



THE BRAHMA KUMARIS  
*Know your self. Renew your spirit.*

# Huntingdale Class Location

## Newsletter

October - December 2021

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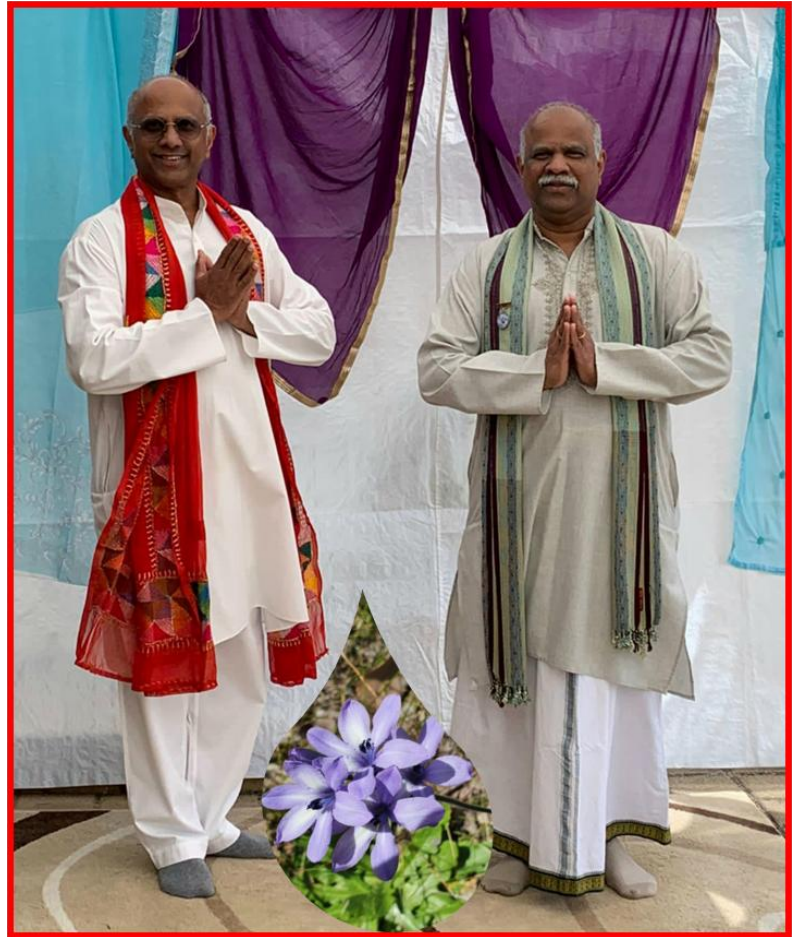
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“Pure and Undivided Divine love kindles the spirit of accommodation within us, leading to the benevolent realisation that everyone in this world is part of His creation”

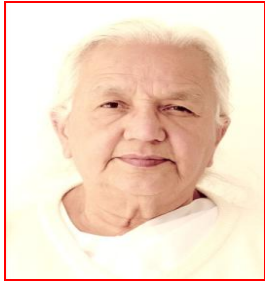
### MESSAGE FROM THE COORDINATORS

We wish everyone a Merry Christmas and a Happy New Year 2022. As we welcome this new year let us once again remind ourselves the innate qualities of peace, love, purity and happiness and share them with fellow human beings and transmit these qualities to nature and the Universe. May this Year 2022 bring newness and joy to our blessed lives.

If you wish to learn more about spirituality please contact the details shown at the end of this newsletter.



## DIDI DR NIRMALA ON BEHALF OF THE RCS



Christmas reminds us to be like Santa Claus. So keep sharing gifts of love, peace and happiness with everyone. As for the New Year, in the quiet of your heart, may you feel the Universe's love and protection assuring you that the human family is a spiritual constellation of eternal lights and that we belong to that Divine One. Even in the darkness, may you sense the coming dawn and with an honest heart and pure feelings, become a lamp of hope for yourself and for those close to you and the world.



## BR CHARLIE HOGG, DIRECTOR OF BK AUSTRALIA

Happy Deepavali to everyone. Deepavali is a very significant festival for the BK community as the Institution began during this period in Karachi, Hyderabad Sind and ever since Shivbaba (the Supreme's) light has been lighting brighter and brighter illuminating the world. It is important to come together and be with the divine family. If we look at the world's situation, there are more and more darkness in the world.



Let each one of us shine our light into this world and in order to do that, I need to remember the Father (Baba), the Supreme Light. When I remember Him, my light gets brighter and brighter and wherever I go, I spread this light of love, purity and wisdom to others and the world. This is what Baba wants me to do as an instrument. The family, workplace and whoever I meet, I radiate Baba's loving light through my eyes, face and vibrations. This is how to celebrate Deepavali, that is spread this light to this dark world and fill the hearts of those who come close to Baba. Wish you all an enjoyable Deepavali from me and the Sydney BK family.



## COMMUNITY EXPO AT MUNDARING

The Huntingdale brothers held a stall introducing the BK meditation to the public and distributed pamphlets, Mundaring on 5 December 2021. The Wheel of Virtues was the main attraction and the visitors appreciated the virtues card given to them based on the chosen slot of this wheel.





## DEEPAVALI CELEBRATION

The Huntingdale Brahma Kumaris (BK) family was very fortunate to celebrate Deepavali celebration in person on 6 November 2021 as most of the world still experiencing lockdown and not able to come together. There were approximately 70 people comprising of BK families, contacts and seniors from the Open Eyed Meditation sessions in Gosnells. Everyone enjoyed the program and the sumptuous vegetarian lunch prepared by the BK families.



The Master of Ceremony was Sis Ishika Kharola who graciously welcomed and entertained everyone with her unique talent of engaging to the event.

The candles/diya were lit by the BK Huntingdale Coordinators Br Raajen and Br Subraa followed by Sis Beena representing the mothers.

Br Manjeet and Sis Beena recited a prayer in Punjabi from the Guru Granth Sahib for the success of this program and for world peace.

Br Raajen gave a short talk on the spiritual significance of Deepavali.

The mothers/nightingales of Huntingdale, clockwise from top left Sis Bhavana, Sis Pooja, Sis Ruchi and Sis Sunita (centre) rendered few Hindi songs followed by Sis Chandrakantha (bottom left) who shared a poet about Deepavali.



“ Be a light and share this light with others”

The Young Jewels showing their talents. Sis Rishika played the Cello, Sis Anushka with her organ and Sis Anisha played the guitar.



The BK families and friends enjoying the flowers in the garden and the colours of Deepavali.



The young jewels Sis Anisha and Sis Anushka performed a fusion dance for Eastern and Western music. Ms Valerie enchanted everyone with her belly dance for a Arabic song followed by Br Subraa with the classical Bharatnatyam dance which was a surprise item.



The event was concluded with the celebration of November birthdays and lighting of sparks with the young and old. The happy faces can be seen from the photos below.



## CHRISTMAS CELEBRATION



The Christmas celebration was not held due to restriction of wearing mask and keeping the social distance after a CV19 outbreak in Western Australia.

Therefore the BK Huntingdale brothers distributed the Christmas gifts and sweets which were already made for the celebration by visiting the BK students' houses and sharing their love and happiness for the New Year.

## YOUNG JEWELS CORNER

Rangolis/Kolam originated in India and it is especially drawn with rice flour in front of the main entrance of the house. The purpose of this tradition is to serve the small creatures as a source of food and to bring peace, positivity and happiness to the household. It started with a few dots and lines and later on colours were added to bring uniqueness to the design. During Deepavali celebration Hindu houses are decorated with this rangoli to welcome Goddess Lakshmi whom symbolises wealth and prosperity.

I (Anisha Kashyap\*) was inspired to do a diya (earthen lamp) as it brings light to the world and dispels darkness. I used simple items such as bowls, squeeze bottle, rings, bracelets and bobby pins to create them.



*\*Anisha is a young jewel who attends the morning discourses with her mother Sis Preeti Kumari in Huntingdale.*

## **Regular Activities conducted by the Huntingdale Class Location:**

### **Open Eyed Meditation ( Weekly )**

Addie Mills Centre, Gosnells

Tuesdays 9.00am - 10.00am

### **Advanced Class for BK Meditation Students**

Huntingdale

Saturdays 6.30am - 9.00am

### **Open Eyed Meditation Workshops ( Weekly )**

Mundaring Adult Creative & Learning Centre, Mundaring

Thursdays 9.30am - 11.00am

### **Brahma Kumaris Meditation Course for Beginners**

(By appointment)

### **Open Eyed Meditation for seniors ( Weekly )**

Hub of the Hills, Mundaring

Fridays 10.00am - 11.30am

### **Positive Thinking Course**

(By appointment)

### **World Peace Meditation Hour (Glen Forrest)**

3rd Sunday of each month

6.30pm - 7.30pm

## **For further details please contact Huntingdale Class Locations:**

P: 08 - 9298 8180

M: 0451 875 748 (Raajen Rajoo)

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