### EXPERIENCE THE BEAUTY OF **PURPURE** THE LANGUAGE OF GOD'S HEART THE FOUNDATION OF A HAPPY WORLD



### EXPERIENCE THE BEAUTY OF **PURE** THE LANGUAGE OF GOD'S HEART THE FOUNDATION OF A HAPPY WORLD



#### **Experience the Beauty of Purity** The Language of God's Heart The Foundation of a Happy World

Printed 2020

ISBN No Print: 9781234567897

Published by Brahma Kumaris World Spiritual Organization (Avyakti Parivar)

Copyright © 2020 Brahma Kumaris

No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, manual, electronic, mechanical, photocopying, recording, or otherwise without the prior written permission of the copyright owner. All rights reserved.

www.brahmakumaris.org



### TABLE OF CONTENTS

Introduction	i
Foreword	V
Avyakt BapDada on Purity	1
Blessing from BapDada	63

The original form of the self is purity; your original religion is purity, that is, the first virtue of the soul is purity.

— Avyakt BapDada 6 January 1982





INTRODUCTION

Baba says to each of us, "you are a pure, peaceful soul." When I heard these words, I was so touched that Baba was telling me that I am a pure soul, but I knew I was not pure. In assuring me that I am a pure soul, Baba was igniting the flame of purity in me—reminding me that the original self is one hundred percent pure. I liked this word "purity". We all like this word. Without fully understanding, our hearts accepted, and we decided to create purity in our awareness and in our thoughts, words, and actions. We realized that to maintain this awareness of purity and to become the pure, peaceful soul He told us we were, would require a sustained effort. So we began this spiritual journey.

Baba has given us this spiritual birth so we can sustain the yagya,

and with the power of purity, help Him to transform the world. He wants us to move away from what is ordinary and to become elevated, so that we can reach our destination of complete purity. Purity gives us the capacity to have good wishes for everyone and to serve nature. Every pure thought has a lot of power. This purity gives us the power to experience God's Love.

People wonder where God is now. He is here, but we have to invoke him; we have to participate. If we want to see the future world, we have to be the co-creator of this world with God. First, we create our inner world through our thoughts, because each thought has vibrations. We have to have the practice of seeing and creating a world of peace and happiness. We have to create the reality we want. To see the world we want, we need the pure energy of what we truly are. If we allow other thoughts to come in, thoughts of fear, anger, or of what's happening to our leadership, then we will find ourselves analyzing things instead of staying in the awareness of our innate strength. We have to maintain this pure energy and keep connecting. When we remember to remain peaceful, calm and clear, we feel that we are with God as the Creator, and we will be very clear about the signals being created. Then we will know what steps to take for whatever we are responsible for.

I have a determined thought that before I reach my stage of complete purity and am ready to go home, I will use every thought, breath and moment in a worthwhile way. In remembrance of Baba, I will share Baba's Love and Power, and serve the souls of the world.

It is very important for all of you to protect yourselves from any kind of influence from outside. Keep reminding yourself of the home, of your relationship with Baba and of your original stage. Real purity is when there is remembrance of only One.

— BK Mohini



REAL PURITY IS WHEN THERE IS REMEMBRANCE OF ONLY ONE.



It is impossible to overstate the importance of purity for those in the Brahmin religion. The Supreme Soul, the Source of the renewal of the world, re-enters the world at this time with this one purpose: to purify it and return it to its original pristine condition, referred to in the scriptures of many faiths as paradise. The purification of the world begins as He lights the lamp of the intellect of "*adi dev*," the first deity, who we know as Brahma Baba. As the light spreads from one to another, we begin to see more clearly in the darkness of *kaliyug*.

We have fallen so far from our original condition of purity and innocence, that at first, we can hardly understand what He is saying to us. He begins with the most flagrant injury to the pure soul—lust—telling us to become celibate for one birth. As soon as we have embraced this most fundamental aspect of purity, we begin to glimpse how entrapped we have become in the world of matter, starting with our understanding of who we really are.

The field of study around purity extends way beyond mere celibacy. When God asks us to become pure, He is talking about the food we eat, the company we keep, every thought in our minds, every feeling in our hearts, every word we utter, every action we take. We have ensnared ourselves in material bondages by our absorption in bodies, relationships and things—food, nature, possessions and so on. Our minds and our vision have become locked in limitation, grounding us. We have forgotten that we were angels. Our wings have been clipped and our vision has grown dim. Not only have we become ordinary or worse, we have even forgotten that we ever were beings of light and beauty.

As the Father of souls, He appeals to us to keep our spiritual

vision on Him, assuring us that as we do this over a long period of time, He will purify us and take us home. As the Teacher, He lays out the miraculous tale of our original golden state, when we were soul conscious, luminous and charitable, assuring us that we can become this again. And as the Guide, he shows us the path home. Luckily for us, the road home is not through the jungle of darkness and vice from which we have emerged. We begin our journey back the moment we have the realization of who He is and who we are.

It's a pilgrimage from darkness to light, from vice to virtue, from the material to the spiritual. It's a journey of purification. And all we must do is be aware of ourselves as spirits and fix our attention on this most subtle and magnificent Being with a thousand names.

In this small book on purity, we draw on the murlis, given by Shiv Baba through Brahma Baba, to shine a light on what it means to become truly pure.



A SYMBOL OF PURITY IS THE CROWN OF LIGHT



A SYMBOL OF PURITY is the crown of light, which every Brahmin soul receives from the Father. This crown of the light of purity is even more elevated than the jewelstudded crown. This crown is a sign of a great soul, a soul with Godly fortune and a highest-on-high soul. BapDada gives every child at birth the blessing, "May you be pure!" and the symbol of this is the crown of light.



## PURITY IS THE BREATH OF BRAHMIN LIFE

#### PURITY IS THE GREATNESS of the great life of you confluence-aged Brahmins.

Purity is the elevated decoration of Brahmin life. Just as breath is necessary for the life of a physical body—if there is no breath, there is no life—so, too, purity is the breath of Brahmin life.



YOU CONSIDER PURITY TO BE YOUR ORIGINAL RELIGION

# 3

THE FOUNDATION of Brahmin life is purity. Purity is the basis of all the Godly attainments of the confluence age and of the reward of claiming a worthy-of-worship status for 21 births. It is having a pure intellect that allows for the children to meet the Father and experience His love. The mahatmas consider purity to be difficult or impossible, whereas you consider purity to be your original religion.



THERE IS NO NAME OR TRACE OF IMPURITY THERE

THE EFFORT YOU MAKE HERE, makes your purity there natural. There is no name or trace of impurity there. You are not even aware that there is such a thing as impurity. This is why the practical form of your purity is that of the deities-that is-of divinity. At this time, no matter how truthful people of the world consider themselves to be, they still do not know the truth of their original form. They do not have the true introduction of the Father. So, you cannot call theirs the completely true form. You can only have the power of truth constantly when you have the awareness of the true form of yourself and the Father. So, your every

thought will then be constantly true.



## PURITY IS THE FOUNDATION

PURITY IS THE FOUNDATION. Purity is said to be the mother, and peace and happiness are its children. So, where there is purity, there is automatically peace and happiness.

People of the world are running around for peace and happiness. However, because the foundation of purity is not strong, they only attain temporary peace and happiness; they have it one moment and not the next. Without purity, it is impossible to attain permanent peace and happiness. Peace and happiness themselves automatically come to pure souls, just as children automatically come to their mother. So, when you don't experience supersensuous joy and sweet silence, the reason is that the foundation of purity is weak.



WITHOUT PURITY, THERE CAN NEVER BE PEACE EVERYTHING, from your behavior to world peace, depends on purity. It is in this that there are obstacles. People want there to be peace in the world. Baba says: Without purity, there can never be peace. The first and main aspect is purity. Only by having purity is your

behavior reformed. By becoming impure, your behavior is spoiled. You have to understand that, if you want to become deities once again, purity is definitely needed.



## THE DEFINITION OF PURITY IS VERY DEEP.



#### THE DEFINITION OF PURITY IS VERY DEEP. Where there is purity, there is faith, honesty and cleanliness. All these things are included in that.



...IS IT PURITY TO HAVE WASTE THOUGHTS? TO HAVE WASTE THOUGHTS YOURSELF or to be an instrument to create waste thoughts in others...is it purity to have those waste thoughts? So, all of you should put the significance of purity in thoughts into practice. When any vice comes, it first enters your thoughts. Waste thoughts also create anger. If there is a lustful vision towards any soul, that is also not considered to be purity. So, why do you not surrender your waste thoughts out of love for the Father?



THE SUPREME SOUL IS EVER PURE How can someone receive the power of purity? Only the one Supreme Father, the Supreme Soul, is the Ocean of Purity. The Supreme Soul is ever pure. Only from Him is this inheritance received. Those who don't have yoga with the Father, cannot inherit purity. It is only by having remembrance of Him that you will become elevated.



THE FATHER MAKES THE WORLD NEW AND PURE 10

THE PURIFIER FATHER comes at the call of the impure ones. He makes souls pure and also establishes the pure, new world. Everyone remembers the Supreme Father, the One who is ever pure. At this time this world is old. The Father makes the world new and pure.



COMPLETE TRUTHFULNESS IS BASED ON PURITY THE FOUNDATION OF TRUTH IS PURITY, and the practical proof of truth is divinity visible on your face and in your activity. Many souls in the world call themselves truthful and consider themselves to be truthful, but complete truthfulness is based on purity. If there isn't purity, there cannot be constant truthfulness. So, what is the foundation of all of you? Purity. On the basis of purity, constantly being an embodiment of truth is natural and easy. Truth is not just speaking the truth and doing that which is truthful, but the first truth is the power of truth through which you received the power of purity. ...THE MORE LOVE YOU HAVE, THE MORE DETACHED YOU WILL BE 12

THE SIGN OF ONE WHO IS REAL AND ROYAL is deep love and great detachment. If someone is truly loved, the sign of such real and royal love is that the more love you have, the more detached you will be. Therefore, that one himself doesn't develop extra attachment and nor do others develop attachment for that one. This is known as real love, perfect love. That soul will be cheerful and will also attract others but will not attract others in a limited way.



A FIRM VOW CHANGES YOUR ATTITUDE

TO MAKE A VOW (*vrat*) in the form of having a determined thought means to transform your attitude (vruti). This is why on the path of devotion people make a vow and keep a fast. To make a vow means to have this thought in your mind, and to keep a fast means to take physical precautions, whether with your food and drink or in your activity and behavior. The aim of both is to change your attitude through the vow. All of you also made a vow for purity and made your attitude elevated. What attitude did you create towards all souls? With the attitude of all souls being brothers, that is, the attitude of brotherhood, you Brahmins became great souls. All of you have made this vow firm, have you not?



...SEE EVERY SOUL IN THEIR SOUL-CONSCIOUS FORM

AN ATTITUDE OF PURITY means to have good wishes and pure feelings for each and every soul. A vision of purity means to see every soul in their soul-conscious form and also constantly to experience the self easily in the soul-conscious stage.



THE FIRST SPECIALTY IS PURITY OF THE MIND

NO MATTER HOW CLEAN AND PURE some may be in their body, which is external, if they are not clean and pure in the mind, they do not have true purity. The first specialty is purity of the mind. When you renounce impurity, you receive the elevated fortune of purity. It is in Brahmin life that even your *sanskars* are changed. Your mind constantly has the elevated awareness of being a soul and a brother. It is on the basis of this awareness of brotherhood that you receive marks for purity of the mind.



#### FOCUS YOUR MIND ON ME

BAPDADA'S DIRECTION FOR THE MIND IS: Focus your mind on Me. Have the awareness of the mantra of *manmanabhav*. This is known as cleanliness and purity of the mind. Your pure thoughts are filled with knowledge and power—and you use them for world service.



DO SERVICE WITH A TRUE HEART

THE LORD IS PLEASED with those who have a clean mind and a clean heart, and fulfils all the desires of those with a clean heart. You know that honesty is cleanliness, so there should be cleanliness in your own efforts. Put your self-progress honestly in front of the Father. There should also be cleanliness in your service, which means doing service with a true heart. If you are doing service with any selfish motive, it cannot be called true service.



THERE SHOULD CONSTANTLY BE HONESTY AND SWEETNESS

WHEN YOU HAVE HUMILITY and contentment in your actions, the practical fruit of that is to become constantly cheerful. In your speech, there should constantly be honesty and sweetness.



### CLEANLINESS AND HONESTY IN RELATIONSHIPS...

CLEANLINESS AND HONESTY in relationships means contentment. The sign of your contentment is that you yourself will be light in the mind and remain happy, and that others will remain happy with you. The sign of discontentment is that you will be heavy in your mind.



...OTHERS ARE ABLE TO RECEIVE VIBRATIONS OF PURITY

PURITY IS NOT JUST CELIBACY. Even waste thoughts and waste words are impurity. There is also a form of wasteful words called bossiness; speaking with even a trace of anger is impurity. Create such *sanskars* of purity that, seeing you from a distance, others are able to receive vibrations of purity.



...THE POWER OF SILENCE HAS THE POWER OF BLESSINGS

THE MEDICINE OF SCIENCE has the temporary power to stop pain and suffering, but the power of purity, that is, the power of silence, has the power of blessings. This powerful vision and attitude of purity enables you to have attainment for all time.



### AT AMRIT VELA, CHECK YOURSELF

AT AMRIT VELA, CHECK YOURSELF. Do not think about others, do not look at others, but think only of yourself. Check to what percentage you are fulfilling the vow of purity. Check your attitude, your *bhavna*—that is your good wishes and pure feelings—your relationships and your connections. Do not think, "This one is always like that anyway," but have pure feelings for that soul too. Since you consider yourselves to be world transformers, transform your feelings for those in your relationship and connection.



### MAKE THE LESSON OF "SUDDENLY" FIRM

YOU ARE SEEING THE TIME and hearing the call of time, the call of the devotees and the call of souls, and you have all made the lesson of "suddenly" firm, so weakness in the foundation means weakness in purity. If there are no good wishes and pure feelings in your words, you cannot experience supersensuous joy, which is the happiness of complete purity.



### IT IS SOULS THAT RECEIVE LIGHT

WE HAVE RECEIVED so much light from the Father. It is souls that receive light. This is why the Father says, "consider yourselves to be souls and remember the unlimited Father."



#### YOUR ORIGINAL AND ETERNAL FORM IS PURITY

YOUR ORIGINAL AND ETERNAL FORM is purity. When you have the awareness that you are originally and eternally a pure soul, it means you have the power of purity.

The original *sanskar* of souls who are embodiments of this awareness and embodiments of power is purity. Purity is the specialty of the special birth of Brahmin life. Pure thoughts are food for the intellects of Brahmins. Pure vision is the light of the eyes of Brahmins. Pure actions are the special business of a Brahmin life. Pure relationships and connections are the codes of conduct of Brahmin life. MAY YOU BE A JEWEL WHO HAS PURE AND POSITIVE THOUGHTS

MAY YOU BE A JEWEL who has pure and positive thoughts for others and free souls from worrying with the power of your own pure and positive thoughts. In today's world, all souls are jewels of worry. With the power of your pure and positive thoughts, you jewels can transform those jewels of worry. Just as the rays of the sun from far, far away dispel darkness, in the same way, the sparkle and rays in the form of pure thoughts of you jewels of pure and positive thoughts, spread in all directions of the world. This is why many believe that some spiritual light is doing its work in an incognito way. They have begun to have this touching and are looking for you. Eventually, they will reach this place.



THESE ALOKIK LANGUAGES ARE VERY POWERFUL

PRACTICE BEING INTROSPECTIVE so that you can understand the *alokik* languages and become full of success. The more you children stabilize yourselves in introspection and sweet silence, the more easily you will come to understand the language of the eyes, the language of feelings and the language of thoughts. These three types of language are the language of your spiritual, yogi life. These *alokik* languages are very powerful. According to the time, it is only through these three languages that you will be able to attain success. Therefore now, develop the practice of using these spiritual languages.



GIVE BLESSINGS TO YOURSELF WITH THE POWER OF PURITY

The importance of Brahmin life is purity in your thoughts, words and deeds. The praise of Brahmin life is to give blessings to yourself with the power of purity. You experience yourself to be happy through purity and you also give happiness to others. Pure souls receive three special blessings: One is to give blessings to yourself and so you become easily loved by the Father. Another is to become the nearest and dearest child of the Father, the Bestower of Blessings, and to easily and constantly receive blessings from the Father. And third is to receive blessings from those who are the special instruments of the Brahmin family. With blessings from all three, you constantly continue to fly and make others fly.



PURE SOULS BECOME MASTER BESTOWERS OF HAPPINESS MAY YOU BECOME a completely pure soul and experience the stage of happiness at every second of Brahmin life. Purity is said to be the mother of happiness and peace. Any type of impurity makes you experience sorrow and peacelessness. Brahmin life means staying in a stage that gives happiness at every second. Even if there is a scene of sorrow, where there is the power of purity, there cannot be any experience of sorrow. Pure souls become master bestowers of happiness and transform an atmosphere of sorrow into one of spiritual happiness.



#### BE ONE WHO UPLIFTS OTHERS

YOU WILL HAVE TO FINISH three expressions in order to be one who uplifts others and uplifts the world.

- The first expression is thinking about others (*par chintan*).
- The second is looking at others (*par darshan*)
- The third is following the dictates of others (*par mat*).

Finish all these three *pars* and you will be able to become *par-upkari* (one who uplifts others). It is these three expressions that become an obstacle.



### THAT WHICH IS EXTREMELY SUBTLE IS VERY POWERFUL

IF YOU ARE STABLE in the stage of pure feelings and feelings of love, those same feelings will emerge in others. Just as one light is able to ignite another one, your powerful pure feelings will easily emerge elevated pure feelings in others. That which is extremely subtle is very powerful. Pure thoughts are more powerful than words. When a task is not successful through words, what do you say? This one will not understand in words, but will change through our pure feelings. Where words cannot accomplish a task the instruments of the power of silence, pure thoughts, pure feelings and an experience of mercy and love through the language of the eyes can accomplish the task.



BE AN IMAGE THAT IS DECORATED WITH THE DECORATION OF PURITY.



#### BLESSING FROM BAPDADA

May you be a decorated image who reveals the decoration and sparkle of purity through your activity and your face.

Purity is the decoration of Brahmin life. At every moment, others should experience the decoration of purity in your activity and on your face. The decoration of purity should always be visible in your eyes, on your lips and in your hands and feet. Everyone should say that purity is visible in your features. There should be the sparkle of purity in your eyes and the smile of purity on your lips; they should not see anything else. This is said to be an image that is decorated with the decoration of purity. — March 18, 1971

EXPERIENCE THE BEAUTY OF PURITY



#### from *Return to Purity*

Purity is the womb from which all qualities are born: simplicity, cleanliness, clarity, honesty, trust, compassion, and kindness. As each quality emerges, it gives birth to another. Honesty brings about trust, which builds self-confidence and wins loyalty. The only absolutely pure relationship I can have at this time is with the Supreme. God's Light is the purest and His Mind only entertains light, not darkness. Only God gives without wanting anything in return.

This link of love is enough to return the soul to its original state of peace and power.