

Om Shanti Everyone!

I'm sure you all had a good day, because Murli was so powerful this morning. Baba is taking care of us properly, guiding us at every step, and whatever is the need at this time, He is giving directions for our practice. In the last murli, Baba said that He loves the word 'One'. We have been working on the practice of being 'ekant'. Now Baba mentions the word 'ekagrata', which is concentration in Hindi. It has a little different meaning but the best translation could be 'concentration'.

Baba wants us to have auspicious feelings and auspicious wishes for everyone, 'shubh bhavna - shubh kamna', shubh means auspicious. Any task that we start, we want to create auspicious omens, so that there are no obstacles. It is the same on this spiritual journey. Baba has given us the aim of world transformation, that is why we have this theme of emerging divine sanskars. Everyone should ask themselves, if we were asked to go to the Golden Age today, would we fit in there? Do we have ordinary sanskars, lokik sanskars, or divine sanskars? If you are not ready, then how will we go to that world? I always think Baba says that we have to be ready to go home, so what is home? Liberation, silence, that quality of purity! So, am I ready to go home? Am I ready to go to the divine world, the Golden Aged world? We give the aim to everyone to go to 'liberation' and 'liberation in life', 'mukti and jeevan mukti'. This is what Baba has asked us to claim as our inheritance.

Baba said to never think or use words that are not auspicious. Everything we think and say to each other should be auspicious, because Baba said that our thinking and our words both have power. If you have auspicious feelings, Baba said that it is not only your feelings, thoughts, and wishes for others, but also the two powers of peace and silence.' Baba then said that there has to be 'solitude' and 'ekagrata-concentration'. All of this is connected. I have to go into my own self where I can see the truth and transparency completely. So, it's very interesting that when we practice and we have experience, then there is a pull to do that very often during the day. No one can say, "Oh, I didn't get time, I was so busy." When you are busy, then your intellect is in so many things. So, those who are busy, they really need to do this more often, but as I said there needs to be a deep pull, then you can do it and practice well. We have to find time, it seems like nobody has time these days. Everyone has something to do, the intellect is always into something to do, planning, and coming up with ideas. When the intellect is not so busy, then it can go into the depth, then the powers emerge. If I dive deeply, there I can see myself, and also I can feel Baba's depth, not only do I feel it, but then I become it also.

Today, Baba said "I am the World Benefactor", and He also said we are His 'companions'. So, companions have to be like Baba. There shouldn't be much difference. My Baba is the Ocean, I am the master ocean, which means I am also

very deep. There should be a natural pull to solitude. Whether it is a service opportunity or different situations, we are so busy these days, we get so many phone calls, people asking to give sakash or good wishes to someone. So, we have to be qualified, have that power, and be ever ready in every situation without going into how, what, when, and why. The experience of deep solitude is called 'ekagrata'. It's the example of Arjuna, he was supposed to shoot the arrow not into the eye of the bird, but into the pupil of the eye. The same applies to thinking and speaking, stick to the point or essence. Sometimes we expand outside of the point. What is needed is clarity, right solutions, right answers, and as I said, getting "to the point". In conversation, you keep going on, that creates difficulties, for the self and others, because what you're saying is not necessary. If I say what is necessary, my self-respect remains, and others also respect me, because they know that I am not going to say things with emotions and feelings.

Brahma Baba stresses the importance of concentration while listening to Murli. We sit in front, looking at Baba, Shiv Baba in the center of the forehead of Brahma Baba, talking to us. It's not only listening to Murli, but we want to feel God, we want to feel Him as Father while listening. Baba says that knowledge is like nectar, knowledge is like wisdom. So, we are changing knowledge into light, into power, and into treasures. All of that comes from concentration-ekagrata, because that automatically leads to deep churning, it opens the intellect, so that every drop of knowledge can change into pearls. Then when anyone has sanskars, any bondage or anything, we are able to give a powerful point, there has to be that power. You are giving power instead of just the points of knowledge. When there is 'ekagrata' with 'ekantpriya' that means you have love for solitude. You are churning deeply then everything becomes valuable and accurate. So, pay attention to amritvela, listening to Murli, studying Murli, use full concentration, it will definitely help with your remembrance of Baba and connection with Baba.

We are companions of the World Benefactor, Baba said you all have to be master world benefactors. What will help the world? Ekagrata really has a deep meaning and requires good practice, and it's time to do it, if you find you have maybe 30 percent or 80 percent, you still have to make it another 20. As our intellect becomes more powerful, look out for the subtle ego of intellect, overconfidence about everything. Overconfidence leads to a lot of mistakes. It's not a question of intellectual concentration, but more about how I connect with Baba. How do I receive with Baba? How do I share with others? Think about ekagrata, look at it, practice tomorrow and then see what your experiences are. Do this as often as you can during the day, it doesn't matter if you are busy, in between tasks, whenever you have time, amritvela, traffic control, these are good timings, okay!

Om Shanti