

Om Shanti Everyone!

It's very important before I go into the topic, to say that each one of you has to keep your body well, no tension, no stress. When you need rest, take proper rest and a proper diet, because the body at confluence age is very valuable. You have to serve through this body. If medical assistance is required, listen to that especially these days there are so many different kinds of infections. That's what I want to suggest to everyone. That's why I always ask, are you all well? Of course spiritually, but also physically is important. When the body is well, then your mind is able to concentrate, receive and be more creative. Don't neglect your body.

Our customs depend on the spiritual principle that whatever we are sharing with each other is with spiritual love, but it shouldn't create any karmic accounts. Someone was asking Dadi Janki about the transaction of money, of giving and sharing of gifts. Dadi said to be careful that you're not doing out of attachment or taking because of greed, or asking for more. Any transaction that increases bondage or the vices, creates karmic accounts. Even when we give to Baba, we don't give it with any conditions. We give with love. We give so that service can happen and we keep it very spiritual. I remember when I came into knowledge, the understanding of soul immediately changed my drishti, my attitude, and my speaking with the whole lokik family. There was a lot of love and respect, but not dependency. If we start depending on someone or something, it causes a lot of sorrow. Sorrow always comes with attachment. It's a package, on one side you can feel very good but there is also always sorrow. You have to be loving, but you also have to be very spiritual. Spiritual relationships are okay, you change lokik into alokik. In the same way, what I said about money, the same could be said for time.

We should not be subservient to anything or anyone. Whatever we do for each other is with love and a lot of bhavna. Here we have spiritual love, and in the Golden Age we will have divine love. Love will always be there, there is love in the Copper Age, but there is body consciousness, which increases sins. One of our principles is also truth. We live by truth, and speak truth. Baba has taught us how to be honest and truthful. There are many who question being honest in this world. I have lived in this country for over 40 years and am very careful because when there is honesty one is carefree. Internally you feel very free because you don't have any kind of fears. So, truth is one of our principles. Sometimes out of fear or greed, if you get something out of greed, internally, you won't be happy with that. Maybe temporarily when you get it, but afterwards you will always feel that it was not right. Our custom, system, in the sense of giving and taking, whatever we do there's spiritual love, purity, and truth.

Many souls ask, "What do you need?" How can Baba have any need? Baba is the One who fulfills our needs. Yes, the need is for service, not for the self. Baba always says that whatever you give, I multiply it and give it back to you. Actually, we are taking. Baba helps us to sow the seed, so that we can receive. Since we have understood karmic philosophy, we are very careful using whatever we have, and not to waste anything. Baba says you don't have to live like beggars, but you also don't have to live like a prince because when there are a lot of expensive things and your intellect is there. Baba used to say to have good quality, it's not it should be cheap because if

something is cheap you have to keep buying it again, so you need to buy proper but not very expensive. When Om Shanti Bhavan was being built, Dadi Prakashmani had to make a choice of what kind of marble and stone. She was very much aware that everyone was donating to Baba and making a lot of effort. When you belong to Baba, you don't waste money. You make nice Brahma bhojan, sit together and eat, but if you go to a hotel to eat, how much money will you spend? One person was a lawyer and he came and he said, "Dadi I want to open a big center." Dadi asked why. He said, "I have saved so much money because I don't drink, now I don't smoke, my food is very simple, so all that expense is being saved. I want to use it for Baba's seva." I think all of us don't just run around to buy clothing or gifts. You always feel that you have whatever is needed. Some find that when they belong to Baba, they keep getting promotions or business is very good. Baba is giving more so that we can serve more.

Traditionally, we have so many customs in society. If one festival comes then everyone gets so much. Then we came in gyan, we said whatever our love and our bhavna will say, that much we will do. Yes, when we come to Baba and the Brahmin family, everyone gets toli, because that is Baba's love. From the very beginning, Baba said, "I love My children, and when children come home, they must get something." We know that we have never returned from Madhuban without taking a gift. I find that whenever we go to Madhuban, the hospitality is there. There is a very good timetable whether it is for early morning tea or afternoon tea there is a time for everything. It never happens that you go before amritvela in the dining area and there is no tea. This whole energy that governs and is operational, makes everything move is not only Baba's, but also Dadi Prakashmani, because of pure love. The energy of taking care of children and taking care of guests flows, and makes everything very punctual and consistent. In the beginning, I used to wonder how that could be possible, bhog is offered at an exact time every day. All that is the energy of pure love.

Baba talks of karma bhog. Karma bhog is like settling karmic accounts. Bhog is something your body is going through sometimes or there are wealth problems and then we offer bhog. Sometimes people get confused about this. Offering bhog is whatever you cook, you offer to Baba every day, and on Thursdays we especially offer bhog. Karma bhog is settling karmic accounts, like going through something. The spelling of both words is the same, and it sounds the same but they are two completely different words. We say karma yoga, this means while doing actions, have connection with One. Even if the body is going through something, you still do karma yoga and you will feel much better and create a good account. Everyone wants to create their fortune. I have experienced that if we have a generous and charitable heart, there is always abundance. It's only when we come to Baba, giving is not losing. Baba says that it doesn't reduce your treasures, but it increases them. All these understandings create in our lives the custom systems within this spiritual family.

Om Shanti