

Om Shanti!

We have started this journey to become satopradhan, of course Baba says that it is through My remembrance that you become satopradhan from tamopradhan. We have to make efforts for remembrance to stay in our mind and intellect all the time. A sato mind feels like the inner space is so unlimited, it feels very light, very pleasant, full of happiness, joy and contentment. Today, I had a beautiful experience about how in various situations the sato mind always thinks positive and auspicious. Internally, you start feeling these divine virtues emerging, then we do actions based on those virtues. The way we speak and interact, our actions are based on these divine virtues, and they become our sanskars. Every day we are creating divine sanskars, but we are using the word sato because when we think of the Silver Age, we say satogun. When we say satopradhan it is the Golden age, so at least we have reached the Silver Age. In a way, it is becoming like Swadarshanchakra. We are taking ourselves into not only that stage but also in that age, where we have to play our part.

There is quietness, stillness and a natural restfulness of mind in a sato stage. The sato mind does not have to think too much. A sato mind doesn't have uncertainty or doubts, so you are very stable inside. It is only when fluctuations happen, that there is the feeling of effort, or conflict inside. With a deep appreciation of Drama, the soul feels very close to Baba also. Sato power, sometimes I use the word energy, is kind of light and might of the sato quality. With the rajo quality you will have a different experience. Sakar Murli mentions the word sato a lot, also in the Gita, but in Avyakt Murli, Baba uses the word "more divine". The sato mind is a peaceful mind. We have an aim to practice our original eternal self. The mind has a lot of bondage of sanskars, and also bondage of organs of the body, what you hear and see during the day. However, if I am a detached observer, I don't necessarily have to listen to everything. If it is necessary, yes, but if it is not, I am not really listening. Was your day different from other days, let me see hands? Because when the mind is different, every day is different, your inner feelings, and attainment on this spiritual journey is really different. In History Hall during Murli, I would sit in the second row on the corner on the left side, not all the way but on the corner. Baba signaled me with his fingers to sit in the front. I would look at Shiv Baba speaking, and every word gave such understanding and created a deeper spiritual sense. You recognize eternal truth and it changes your power to discern. Baba's Shrimat helps us to experience how He is my Father, my Teacher and Satguru.

I don't go by which teacher is good, and of course there are some who have more clarity and depth, because they have been in gyan for many years. When they say anything, it has a deeper meaning. The intellect is absorbing Murli, because I have to know what the Father is really trying to tell me, what the Teacher is trying to teach me, and what directions the Satguru is giving. Everything is in Murli, don't allow your karmic accounts to change the interpretation of Murli. Let's say for some reason there is a lack of contentment of Brahmin life and we start saying things about Murli, about knowledge.

Maybe for explaining we can change words, but we cannot change Murli words. For sato intellect, it's very important to listen to the original versions of Baba. The intellect has to discern every moment, we are on a journey, right? We are ascending, even if we miss one step, we feel it, we want to go together with Baba. He is explaining to us, so you feel that good connection with Baba. Sato intellect means an intellect that can use power to discern based on Truth, based on Shrimat. Yes, you can listen to others if you want, listen to different interpretations and experiences. That's alright if you have interest, but you have to be sure that you are connected with Shiv Baba.

Anyone who is reading Murli who does not connect with Shiv Baba, you may get connected with that human being and then start taking directions based on the interpretation of that soul. This is happening a lot now. For me, I always have stayed on, I have to follow Baba. Baba gave me the aim, Baba will give me power. The most important thing is that the soul can give you explanations, but cannot give you power. Maybe you enjoy interpretation, you could relate because it is a different style which anyone can adopt. I don't want to change style, I want to keep it the way it is, original knowledge, original style. Baba said today, you may have a very good brain, you could have different kinds of interpretations, explanations but what we want is depth of Murli, understanding Truth from Murli, understanding the instructions and directions from Murli. My discernment is not based on others' opinions. I cannot change the explanation of Murli based on my experiences. We all go through different things, but my guidance, my power, my light has to come from Baba's original eternal Truth. While listening to Murli, if I do not feel that Baba is speaking, but that the soul is trying to teach me, you will not get powers, your yoga of the intellect which makes the intellect very clear, will not be there.

Baba is the one who is the Ocean of Love and Baba's knowledge and love is most important for my spiritual journey. A sato intellect understands knowledge as it is. Go deeper into the subtle aspects of that, because Baba says it's like a treasure house. Everyday, each point of Murli has so much treasure. We know social issues, a lot of other things, but our intellect has to focus on Murli. I am very careful, especially when I have to get signals from Baba, messages from Baba, so I can't allow anything worldly to become part of my intellect. Tomorrow, when you read Murli, the whole day you look and see how you understand about sato intellect, nothing rajo in it. Of course, nobody reads something which is tamo, but rajo, yes. So, sato is originally what Baba says, it is not a repetition every day, when you start reading it is a different feeling, different understanding. You say, "Oh, this is the point I need to really go into depth, even after listening every day, because it is the Truth." You discover, "Oh, this is what Baba says, this is really true." Okay, so we will do that tomorrow for sato intellect. So, in the past we have been doing homework, churning, and reflecting. Here also, you can write whatever you found, different types of influences are there, how you immediately took it and changed it to sato using knowledge. Yes, you can write as you want to so that by night time you are very clear about your efforts during the day.

Om Shanti