

Om Shanti everyone!

We are starting something new and different from Baba's Murli. We got this inspiration to take on the connection of 'Sanskar and the Sansar', that is 'world'. Within the soul there is the mind, intellect, and sanskars. When the soul is in the body, the sanskars are active and the thoughts emerge from sanskars. The intellect works based on sanskars, and it's the sanskars that are governing the whole life. Thought comes, intellect has to discern, and whatever it decides, we do. Actions then leave an impression within the soul, and that's a sanskar. Your personality is what your sanskars are. I always call it a storage, as Baba said that everything we do becomes a sanskar, that is why we have to be very careful. What sanskars am I creating? There is a very common saying in India that all children come with sanskars. If parents are royal, they don't fight and have a lot of love, the children start adopting that, which then becomes their sanskars. Some sanskars are given to us, and some we bring. You must have seen with children that whatever little they get, they are happy. Then there are some where you give them a lot, and they are never happy. A lot of things from our grandparents and parents were given to us. I think we also adopt those sanskars. Whatever action one does has left an imprint and that will emerge, which could be your habit, how you think or talk. Everything is emerging from sanskars.

Divine sanskars come from purity, because in the Golden Age they show two crowns, 'Holiness and Highness', 'crown of light' and 'crown of jewels'. Holiness, the purity is a governing energy to create a divine world, but then also you saw this word satopradhan. Pradhan means climax, and there are three gunas, sato, rajo and tamo. Those refer to the quality, not the virtue. Virtues are different from qualities. Let's say we have 100% pure milk, good quality, and then whatever we mix into it, adulteration comes. Baba says a lot in the Murli, "Children, you have to become satopradhan", because from satopradhan, everything that emerges from you is based on truth and purity, so it has its own power. Then you will find everything works in a very beautiful and easy way. I call it the energy of Sato. Some of us are naturally gentle and respectful but there are some who are rebellious, create conflict, get upset very quickly. That's a lot of Rajo. We have to remove this. The four ages are called Golden, Silver, Copper, and Iron. Golden means there is no alloy, and each birth one takes is like making an ornament. When you make ornaments then you have to put in some alloy and then gradually from 22 carat minimum, you can make nine carat ornaments by mixing in alloy. The soul is sato in the beginning, then becomes rajo. Rajo food is stale food and food that is very spicy hot. We know non-veg and all of that is tamo. Onion and garlic could be Rajo.

Today, I wanted my intellect to just be in silence because I realized that this is the best way to go in the subtle aspects of the knowledge, then try to absorb. Then ask myself, "Am I listening just to understand or do I have to do it?" If I have to do it, then my

understanding will be deeper, otherwise it's just information. If I have to do it, then I need a subtle intellect and it is also a good time to create total silence of the intellect because there is churning, reflection, and contemplation. If I make my intellect very silent then it increases the capacity to understand. It is important in any subject to understand, go in deep silence of intellect and if intellect is silent, the mind will be silent. That helps you to do what has to be done. My journey will be okay through remembrance of Baba, through knowledge. I have been able to remove all the darkness of ignorance, anything which is negative. Tamo actually means dark, everything is negative. Whatever is in the soul, because of impurity, has to be removed. Sit with Baba, the Purifier, and you will find that your thoughts are changing, no thoughts of doubt or negative traits remain. Then sometimes, that is removed and a time comes when you consistently have a very elevated, pure attitude in your thinking. That means that rajo has been removed, and you've reached Sato. Sato is the beginning of the Golden Age, and then satopradhan.

I think that we will take this journey for a week, and see what we experience through our thoughts, intellect, and sanskars. We will see how from that Sato stage, whatever virtues you inculcated, the impact of that virtue will be different. From Godly virtue - deity virtue, it's different at the Confluence Age. Sato comes more as righteousness. Righteousness could be just one quality of sato, but there is also truth. It's completely pure. Baba gives an example of 16 degrees is satopradhan, and gradually the degrees reduce. Purity and truth are the energy of Sato. If you are Sato, you create an energy of calmness and happiness. Wherever you are, there is always success, that's satogun. All of you must be experiencing becoming sato, right? You will find a deep change in your nature. There is so much contentment, you're very pleasant, very sweet and loving. Today, in Murli, Baba said that you have to practice being detached, not lovely. If you are detached, you will be lovely because attachment and expectations don't allow us to be lovely. As you become Sato and satopradhan, you will naturally be very detached, in an elevated awareness, with love for the truth. You will always be honest and have satopradhan energy. Contemplate on that and I'm sure you will understand more and more.

We will take this for a few days and from sato, the divinity emerges, you become divine. In the Golden age, in this divine world, everyone is satopradhan. The inculcation of divine virtues is one thing, but if I become sato and then inculcate divine virtues, there will be different qualities, and all the virtues will naturally be in balance, not one in the extreme, and then another one is missing. Baba sometimes mentioned that in the Golden Age, your intellect will be satopradhan. You won't need engineers, but you will build palaces. Sato energy has that creativity. We will understand, we will experience, and move on our journey to experience divine sanskars, based on sato, and also creating one world.

Om Shanti