Om Shanti Everyone!

After we listen to Baba, we look at our own personal life and reflect on what has been my experience, and how much I have been able to apply in my life. I have been with Baba for 60 years, almost my whole life! I was a teenager when I came to Baba, and since childhood, I had a lot of love for God. I believed that there is a divine power and also divinity within my own self. I thought that maybe this inner divinity is connected with the one who is Supreme, who is ever Divine. This inner connection with God was always there. We sang the prayer, 'thou are my Mother and Father' every night, but we didn't know about the soul. I had a very deep feeling that my eternal relationship, my roots are in God and when I heard knowledge, Baba said that you were deities. I used to worship a lot of deities. We had a big temple with big, small, and medium sized idols. My whole family and I used to worship. There was love and inner faith in God, but there was no power. Once or twice there was a situation of war in India. In war, you are supposed to go in trenches, but not every home has trenches. People were very scared. As soon as they hear anything, fighter jets above, they would be very scared. I still remember that time. Now, I am realizing that strength and fearlessness was coming from One, faith in God. You can't see God's help. In my life, I always felt the presence of God, and deeply within, I always wanted to help, to serve and volunteer myself for everything.

Today, I was thinking that this relationship with God was always there. When I came to Baba, recognition of Baba was as the One who is Father, Teacher, Satguru, Friend, Guide and One, who can give the third eye of knowledge. The way Baba explains liberation as our Home, liberation in life, that's our journey with jeevan mukti. A lot of people ask, "In the Golden Age, if there isn't sorrow, and there is no contrast of happiness and sorrow, how will you enjoy happiness?" We believe that sorrow should be there. When I heard that we will be happy in the Golden Age and there won't be any sorrow or worries, I was very convinced and said, "That's how it should be." We are children of God, and this is God's creation, so how can there be sorrow in God's creation? It is only later on, when body consciousness, vices, sinful actions are performed that sorrow and worry begins. In the Golden Aged divine world, we all have divine virtues and divine sanskars. I think most of you must be touched by, "What I was and what I had to become." We lost our divinity, and now we have to claim it again. I always believed that you create fortune through your elevated actions. But there must be God's blessing that you become very fortunate for everything, whether it is accomplishment in personal life, or just to be sensible enough to take care of one's own life. In today's world, not getting caught up into any kind of trap, whether greed, attachment or arrogance, but remaining constantly liberated from that, is what Baba gives knowledge for. When Baba says that 'Lord is pleased', when our loyalty, faith, obedience and service, the yoga of intellect is just with One. I always believe whenever one feels any kind of burden, just become soul conscious and remember Baba.

Today, I was practicing, 'I am a point of light'. One can be detached from the body and then the second point is Baba and third is drama-three tilak. There is faith, but there is not enough power because of weakness, we were not that obedient. Baba never noticed, because Baba knew what the soul would do. It is true, because as one has more understanding, gets more power, clarity becomes stronger with the faith, then one is able to do what Baba wants. We know Karankaravanhar is Baba, I am just the instrument, Baba has to make it happen. Baba cannot make it happen if I am not ready. If internally I am just thinking, 'I don't think I can do it', 'I don't know if I can make it', if there is a doubtful intellect, Baba cannot really use you. As we become more stable, consistent and strong, then whatever Baba wants from us, we are able to do. Baba is able to make it happen through us. I have to be ready, not just say, "Baba, ok, I am ready," but if there is a situation or a lot of conflict, I have to be very peaceful. Then Baba can make me an instrument. If I am disturbed or unhappy, then Baba cannot use me. It's like the instrument is broken, then you can't play it. Even if I am an instrument, I have to remember, inner harmony, solitude, one faith, be consistent in my stage and then Baba can use me. I noticed throughout the day that Baba is not visible, but the way things get done is very subtle, we feel the presence of Baba!

Without Baba's company, Baba's hand, I don't think we can manage, especially, when we have to do service. We think it's easy, we give messages and knowledge, but to truly serve someone, you have to remember Baba. You have to bring Baba here, create a presence for the soul. I find that ekvrata is within me, within us. Deeply we believe that there is only One but how consistent is that? Even when you are in a challenging situation, you know that Baba is there. When it comes to any type of cooperation, the right person will come in front of you. Even nature will start cooperating. Sometimes there are challenging situations, they are also important, so that our strength emerges at that time. How do I take power from Baba, how Baba makes everything happen? Just to look at our state of mind, Baba says, "You have to be carefree. I take your responsibility." I think all of us have many experiences in life, where we felt that it was Baba. The strength, support, and cooperation is from Baba. Baba says that we should have love for everyone, but do not depend on anyone, just one Baba! There will be a lot of help in different ways, different places at the right time. We know internally, that my connection and yoga of the intellect is with One Baba. That's what I could share about ekvrata from my heart, looking at my whole spiritual life. Remember this word 'ekvrata', reflect on that more. And I am sure, you will think of many beautiful experiences you had in life.

Om Shanti