. So, though our aim and objectives are to become deities, and Rama and Sita are also called deities. The power in the sun, the moon receives the power from the sun. In order to be in the Sun Dynasty, do we have to become the child of Narayan? Whose children do we have to become? Of the Supreme Father. So, we are to become Sun Dynasty, only at this time when we receive the inheritance from Baba because the Kingdom, or the inheritance of the Golden Age, or the Harmony Kingdom, is established at this time by the Sun of Knowledge. So, to become the child of the Sun of Knowledge, to become the child in the Sun Dynasty, we have to become an heir child, a worthy child.

We are all children of Baba, we all become divine beings, all Brahmins become deities. But what makes it numberwise? All are receiving the same inheritance at the same time. The Fortune-Maker Baba is the Bestower. Today, Baba reminds us that He is praised as *Daata*, the Bestower. What He gives, everyone receives. But there is a difference in number, in following the second step. That is *Vidhata*. *Daata* means giver. And *Vidhata* means He gives the method of how to receive it. The method we need to practise and that method creates our fortune. *Bhagya Vidhata*. *Bhagya* means fortune. So, we create our fortune for the future, or to reclaim our fortune by tuning in with our faith and intoxication that I was the one who was from the Sun Dynasty clan. It means to invoke that energy, that faith in this.

In the Sun Dynasty, in the kingdom of the Golden Age, each family only has one son and one daughter. Later on, the number increases to two sons and two daughters or two sons and one daughter. It changes. But Narayan is the only son, that is, Krishna does not have any brothers. Why did he become the only son, why not the others? The secret is that the one follows only One. God is One. The One makes only one number one. God is One, the One is making everyone number one, for number one in number one *bal* (strength), number one kingdom, number one dynasty. Otherwise, Baba says that everyone is number one. This is why this mantra of 'Remember Me and Me alone'. *Mera to ek Baba doosra na koi* (I have One Baba and none other).

Although God has created a rosary, *maala piroe* (threaded in the rosary), it is a nice song. But in that rosary, who became the bead number one, who followed number One, remembered only number One. Baba says by remembering only One, you win the heart of Baba, because your concentration, your faith, is focused on One. Today, Baba reminds us to just remember this word 'one'. In this number, one, there are many aspects.

When Baba gives blessings, He also gives us titles. One of them is *ek bal ek bharosa* in Hindi but in English, it is always translated generally as 'One strength, One support'. In fact, *ek bal*, means One strength One power. And *bharosa* means faith, not support. It also means that God, Thy will be done, *Inshaa Allah* (Arabic: It is according to God's will) . In Christianity, it says 'Thy will be done'. In Islam religion '*Insha Allah*', God's desire, if it is God wish I do. In Hindi, they say *Prabhu Icha*, God's wish.

Baba does not have desires, but He has wishes for you. Baba does not just wish you, He wills you, because He gives you willpower. What He desires is what you desire, what you want: "I want you to be divine beings. I want you to be elevated. I want you to be double-crowned kings." You also want this, except we need to have willpower. And willpower will come not only just with determination, but with faith; faith in your own self, and faith in Baba. Baba wills you all His property. But how much willpower I have in order to claim that depends on one condition: by forming a relationship with only One. You will receive this kingdom by having faith in only One.

When there is faith, the intellect is focused. *Nishchay bhuddhi vijayanti*, faith in intellect become victorious. It is not only just desire and you want or just an aim, but it is with faith. And not only faith, faith-full. So *ek bal ek bharosa*. We need to have faith in Baba and also be loyal. Faith and loyalty, both are important. It is because it is connected with intellect. Thoughts, good wishes, pure feeling, positive thinking, and elevated thinking are connected with the mind. But decisions and your wishes are connected with the intellect. The function of the intellect is to discriminate between right and wrong or to decide what your aim is and what you want to achieve.

If the intellect is not loyal, it wanders here and there. A fluctuating intellect, a wandering intellect cannot focus on the aim properly. When you are fluctuating, you cannot make an accurate decision, either. So, even though your desire is to become virtuous, you want to become victorious; you want to become benevolent, but your focus becomes the basis of the power of decision. It is just like on a balance scale, when the needle is moving, you cannot say it is balanced. When the wandering intellect stops and stays focused, then your decision is clear.

Faith and loyalty automatically bring concentration and dedication. And you have concentration and dedication, automatically, you become free. God also has faith in you. Just as love begets love, faith also begets faith. Trust makes you trustworthy. Baba begins to see that you are making yourself worthy. You receive His blessings because you are obedient; you are following the dictates of only One.

Faith in knowledge, faith in drama, faith in time, faith in the Brahmin family, faith in the self, are actually the aspects of faith in One alone. When I have faith in Baba, I will have faith in knowledge. When I have faith in knowledge, I will have faith in drama. When I have faith in drama, whatever is happening, I do not have doubt, and my Intellect is not wandering. This is called *bharosa*. It means you have 100 percent faith that nothing will go wrong because the drama is accurate. But first, you have faith in the Ocean of Knowledge. Who is giving knowledge? God's knowledge is truth. Therefore, I would listen to the opinion of others. I would respect others' advice. But as my connection is with Baba, I know what is right, what it is that I have to do.

Another aspect is that the soul is free, free from the fear that I might do wrong, free from tension. When the mind is totally free from worry, there will be catching power. As there is no fear and no tension, the intellect is plain and pure, and is able to catch when Baba touches the soul. You catch what is there. And you become what Baba says *befikra baadshaah*, not just a carefree king, but you are free because Baba is taking care of you. It is not that you are careless. You are careful because there is so much faith, *bharosa*, there that God is taking care of you.

Then you follow *ekmat*, *Shrimat*. You believe, and the intellect begins to understand that *Shrimat* comes from only One elevated Father. There can be many ideas and advice now, but think, why do we not need an advisor in the Golden Age? Baba says in the Golden Age, no advisor is needed. Because your intellect has received advice of only One and with this automatically, your intellect becomes connected with Baba. There is unity, union, connected focused on Babas. *Manmanabhav* becomes a natural mantra, and *Madhyajibhav* because you are king already, you are not worrying. You are free from worry. And this *sanskar* of royalty automatically makes you powerful, the natural authority of whatever you are doing, your actions are righteous. And the righteous kingdom *sat* that makes you *sat*. Truth makes you truth. The power of truth is an unshakable power. With One opinion, your intellect is not mixing the opinion of human beings. It is absent of the directions of human beings. You listen to directions and you respect them. But when making decisions, you are not impressed and influenced. Most of the time when we hear different opinions, our intellect also begins to go, "This is right; that is right." You then fluctuate, and doubt comes in. If you have your own opinion, your own mixture of *manmat* (directions of one's own

mind), then you cannot have harmony, *ekmat*. *Ek* means following the direction of one. *Mat* is opinion; *mat* is direction; *mat* is wisdom. Baba says, when you follow the direction of *Ek*, means *Ekmat*, then all of you are actually with one opinion. Follow One and everyone's opinion will be one. They may be expressed in different ways, but their opinion is one. Then you are able to create one world one kingdom. In this way, the intellect becomes divine.

The most important aspect of one is that in order to bring oneness to each other, first make sure that I have harmony within my own self. My mind, my intellect, and my personality are one. Thought, understanding, and action are one. Then we are able to become one world in the New World and get number one. In the rosary, we become one. Om shanti.