



**Brahma Kumaris - Dadi Magazine - June 2020**

### **Introduction by Sister Jayanti**

Across the world, multi-thousands have been taking sustenance from Dadi Janki's classes. I myself found, when I first started my spiritual journey, that Dadi's explanations about the Murli enabled me to understand and appreciate the Murli more fully. When I was just hearing the Murli on its own in those early days, the concepts that BapDada was teaching didn't feel as relevant to me as when Dadi would clarify in her classes how to apply them practically in my day-to-day life. It is my feeling that this has been the experience of many, many of Baba's children across the world. Dadi has been the electrician who has been able to help me find the way to connect myself directly with the Powerhouse and draw light and might from the Source. I know that this collection of Dadi's last season classes is going to awaken many souls to deeper insights and their application. Many thanks to Brother Frank and Sister Kiran for having produced this beautiful offering of Dadi's gems for the Brahmin family. I am sure it is going to serve the worldwide family in very profound ways. Sister Jayanti



## **WE HAVE TO NOW GO BEYOND SOUND...**

***Dadi Janki - 27th November 2019 - Shantivan India***

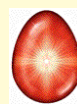
Om Shanti, Om Shanti, Om Shanti...

Baba is mine and I am His. Baba takes care of us. He loves us very much. Baba is sweet and lovely. Thank you Baba! So many souls are coming here to become like diamonds and to merge in God's eyes. Baba has given us so many treasures and we are all imbibing those treasures. Your faces have all become like diamonds. You are merged in Baba's heart are you not?

The soul, the bird has to now fly. For this, make a lot of spiritual effort. The time for flying has come. We have to now fly beyond sound to Paramdham. We will go beyond sound and then come down to the land of happiness. Will you only listen to me or will you come with me to

the Supreme Abode? Now is the time to leave this world. For this we need to remain in soul consciousness. If you want to go with me, raise your hand!

Diamond Hall is full! This hall has become small and we need to think about how to have a bigger hall. Now all of you will receive a gift. Will I also receive a gift? (Someone said, 'Dadi, you are the Bestower. You have been liberated from asking for anything'). Yes, I have been liberated from asking. I don't need anything. My birthday will be celebrated on January 1st. The celebration should be very small. One who practices economy, in the remembrance of Baba, can sleep very well at night.  
Om Shanti



# BE FREE FROM 'HURRY, WORRY, CURRY'

**22nd September 2019 – London**

We say “Om shanti” with our mouths and then we experience the shanti. Each one of Baba’s children experiences peace. We say “Om shanti” not “Shanti Om”. We first say Om. With Om there is a vibration. It helps in bringing peace.

Baba says: “Children” and children say: “Baba”. We are the original children from the very beginning until the end. Do you have the intoxication that we are the first children?

Each one has their own part to play. This is why the awareness that we are detached from one another and loved by God has become firm.

Dadi says “Om Shanti” three times and then reminds us of our five virtues. They need to be in our lives permanently. Pukka Brahmins have the firm faith that we will come first so those virtues are firmly in us. First is purity, then truth. Then along with them there is patience, humility, and sweetness. There is this sequence: one brings the other and then the next one. By having patience both purity and truth have become solid within the self.

“Hurry, worry and curry”: be careful my brothers and sisters. You live at home with your family, with your children. Dadi does not live at home nor does she have any children. God is my Companion. Dadi has three children: purity is good but if there is no love, then how would peace and happiness work? They work when there is love.

## ***Finish hurry, worry and curry.***

Brothers have to know themselves, understand themselves, and see themselves well; then accordingly look after themselves and be accurate. Dadi sees that the brothers do this. Do the sisters do this?

If there is even a little sanskar of ‘hurry, worry, curry’, then finish it today. This is an incognito signal for the sisters. Dadi won’t give this type of class in Madhuban so keep Dadi’s honour and don’t have any “hurry, worry, curry”. Then people will say that everyone in the UK is free from worry, hurry, and curry.

First there is worry, then there is hurry, and then they become combined and become a curry. Keep Baba’s honour. He has made us clear of these things and we have the company of happiness, peace and love. We would be poor things without love. Don’t hurry or worry because you have not spoilt your chart with any bitterness, have you? Baba has saved us, He doesn’t let us hurry because those who don’t hurry don’t worry and they don’t come into any kind of bitterness.

We are taking a good result with us back to Madhuban. I am taking leave from you because I will not be coming to the class tomorrow. All of you will give me leave.  
Om shanti.

## CONTENTS

<i>We have to now go beyond sound...</i>	1
<i>Be free from ‘hurry, worry, curry’</i>	2
<i>Baba has taught us how to smile...</i>	3
<i>Is the comforter of hearts sitting in my heart?</i>	3
<i>It’s time to go beyond sound...</i>	4
<i>Baba is always with us...</i>	4
<i>Purity and truth make the journey of life good...</i>	5
<i>It feels very sweet to remain in silence...</i>	5
<i>Place your attention up above...</i>	6
<i>Say ‘Baba’ and the experiences begin...</i>	6
<i>We are puppets in God’s hands...</i>	7
<i>What is important in life?</i>	8
<i>The Confluence Age is the golden moment</i>	8
<i>God’s part at the confluence age still continues...</i>	9
<i>Liberation means to be free from bondage</i>	10
<i>Who is in my heart?</i>	10
<i>Look at your face in the mirror of your heart.</i>	11
<i>I am in God’s vision...</i>	11
<i>Now is the time to make the atmosphere very powerful</i>	12
<i>Simply share what you have received from Baba</i>	12
<i>Where will we go now?</i>	13
<i>Honesty, cleanliness and simplicity</i>	13
<i>Baba is the living light...</i>	14
<i>Keep seeing Baba in front of you...</i>	14
<i>Dadi - Reflections</i>	15
<i>Dadi - Reflections</i>	15
<i>Dadi - Reflections</i>	15
<i>Understand your fortune...</i>	16

# BABA HAS TAUGHT US HOW TO SMILE...

*Dadi Janki - 7th November 2019 – Shantivan India*

Om Shanti, Om Shanti, Om Shanti... Let me maintain the awareness of who I am and who is mine. When I maintain the awareness of being a soul I can place my hand on my true heart. The wonder is that the Supreme Soul is mine. He is my Father. He is the Bestower of Fortune; He is creating my fortune. In fact, He has given each one of us the method to create our own fortune.

You are all sweet and lovely... You feel good to sit in this gathering, don't you? I also feel happy to see

you. Baba is also happy on seeing you. In fact, we remain happy by looking at our Father.

We have white clothes and our pockets are empty. Baba has made us instruments to serve the world. We are serving the whole world. Baba and Mama are in front of us.

Be happy and live a long life. This is my blessing for you. Don't remember anything which is not necessary. What do we have to remember then? Baba has made it clear what I need to remember.

There is the heart, head and drishti... all three are connected. Are you happy and content? What comes first, happiness or contentment? One who is content never becomes upset. In fact, the Father is content with a soul who has a true heart. To remain happy is the sign of sensible person. Baba has made us belong to Himself and taught us how to smile. A smile is something beautiful. Some souls are very serious. Never allow yourself to become too serious.

We now have to become viceless, egoless and bodiless. The incorporeal stage should be accurate

Let us now sit in silence...  
Om Shanti

# IS THE COMFORTER OF HEARTS SITTING IN MY HEART?

*Dadi Janki - 11th November 2019 – Shantivan India*



Om Shanti, Om Shanti, Om Shanti... Baba's remembrance is wonderful. It is this remembrance that brings changes in the atmosphere.

Baba is my companion. Where is Baba? Is He in your heart or is He up above? Baba... so sweet, so lovely... Baba's shining eyes are beautiful. Everybody should see from your face; who am I and Who is mine... Look at your own self... Open your heart and see whether the Comforter of Hearts is sitting in your heart. When Baba is sitting in your heart then your heart will become strong.

Our sanskaras are subtle. We need to look inside and see our own selves. When Baba sits in your heart then your heart will be strong. At the Confluence Age we have the feeling that we are meeting Baba. We are meeting Baba - that One Baba who resides up above. The heart is with the Comforters of Hearts. Don't look here and there; Dadi sees there are many BK's who are looking here and there until now...

Baba has made us belong to Himself and taught us how to smile. Nothing is now difficult for us. Myself and Baba; these are the two things we need to remain aware of. We look at the drama as detached observers. We see the whole world as a detached observer. The mantra of 'Manmanabhav' is actually very easy. This is easy Raja Yoga. It makes us light – it doesn't make us heavy. I should never become heavy. If you become heavy, even for a second, then make yourself light immediately. Let the light work on you. Become light, take might and everything will become right. There is no nourishment like happiness. The people of the world are full of worry. They become patients due to worry. Here, we do not have any worry. Everything is fixed according to the drama. Baba has made us belong to Himself and thus has made us carefree. Why should I worry about anything? If anything is going to happen, it will happen according to the drama plan so

why worry about anything? My body is simply an instrument. I the soul am Manmanabhav and my mind is connected up above. In this stage there are no worries; my mind can remain peaceful. Baba always speaks about the ascending stage – the flying stage. There is no reason to become heavy. Do you understand this? Does the whole gathering understand this? We have to become 16 celestial degrees complete. We have to look only at the virtues and specialities of each one. When we see these our love and regard for others increases. We have to keep a record of giving love and regard to others.

Wah Baba wah! I have to take from Baba and give to the whole world. Baba has told me how to remain happy and to remain busy in service. I am wearing white clothes and my pockets are empty. Think of what you should take from Baba and what you should give to the world.  
Om Shanti



## IT'S TIME TO GO BEYOND SOUND...

*Dadi Janki - 13th November 2019 – Shantivan India*

Om Shanti, Om Shanti, Om Shanti... This gathering looks so beautiful! (14,000 souls have arrived for Baba's programme.) It is wonderful! I am seeing all of you. The entire gathering is wonderful! The gathering looks beautiful. There is only peace in the entire atmosphere. All are in the ascending and flying stage.

Baba, by belonging to You, I have received so much happiness. We belong to Baba and He belongs to us. We say, "Baba I belong to You". Baba says, "You are my child". How wonderful is this Confluence Age!

I am a soul and the Supreme Soul is mine. This is what is important; who am I and who is mine. Keep your intellect up above. When we are in Baba's remembrance we sing songs of happiness. It was actually Baba who taught each one of us to truly smile. He made us belong to Him. Is this your experience? Baba's drishti

also gives great happiness. In my drishti and attitude who is visible through me? It is Baba, isn't it? It is Baba who should be in my heart and visible through my eyes. When Baba is in your heart then your heart will sing with happiness.

Baba speaks of three things; truth, cleanliness and simplicity. Let there be truth and love in your life. Let your heart be totally clean. Keep your environment clean on a practical level. Be simple...

My heart says that all of us should now remain in silence. We should remain in the awareness of where we will fly to. Where will we go? We will go up above. One stage is silence, another is dead silence, the third stage is sweet silence. When we sit in silence we can experience the flying stage. In fact, all silence is sweet; everyone feels good whilst remaining in silence.

The Supreme Soul resides in the Supreme Abode. We children also have to go there; to the land beyond sound – the land of peace. There is only peace there – no worry... The more we remain in silence the more easily Baba can pull us into the ascending stage and then the flying stage.

Never think that anything which comes in front of you is difficult to deal with. Everything is easy. Keep smiling. Don't allow yourself to get upset. Never say, "I don't like this". One who is content is happy. One who is happy is content. Nothing is difficult for Baba's children. Simply remain detached from everyone and merged in God's love. When you are detached you will feel good. Nyari and pyari... remember this. Detached and loving to God... Everyone now has this realisation. Now is the time to maintain an attitude of renunciation and to do tapasya. Become an image of tapasya and keep on doing service.

Now let us sit in silence.  
Om Shanti

## BABA IS ALWAYS WITH US...

*Dadi Janki - 8th November 2019 – Shantivan India*

Om Shanti, Om Shanti, Om Shanti... Baba sees what His children are doing. Where we go, Baba is also present... He never lets us go anywhere alone. Where Baba is, I am also there... Baba is very sweet and lovely. Shiv Baba is the Innocent One – God, the Innocent Lord.

What have you received? We have to show that in front of the world. We are all sitting here in Madhuban... what is your part in Madhuban? Your body is here, your mind is also here isn't it? Baba tells us not to look here and there when we sit here. See only Baba in front of yourself. Remain aware of 'who I am' and 'who is mine'. I am a soul and the Father is mine. Let there now be this intoxication and let it be revealed on your face. Everything is easy isn't it? Raja Yoga is easy.

When in the sakar form Baba used to say that the Murli is magic. There is Baba, Murli and Madhuban – this is what my heart sings. There is a wonderful song with the title Baba, Murli and Madhuban. There is Godly magic in the Murli.

We need to remain aware of what renunciation and tapasya are. I have been with Baba and I have done tapasya. Even when I come into this hall, I first see Baba and Mama and then I see all of you... If you have tyag and tapasya you will automatically do service. You will then get wonderful experiences.

I went to Lucknow (to lay the foundation stone of Gulzar Upvan – the new retreat centre). Dadi Gulzar likes Lucknow very much. When I



was there I remembered her a great deal. There is a lot of love and co-operation between us. Baba sent her there for service and that is why the new retreat centre is named after her. Baba and Dadi Gulzar – both are together. See yourself and see Baba in front of you. Learn not to look here and there. I do invoke Baba, "OK Baba, come and do Your work".

This is the Dilwara Hall – whoever comes here sits in the heart. We should call it this name now.  
Om Shanti

# PURITY AND TRUTH MAKE THE JOURNEY OF LIFE GOOD...



*Dadi Janki - 17th November 2019 – Shantivan India*

Om Shanti, Om Shanti, Om Shanti... Baba is happy looking at us and we are happy looking at Baba. There are five virtues and those virtues should be natural in our lives; purity, truth, patience, humility, and sweetness. Ask yourself; are these natural in my life? Purity and truth should be natural. Humility will then also be natural. Purity and truth make the journey of one's life good. These things are not only for myself but they can help to give others realisations. Let these vibrations of purity and truth reach each soul of the world.

The atmosphere is very powerful here. May everyone live long and remain happy! Never remember that which is past. That which is unnecessary should not be remembered. That which is necessary should not be forgotten. I simply have to remember who I am and who is mine. See yourself. Check your heart. First see yourself and only then look at the world.

None of the people of the world have this true knowledge. Baba makes us experience that God is One and that we belong to Him. He is taking us along with Himself. We have to go to Shantidham and for that we have to go beyond sound. Where is Paramdham? It is up above.

Everyone works throughout the day. Even whilst remaining engaged in work we have to be detached and loved by the Father. The more you remain detached, the more you will feel God's love. Baba's love is unshakeable and immovable. We also have to remain unshakeable and immovable in our stage.

Baba has freed us from desires; from wanting this and wanting that. What do I need? We are sitting peacefully. We are experiencing peace internally. Let there now not be any trace of peacelessness within me. Let me simply remain in the awareness of who I am and who is mine. I am a

soul and the Supreme Soul is mine. God is the Bestower of Fortune who creates our fortune. We have the fortune of remaining happy and distributing happiness. Baba has given us this blessing. Ishu Dadi is this right? We should distribute happiness, shouldn't we?

Is there anyone here who is not happy? Or are you happy sometimes and not at other times? Baba says that if anyone wants to know about happiness they should ask My children. We should dance in happiness. When someone dances well, their feet are above the ground. There is no nourishment like happiness.

Let me not have a trace of worry. Worry is a type of disease whereas

happiness is nourishment. Forget that which is not necessary. Simply remember that which is good. Keep giving happiness to everyone. Keep giving peace to everyone. Peace and happiness are what everyone in the world is searching for. No-one has the type of happiness that we have. We should donate the vibrations of peace and happiness to the world. Donate the power of peace and happiness to the people of the world.

Let me now be accurate in the four subjects of gyan, yoga, dharna and service. One who is accurate in gyan, yoga and dharna will do service automatically. Now remain Manmanabhav... Look at everyone with love. Om Shanti

## IT FEELS VERY SWEET TO REMAIN IN SILENCE...

*Dadi Janki - 27th December 2019 - Shantivan India*

Om Shanti, Om Shanti, Om Shanti... All of Baba's children are so sweet and lovely. You are very happy looking at Baba's happiness and Baba is very happy looking at your happiness. I feel Baba is walking around in the hall! It's as if you are making Baba move everywhere in the hall... This is such a beautiful gathering (11,000 of Baba's children have come so far for the programme on the 31st).

I am a soul and Baba is mine. Each one says, "Baba is mine". When we say 'mine' we place our hands on our hearts. You take feelings from Baba, don't you? We can draw Baba's love to ourselves. Let there not be any other thoughts. The more we remain in silence, the more we can experience – the more we can feel.

This is Raja Yoga; we have to use the tools we have been given to become karmateet. We have to become bodiless and egoless; this is the stage we

need to be in now. The more someone is introverted, the happier they are. Don't now come into extroversion. Remain in silence, in peace... It feels very sweet to remain in silence. I don't need the microphone now; it is better to move back into silence. We were sitting in silence from 7 to 7.30 pm. Now let us sit in silence for 15 minutes more. I was with Baba in silence and He was with me. I could feel him walking around...

Make sure that you have three important things in your practical life; truth, cleanliness, and simplicity. Maintain a faithful intellect and you will be victorious. We have to finish the five vices now; let there not be any greed, ego, attachment, lust, or anger. Move into the stage of being incorporeal, egoless, and viceless. To move into that stage, you will have to finish the five vices within. One who finishes the vices within is very fortunate. Om Shanti

# PLACE YOUR ATTENTION UP ABOVE...

***Dadi Janki - 23rd November 2019 – Shantivan India***

Om Shanti, Om Shanti, Om Shanti... Our five fingers are different. Each has its own part to play. The little finger is small but it plays an important part. The thumb looks different but it also plays a necessary part. In the same way each soul has its own part to play. This life is a journey on which we need to follow what Baba says.

Who am I and Who is mine; these are the most important aspects of this life. Baba says, “Children” and we children say “Baba”. We touch our hearts when we say “Baba”. I am a soul and the Supreme Soul is mine. I simply have to pay attention to remembering Him. Place your hand on your heart and then pay attention up above... We have to pay attention to ourselves and to Baba up above.

Let me pay attention yet not have tension. Let your heart be with the Comforter of Hearts. The more your heart is with the Comforter of Hearts, the more you will pay attention. The soul and the Supreme Soul were separated for thousands and years and then came a wonderful meeting through the agent.

Purity and truth are essential in life. Then patience comes. I am seeing how Baba’s children have humility and sweetness.

All the doctors are sitting here (a medical conference is going on in SV). The body sometimes needs medicine but what else is needed? Blessings. In this life blessings do a great deal of work. Meet everyone with love. Remind everyone of who they are and Who belongs to them. Give love and happiness and you will receive blessings. As a child I remained in God’s home. I learnt how important it is to remain happy and give everyone happiness. Our duty in life is to care for everyone and to share with everyone. Care, share and inspire. This is our duty in life.

Your feet should not be on the ground now. Baba has told us that it is the time to become angels so keep your feet off the ground. Do not touch the earth now. Have the attitude of renunciation and do tapasya. Maintain the attitude of renunciation, do tapasya, and you will be able to do good service. Remain light, receive might, and everything will become right. God tells us to continue to smile and then nothing will seem difficult.

Leave the awareness of ‘I and mine’. “This is mine and this is yours” – leave this now. “This is mine, that is mine”... leave this. Baba has liberated me from wanting anything. I don’t want anything. I simply have to be happy and to be truthful.

Learn to be happy. Live now – forget everything about the past.

May you be happy and have a long life! I simply want to be happy. We have to be very truthful to everyone including ourselves. Truthfulness, cleanliness, and simplicity. These are essential in life. We shouldn’t even speak that which is slightly untrue. Don’t mix truth and untruths when you speak. Train your mind very well. Don’t just let go of your mind sometimes. Train it with care. For this Baba has taught us Manmanabhav... keep your mind with God.

Accept from your heart whatever comes in front of you now. Remain content and you will also remain happy. Remain happy and you will also be content. Be happy constantly and distribute happiness. If I am happy with everyone then everyone will be happy with me. Baba is telling us to forget everything and to remember Him. Don’t remember that which is better to forget. Don’t forget that which is important to remember.  
Om Shanti

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# SAY ‘BABA’ AND THE EXPERIENCES BEGIN...

***Dadi Janki - 25th November 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... Baba is sweet, Baba is lovely – let us thank Him. Our hearts are connected to the Comforter of Hearts. One is the heart, the other is the head. Baba says, “You are mine”. When we point towards God, one finger goes towards God and the other four fingers point towards the self, telling us to do service. Whatever I have experienced from Baba, everyone should also be lucky enough to experience. Let me share whatever I have received from God. We have received so much love from Baba. We are gopes and gopis, intoxicated in the love of the one Father. One who remains inside the love of the one Father will definitely be intoxicated.

Some souls only think about what they want – I want this, I want that. Personally, I don’t want anything. I have never asked for anything. Baba

has given us so much. Some souls remain in soul consciousness and they experience Baba’s love. We have to now become detached from the body and loved by God. When we feel Baba’s love then we can become more detached from the body. Then you will fly. Are you flying? Are you flying with happiness? Now be obedient, sincere and faithful; you are like this are you not? Leave the things of the past. Create a very good stage and let anyone who sees you feel that you have taken sustenance from sakar Baba.

What were Mama’s specialities? Mama was wonderful. Mama had great self respect. She never became distressed. Anything could happen but Mama never got distressed. She was very straightforward, very sincere. When we would go in front of Mama she would smile.

*Continued bottom next page*



# WE ARE PUPPETS IN GOD'S HANDS...

*Dadi Janki - 2nd December 2019 - Shantivan India*

Om Shanti, Om Shanti, Om Shanti... We all have love for Baba and love for one another. Where the Father is, the children are. Where the children are, Baba is. You are all pulled towards Baba and that is why you have come here. We sit wherever Baba makes us sit. Our remembrance is in our hearts and it is visible on our faces. We belong to Baba and He belongs to us. To which place do we belong? We belong to the Supreme Abode. Wherever I am told to sit, I sit. Whatever I am told to do, I do. I was told to come in the class and here I am... We have to do whatever Baba says. The Doer is making us do everything. God is in our hearts and we are the puppets in His hand. We have the Comforter of Hearts in our hearts.

When I first went abroad someone asked me if I am married and if I have children. I told them, "My husband is the Comforter of Hearts and He is in my heart. I have three children; peace, love, and happiness and they do service everywhere". Who can give us as much love as God? Baba, You are mine and You are lovely! Thank you Baba!

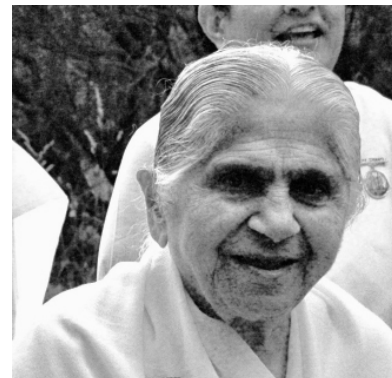
I have not come here to give a class. What class do you need? We have received peace, happiness, and love... Are you all giving drishti to

me or am I giving drishti to you? This type of love is so sweet – it even attracts the honeybees. What is in our hands? Fortune.

How should we keep our charts? All aspects are very important. How am I sitting? Am I looking here and there? There are so many things on the chart. Have you seen my chart? Do you keep a chart? Baba wants us to make good effort so if you keep a chart it will help a lot. Some of you keep looking here and there. Pay attention please! Have the wisdom to change tension into attention. Remember that on seeing you, others will follow.

Have love and regard for everyone. Remain peaceful; what other work is more important? Baba tells us to remain in silence. There is silence, sweet silence and dead silence. Dead silence makes the atmosphere very powerful. There should be silence within. Even when you get up from here you should keep that atmosphere of silence within you. No one should ever be disturbed by me. To me, silence is so sweet, I want to swallow it! Let us create such an atmosphere of silence that everyone is pulled here.

Baba has made us sit in His eye-lashes. We have all been saved from



maya. We are all multimillion times fortunate. Baba has made us belong to Himself. He doesn't have any complaint about any of His children. He feels the creation is so beautiful. What does He want from us? He wants us to be patient, sweet, and humble. There is the heart, the head, and drishti. There is purity, love, and regard in our hearts. Baba understands what is in our hearts. You are all happy, aren't you? If you are not happy then raise your hand. Baba made us belong to Himself and taught us how to smile. May you be happy and may you live a long life...

We are here and Baba is also here. Baba is present, touring around, seeing everyone. We have to stay in remembrance of the one Father. Don't keep moving when you sit in yoga. Pay attention while you are here. Knowledge tells us to pay attention.

I am seeing this Yagya as a detached observer. Now play such a sweet song that Dadi Gulzar is pulled to come to Shantivan! (Dadi Gulzar was watching the class through video). Om Shanti

*Continued from page 6*

The photo of the ancestors should be kept in this hall. We have had many samples of wonderful Dadi's in front of us – all the Dadis followed Mama. You have not seen Baba with these eyes but I can tell you that both Mama and Baba were wonderful. Each one plays their own part. When I first came to knowledge I could see only light from Baba. Through that light I received might and I felt that everything is right. It is the same today; we receive that light and might from Baba. When we receive light we feel that light emerges from I the soul.

In Hyderabad, Sindh there were two courtyards. Baba sat on the cot. He would shine. He was very simple. He was a sample in remaining simple. He gave everyone natural intoxication. Baba himself had the intoxication that he would go and become Narayan. We shouldn't have false intoxication now. Don't show off in any way. Don't be happy only if your name is mentioned. Baba has shown us what true intoxication is. Make your life such that everyone else understands how to live from it. People in the world have so much

intoxication from the attainment of money but I want to become a sample of remaining simple. Do you understand what I am saying? Don't become showy.

When you are in the class don't look here and there... look only at Baba.

Today the whole hall is full. Many of Baba's children have come. It feels so good to sit in this gathering. Many first-timers have come. Stand up! When we say, "Baba" the experiences begin... Om Shanti

# WHAT IS IMPORTANT IN LIFE?

***Dadi Janki - 3rd December 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... Baba is sitting in our hearts. Where is your heart connected? Everyone's heart is connected to Baba. Baba is sitting in front of all of you. Baba is seeing you!

Baba has created such a creation. Throughout the whole kalpa we were without Baba. After 5,000 years this scene will occur again. Now He has made us belong to Him. When Shiv Baba came in Baba I met Him. It was such a beautiful meeting. That scene keeps coming in front of me. Light, light and might, might... that is what I saw and felt. Shiv Baba gave light and might through Brahma. Baba was sitting on a swing made of rope and giving drishti. Now take me to a swing and let me sit on it! Let's make such a swing here. In fact, we are all now swinging in the swing of knowledge.

We will belong to Baba for our whole lives. We are all loved by God. Each one's part is unique. Baba says, "You have surrendered to me and I will surrender Myself to you". There is happiness in wherever He sends me for service. Whenever I am asked to go for class I say, "Yes, I will definitely go for class". When I come here I see your faces are full of peace - full of love and truth. I get power by looking at all of you!

What is very important in life? First is purity and then is truth. Patience, humility, and sweetness are also very important. We need to imbibe these and use them in our lives. Wherever you are, remember and use these five virtues and they will become powers in your life. Whilst eating and sleeping – whilst moving around. Use these five virtues and you will become very sweet.

We have the faith that Shiv Baba is incorporeal. He resides up above. We have to call Him down! "Baba come down". Baba is sweet, He is lovely! Thank you Baba – You are mine.

We have to forget the bodily 'I and mine'. We have to now become detached from 'I' and 'mine' in order to fully experience God's love. In this, there is peace, humility, and sweetness.

Are you still trapped in hurry and worry? If so, your life will become like curry! I keep Baba as my Companion throughout the whole day and thus am free from hurry, worry and curry. This is Baba's Yagya. We are simply sevadharis in God's Yagya. Knowledge, yoga, dharna and service — we should be accurate in all four subjects. We are students and we need to study well. God is my teacher. He is my Satguru. This is story of the soul and the Supreme

Soul. The soul and the Supreme Soul were separated for a long time and then there was a beautiful meeting. This has been remembered in bhakti for a very long time. Our Satguru came in the body of Brahma. We had called out to Him for thousands of years. Now we belong to Him and we simply have to remain happy.

Remain happy! Live a long life! Don't remember the past! Don't repeat things in idle gossip — "this is happening, that is happening..." Don't think about or remember anything. Don't say anything about those things. Baba has told us to remain quiet in such situations. Simply think about Baba. Baba is good. Baba has taught us how to be good and how to smile. Our faces should be the images of tapasya. Baba has come to make us light. He makes us light and then gives us might.  
Om Shanti

## THE CONFLUENCE AGE IS THE GOLDEN MOMENT

***Dadi Janki - 27th November 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... We were all sitting in silence and then the song was played. What were you doing internally whilst sitting in silence? According to the drama we have been taught about the power of silence and how to experience that. We are accumulating the power of silence. Silence is wonderful.

We children have received so much happiness by belonging to Baba. We now don't give or take sorrow. The sorrow of the world has finished for us. None of Baba's children can say they are unhappy. Even if someone tries to give sorrow, we don't take it. We maintain the awareness of 'who I am and Who is mine'. The soul is a sparkling star in the centre of the forehead. We listen to only Baba's words through our ears and only Baba is visible in our eyes. Peace, happiness, and love — all three are together. If there is peace there is happiness. If we experience happiness we also experience love; our love increases. We now have loveful intellects. Our intellects are full of love for God.

We don't have the questions 'What will happen?' or 'How will it happen?' We don't waste our time thinking of useless matters. In every situation we have been told to remember one Baba. Baba has taught us how to live.

This Confluence Age is the 'golden moment' in a cycle of thousands of years. Now we have the fortune to listen to God's words directly. We now have the attitude of renunciation, we are in tapasya, and we are doing service. A renunciate does not need anything. He only needs to do tapasya. Then what is service? We have to send vibrations. We don't even need to speak anything.

The hand of blessings is on all of you. It is wonderful! All we have to do is to continue to smile. Nothing is difficult. The more we meet the Father, the more we become light and the more we receive might. Here we receive light and might and everything becomes right. All your tiredness

*Continued bottom next page*



# GOD'S PART AT THE CONFLUENCE AGE STILL CONTINUES...



*Dadi Janki - 4th December 2019 - Diamond Hall*

Om Shanti, Om Shanti, Om Shanti... Baba has told us that the soul originally resides above this world of five elements. We are now in the world of 5 elements: earth, sky, air, fire and water. These five elements are 'matter'. By coming into body consciousness, the five elements do not co-operate with us. In fact, the body will go far away from co-operating with us. We have to be detached from this body naturally.

Baba has told us that this time is very delicate and we cannot afford to perform any type of wrong action. We have to perform elevated actions. There cannot now be any type of carelessness. Remember that others will see you and follow. I have to be accurate using the foundation 'who am I and 'Who is mine'. When I become aware of who I am and Who is mine — that awareness travels from the heart to the eyes.

What was in today's Murli? Baba repeatedly told us that the Father comes at the Confluence Age. Souls who are struggling are attracted here. There is a song, 'Oh my friend come here. Oh my friends, I have received three jewels in this practical life...'

*Continued from page 8*  
has finished hasn't it? Your ears are listening and your eyes are seeing Baba. Until today, when I see Baba in front of me, I receive light and might.

Your heart is true is it not? Keep only truth in your heart. Everything here is continuing smoothly. Shiv Baba came in the body of Brahma and created this Yagya. See how the Yagya has expanded since the beginning. Baba has taught us how to live economically and in eknami (the name of the one Father). You are all happy and content, aren't you? Some 16,000 Baba's children are sitting here. After this class you will go to eat. Your food has been cooked with love and will be served with love. It's a wonder.  
Om Shanti

Nowhere in the world can they say that the Father is their teacher. He is our Father, our Teacher, the Bestower of Salvation and the Satguru. Baba has told us that now is not the time to remain in darkness. Open your eyes now, while there is still time to open them. Don't keep your eyes closed. Our service is to open the eyes of everyone. Baba has saved us from being drowsy. Remain alert!

Each one's part is fixed in the drama and they will play that part second by second. We carry out actions in the awareness that the Doer is making us do everything. The knowledge of the drama draws our attention. If there is tension, simply add an 'a' and make it into attention.

We are all one. We sit here together and we thank Baba. He is the One who has made us belong to Himself and taught us how to smile. If anyone wants to know about happiness they should be able to come to us [to learn] what is happiness and how to achieve it. This is what we can reveal to people.

We shouldn't keep thinking about what others are doing. Why should I worry about what this one or that one is doing? Let your mind and attitude be very clean. Let there be nothing unclean hidden inside. We know that Baba is pleased with an honest heart. We have to be very truthful to our Father. If we are not truthful then how can the true Father move along with us? We have to tell Baba everything; report everything to Him. I should never try to be cunning in front of the Father. God cannot be tricked.

What does God need? Nothing except for my honest heart. I should never look confused. Rather I should be enjoying myself in this life and that should be revealed on my face. One who is in confusion cannot move along himself and neither can

he make others move along. At least there should be the feeling, 'I belong to Baba, Baba is my teacher and this is a very good study.' Forge your relationship, connection, and communication with God and you will receive light. Relationship simply means, 'I belong to you and you belong to me'.

Who has come? From where He has come? — And what He does — we know this. What will He do in the future? God's part at the Confluence continues. He comes to teach us and has come to take us back home. His role is to take us from one place to another place.

I was asked if I would come to the class. In fact, I don't give classes. I come to meet you. To tell the truth Baba helps me a lot. We have to use time in a beneficial way. One who uses time in a beneficial way is called sensible. This time is to remain in silence. We have to practice remaining in silence — no sound. There is great benefit in this.

We have the return journey ahead of us. We have to return home. To prepare for this, remain aware of who I am and what I have to do now. Baba has come to take us back to the land beyond sound — the land where there is no sound. First, we have to remain silent and go to the subtle world. For this, move into soul consciousness and Someone will pull you with the string of love towards Himself.

Now place your hand on your heart and pay attention to your behaviour. We have come alone. We have to go back alone. Remain intoxicated in the love of Baba as Meera was intoxicated in the love of Krishna. Don't come under the influence of body consciousness. Shrimat says, 'Remain detached from your body'. This is the method to attract God's love. Baba's company is wonderful. There can be no complaints in Baba's company.  
Om Shanti

# LIBERATION MEANS TO BE FREE FROM BONDAGE



***Dadi Janki - 5th December 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... In my heart is so much happiness that I am not able to express it. If any of you want to dance, please dance! Baba gives so many teachings in every Murli – explanations and teachings. Baba tells us to be careful and pay attention. Do not make any mistakes. Never leave Baba's hand and go away. Baba will never leave us and we will never leave Him. We have to keep our promise to Baba.

Baba has told us that our final thoughts will lead us to our destination. If you remain Manmanabhav then everything will be good for you at the final moment. Your body is here. Where is your mind? If your mind has gone somewhere else then raise your hand! Baba has told us that we need to stay in His remembrance for at least 8 hours. For 8 hours we should do service. Whilst on this path of seva and remembrance we have to become equal to Him.

Now we have to use silence. There is sweet silence and there is dead silence. In silence, with great love Baba calls us towards Himself. He says, "Come, my child". He is our Mother, Father, Teacher, Friend, and Satguru. There are these five main relationships to be fulfilled with Baba in our practical lives. Who is the One who is teaching us? What is He teaching? 'Who am I and Who is mine' – this is the essence. Mine is Baba – the Bestower of Fortune. He says, "Child I created your fortune and now you have to create the fortune of others". God has come and He is making us belong to Himself in order to take us home. We will first go home and then come to the Golden Aged world. Baba is taking us. We can now experience the lands of liberation and liberation in life. Liberation means to have no bondages.

Consider yourself lucky to have received the fortune of happiness. If

you keep anything negative in your mind then it will show on your face.

I clearly remember the day Shiv Baba came in the body of Brahma. There was a house in Hyderabad; there were two courtyards and Baba was sitting on a cot in one of them. Dhyani Dadi was Mama's auntie. She prepared food for Mama. She was present there. I saw Shiv Baba shining through Brahma Baba. All Dadis have been multimillion times fortunate to have taken direct sustenance from Baba. Shiv Baba resides up above. He doesn't have His own body. He needed to take Brahma Baba's chariot on loan.

Today I prepared halva and Sindhi curry in the kitchen but not all of you were able to eat it as there was not enough. I will prepare another dish and all of you will eat it! We will use a very big pot and I will feed you all... Om Shanti

## WHO IS IN MY HEART?

***Dadi Janki - 26th December 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... Drama is predestined. Baba has taught us this. Now that we know this, we don't worry. We don't think of the past. I look at the drama as a detached observer and it helps me to remain cheerful. This is a blessing for life. It is blessings that I feel has enabled me to remain light throughout my life. Drama shows us that each one has his/her own part. We don't need to point our finger at anyone. To point my finger at someone is not my religion. We have to perform elevated actions and our religion is peace.

Many of you have come from Punjab. Raise your hands! Now stand up! This is your home. From what to what has Baba changed us? We

are very fortunate. Do you consider yourself to be fortunate? Place your hand on your heart and ask yourself if there is anything or anyone in your heart apart from Baba... If you have only Baba in your heart you will experience supersensuous joy. If you are truthful you will feel that Baba is your Companion. He can then give you light and might.

Sakar Baba stayed with us. Before coming here (to Abu) we were in Sindh. We have been to different places but Baba is now taking us to the Golden Age. From where have we come? And to where do we have to go? We are preparing ourselves here.

We are children of Baba and thus we are all spiritual brothers and sisters. There is no trace of any lokik rela-

tionship here. There is one Baba and we are all His children.

We sit here in peace, happiness, and love. We are filled with virtues. See yourself in this aspect. Ask yourself; 'who am I?' and 'Who is mine?' Our eyes are now open and we are aware. In bhakti we used to sit with our eyes closed. Now we sit with eyes open and we hear Baba's songs while we sit in silence.

Baba is incorporeal and where does He reside? He resides up above and yet the atmosphere here is filled with Baba's love. This is the time when we receive God's love.

I say thanks to Baba for keeping me strong until now. Baba is with me. He is my companion. Baba's mercy and blessings are with us.

Now be detached and loving. See everything whilst being detached. Even whilst talking with others be detached. Om Shanti

# LOOK AT YOUR FACE IN THE MIRROR OF YOUR HEART.

***Dadi Janki - 23rd December 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... We were sitting in remembrance of sweet Baba whilst the song was played. The essence of what Baba teaches is 'Who am I?' and 'Who is mine?' My personal experience is that I need to stay in this awareness. When we think of 'Who is mine', our fingers point upwards. When we think of 'who I am' the finger points inwards to I, the soul. The heart, head and drishti change the atmosphere. If you have anything from the past, don't keep it in your heart, your mind, or your drishti.

Who am I? Whom do I belong to? What am I doing? Baba has made us belong to Himself and has taught us how to smile for all time. We tell Baba that He is with us and that we are with Him. Baba asks us, "Children where are you"? We reply, "Baba we are in Your heart". The heart is a mirror. Baba tells us to look at our faces in the mirror of the heart. Why? Within the cycle of 5,000 years, this Confluence Age is very important. We are with Baba. Baba and Mama are with us. We need to realise the value of the Confluence. The heart says that time is very valuable.

The happiness of being with Baba is also wonderful. Baba gives us drishti and that drishti contains great happiness. Baba's drishti is filled with truth. Let me now not have anything false inside me. Baba has always said that one who is honest dances. The heart knows that if I am truthful then the Father will be pleased with me. Baba is wonderful and the knowledge of the drama is so sweet and good. Each soul has its own part to play. Everyone has a beautiful part. For a few minutes go into the depth of 'who I am' and 'Who is mine'. Baba has taught us such good lessons. Our Baba is wonderful.

We all sit in silence and our silence spreads throughout the world. We

have peace, love, and power and the result of these is happiness. Baba has taught us how to move out of body consciousness and how to remain detached from bodily relationships. This is His love. By being detached from all bodily relationships and being with Baba, there is a wonderful experience. Let me now use my time in a valuable way. Understand how your life should be and live that life. My life should be filled with truth and cleanliness. We have white clothes; our pockets are empty and we tour the world to do service. For this we need an elevated attitude, drishti, and remembrance. I feel so fortunate that Baba has given me the fortune of doing service in the whole world.

With a lot of love say, "My Baba". Baba is yours... He is our Mother first, then our Teacher and Friend. Do you remember Baba in the form of a Friend? He is also the Satguru. Let there be this awareness for all time and think; what do I need to

do now? Now we need to go into silence. Again and again emerge the consciousness of 'who I am' and 'Who is mine'. This will help you to be detached from the body and bodily relationships.

When I sit in silence I intentionally look at myself. Baba has taught us a very good practice of being detached from this body and bodily relationships. Don't think about others or have wasteful thoughts about your own self. Baba liberated us from 'why, why' and taught us to say, 'wah, wah'. He tells us not to see anyone else. It is only now that we receive the key to infinite happiness from God. Take that infinite happiness and let it spread throughout the whole world.

My truth and purity should be very strong. Raise your hand if you feel they are! God has given each one of us a great fortune. Remain egoless. Don't give or take sorrow. Let your vibrations of peace and happiness spread around the world.  
Om Shanti

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## I AM IN GOD'S VISION...

***Dadi Janki - 24th December 2019 - Shantivan India***

Om Shanti, Om Shanti, Om Shanti... Baba has made us virtuous and filled us with true character. He has also filled us with happiness. All of us are close to Baba. We are wearing white clothes now but He is making us into the masters of the entire world. Whilst being detached observers, we are all playing our own parts. We have now stopped asking 'why?' and say only 'wah!'

Baba teaches us how to behave at every moment. He has told us not to sit with our eyes closed as they do in other gatherings. Whose eyes am I sitting in and who is sitting in my eyes? We are all in God's vision. We belong to Him and He belongs to us. Touch your heart and say, "My

Baba". We say 'thanks' to Baba.... All of you are very good.

Who has made me sit here in front of you? Was it Baba or was it you?

Some people ask where I get energy from (Dadi read the Murli in the morning today then went around SV and came in the evening for class). You ask where I get energy from... I am a very innocent child of Baba. I place my hand on my heart... I should make everyone smile... When we say Baba our faces become light, bright, and we smile. The light goes from here to everywhere. This is how we maintain our energy. We have all received the fortune of happiness. How can we not have energy?  
Om Shanti



# NOW IS THE TIME TO MAKE THE ATMOSPHERE VERY POWERFUL

*Dadi Janki - 3rd January 2020 - Shantivan India*

Om Shanti. My (meera) Baba; sweet (mithe) Baba; lovely (pyare) Baba. Today Diamond Hall is not full, yesterday it was. (Many have left today.) Thank you, (shukriye), Baba. Now for two to three minutes let's go into complete silence.

When there is truth and love throughout the day, then peace increases. We need to increase peace each day. There is no need to have thoughts about 'what is good and what is not good'. Throughout every day we have Baba's remembrance so well that we remain unshakeable and immovable.

Everyone celebrated my birthday two days ago and now I am 104 years old. Let there be truth, cleanliness, and simplicity. These are the three things. Let there be truth in our heart and let us not speak anything except truth. Baba is my Baba and we are all brothers and sisters who belong to Him, the One Father. Throughout the whole cycle this is the time to realise that we are the children of the One Father.

Today I read the newsletter showing Dadi Gulzar and myself having a Q&A session. In my cottage I have a beautiful picture of myself with Bapdada. In our eyes is Baba and in His eyes, we are. We have to pay attention to time. We have to use time beneficially. What else do we have to do? We have to take care of our eyes. Baba has made us belong to Him. He has taught us how to smile.

With the attitude of renunciation we become the image of tapasya and then service becomes natural. We are multimillion fortunate ones. At the Confluence Age we become the image of tapasya and this is such a great fortune. This is the Confluence and we are creating our fortune and that of others. We think about service. Now is the time to do this. We have to go to the Golden Age.

There, there is no effort. Now is the time of true effort. What is this? It is not difficult. We do everything out of love.

We make the atmosphere very powerful and that vibration will then reach the whole world. Whilst sitting here we can do this work. Now time is very good. Baba has given us very good signals. He says it is the duty of the sensible children, who in order to go to the Golden Age and rule there, are now using time well to become worthy. Baba is giving and we receive.

Tomorrow and the day after many more will be leaving. From tomorrow class will be in the Conference Hall.

We have to make true effort out of love for Baba. Attitude, drishti, and remembrance. Who are we? To Whom do we belong to? What are we doing? Understand these three things. Baba is always with us and is not going to leave us. We also don't leave Him. He is so sweet and lovely. I am telling you that whatever incognito efforts

you want to do, now is the time in Drama to do it. Whatever you wish to do, I have the feeling Baba will definitely fulfil it. Drama is predestined. Baba makes us all do and we become happy and stop complaints and questions.

***“Baba says everyone is becoming sensible”***

Everything will be done and in this Confluence Age it is the time to become an angel. Our feet are not on the ground. Angels do not have any burdens and remain light. So, remain light and be happy, distribute this, and experience fortune. May no one need to ask you if you are happy. When Baba is with us the heart is very ok.

Sweet and lovely Baba. Now let's listen to and sing songs of happiness. Om Shanti

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## SIMPLY SHARE WHAT YOU HAVE RECEIVED FROM BABA

*Dadi Janki - 13th December 2019 - Shantivan India*

Om Shanti, Om Shanti, Om Shanti... Baba makes us belong to Himself and teaches us how to smile. At the Confluence Age we have to give happiness. (An old film song was played, 'Someone made me belong to himself and taught me how to smile.)

The whole of Rajasthan is here. (It is the turn of Rajasthan for service.) All of you should dance. We have attained a lot from Baba and now we should share that. By doing service we earn a fortune. Baba is the Be-

stower of Fortune and the Bestower of Happiness. You are all present here to create your fortune. You have come here to take a dip in the Ocean haven't you?

We will all now sit in peace. If there is happiness there is peace. When there is peace there is also happiness. When there is happiness we place our hands on our hearts. When there is no happiness we place our hands on our cheeks! Now let yourself experience silence. Om Shanti

# WHERE WILL WE GO NOW?

*Dadi Janki - 30th December 2019 - Shantivan India*



Om Shanti, Om Shanti, Om Shanti... Baba is sweet and lovely; He is the star of my eyes. He is mine... Just say, "Baba is mine" and you will feel His love. That love will work on you... He will say, "You are mine" and you will say, "Yes, I am yours". We are very fortunate because God is our Companion and fortune is in our hands. Baba, You have given us the power of peace. Now where will we go?

You are all very good; you are doing service very well. I say 'thanks' to Baba for keeping me in this body. I stay in this body; I stay together with Baba. We are with God. He is the One who is the Bestower of Fortune. He is the Comforter of Hearts. I can feel that Brahma Baba walks around this hall. We came running to have a meeting with our beloved father. You feel happy sitting in this gathering,

don't you? Within these 5,000 years we only get one chance to meet each other like this. This is a beautiful gathering (20,000 souls have come to for the avyakt meeting with Punjab Zone proving service). We are all sitting here with Baba.

Baba says that we don't need to ask 'why' now. He tells us to simply say 'wah wah'. People ask me how I have the energy to do service but I say I don't do anything. Baba does everything through me. I am simply a soul in this body. Baba is my caretaker. I just have to sit and He gets His work done. I give my hand to Baba and I dance with Him. He is getting everything done.

I have the great fortune to have seen Brahma Baba in the corporeal form. I loved Him a lot. My heart says that Baba is here – he is still with us.

What is in this world for us? There is nothing except Baba. Today Baba said in the Murli that some children leave their Baba and go. Where will anyone go? I felt pain in my heart when I read that. I am whispering in the ears of all of you, "Never make this mistake. Don't miss the class". Now we have to fly home. Let the bird fly. It is the nature of a bird to fly. Baba will take us there because He is our Companion. I tell God that He is very good! I want all of you to take your full fortune – as we are with God who is the Bestower of Fortune. He has come to deliver the jewels of knowledge to us.

It is my birthday soon but I don't want to celebrate that. I say that Baba should come and take me before my birthday comes...  
Om Shanti

# HONESTY, CLEANLINESS AND SIMPLICITY

*Dadi Janki - 2nd January 2020 - Shantivan India*

Om Shanti, Om Shanti, Om Shanti... The body is here; then where can the mind go? The mind stays peaceful where the body is... or is your mind wandering off somewhere? I am very happy to be here with all of you. Baba is happy with us too. We know that Baba is very clever and He is happy when we remember only Him as there is so much benefit for us in that. We keep Baba in front of us. I can feel that Baba is walking around in this hall and looking at us.

You have come from Punjab. I went to many places in Punjab for service. Wherever we go for service Baba remains with us. He gives us support. He doesn't leave us alone.

Yesterday my birthday was celebrated. On the material (a cut out of Dadi), it was written, 'honesty, cleanliness, and simplicity'. That

should be kept here and shown to everyone. Keep this slogan beside Baba's picture.

Never become confused or frightened. I am a soul. The Supreme Soul is my Father. Simply keep this in your mind. Don't ask 'why' or 'how'. Simply say, 'wah'. You will then be able to remain Manmanabhav and Madhyajibhav. In order to see Baba, you will need to be soul conscious. Don't see anyone else, only see Baba. Eat your food and remember Baba. Remember Baba whilst drinking. To remember Baba is our duty.

Our meeting with God takes place only once in 5,000 years. The soul and the Supreme Soul had been separated for so long. Then we were reunited through Brahma Baba, the agent. Shiv Baba is telling us to remain peaceful. Let

there be truth, cleanliness, and simplicity in a practical way. This is the 'key' to a good life – just as I am Jan-ki.

Baba loves us so much and it is He who is making us detached. Your face should be smiling all the time. Maintain a cheerful disposition. The one who prepares food, the one who serves food, and the one who eats – all should have cheerful faces. All we have to do is to remain accurate. Whatever you do, do it accurately whilst saying, 'Wah! My sweet Baba, wah!'

Maintain regard for everyone. Keep your record in this very good. According to the time, everything we do should be very good – very accurate. Nothing should be missed. We are becoming deities but we have to be worthy of that.

Now, keep your intellect plain and move forward by being accurate in every aspect.  
Om Shanti

# BABA IS THE LIVING LIGHT...

*Dadi Janki - 16th January 2020 - Shantivan*

Om Shanti, Om Shanti, Om Shanti... Baba is lovely! He is sweet! Thank you Baba! We have received everything we have ever desired. We don't need money. We don't need handbags. Have you ever seen me holding a handbag or a carrier bag? No, we simply eat two chapattis and stay in remembrance of sweet Baba. This is a subtle matter; we are satisfied – we are happy with Baba and Baba is happy with us. What else do we need? The Comforter of Hearts is sitting in our hearts.

Baba is the One who has brought us to sit here. He is my Friend and my Beloved. He makes everything easy. There is only love and thus there is no difficulty.

***“There is no effort; there is only love”***

When there is love one needs less sleep. I am detached from this body and one who is detached from the body can experience Baba's love. God has made us the conquerors of attachment- all we need actually is Baba. We have the remembrance of Baba in our hearts and this remembrance enables us to keep our heads cool. Your head never gets hot does it?

Baba is the Living Light. He belongs to each one of us. Each one would say that Baba belongs to them. Each one would also say that they belong to Baba. It's this simple. Baba says, “Child, I belong to you”. God is our Companion. It is Baba who has taught us to truly smile.

We have three children; happiness, peace, and love. Does love come first? Or do peace and happiness come first? First, we stop asking ‘why’ and say ‘wah’. Wah Baba wah. Then everything becomes easy. That

which comes to us easily is sweet like milk. If you have to ask for something it becomes like water. Baba tells us never to ask for anything. In fact, we have everything in our lives.

We are playing with jewels and with pearls. Our jewels and pearls increase as we give them away. When we give sweet drishti then others experience a lot of happiness. Whatever we give away increases. There is no nourishment like happiness. In this way our faces never become pale or dry.

Sakar Baba was so wonderful. Avyakt BapDada's part is now also over. Dadi Gulzar is in Mumbai. I would



like to invite Dadi to come here; you are my friend Dadi. She has such a wonderful part. In fact, we are all sitting here in front of Baba. He has placed us in His eyes and taught us how to fly. Fly, O bird...

We are in Baba's home; the home of the Bestower. All He wants us to do is to fly... now leave all types of selfishness and fly...  
Om Shanti

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## KEEP SEEING BABA IN FRONT OF YOU...

*Dadi Janki - 19th November 2019 – Shantivan India*

Om Shanti, Om Shanti, Om Shanti... Let me tell you about five things that are essential to the soul on the journey of life. First is purity, second is truth, third is patience, fourth is humility, and then sweetness. Humility is essential and with it comes sweetness. These five things should be natural in our lives. Then we will be light, we can receive might, and everything becomes right. I can see from your faces and behaviour that you have all imbibed these five virtues.

Baba's children are wonderful. We

remain light and we are receiving might from above. I am a soul; the Supreme Soul is mine. He is our Companion.

The atmosphere is wonderful here. Sit up. Don't put your hand on your cheek... Each and every aspect of drama is accurate. Everything is predestined in the drama. May you always be happy! May you live a long life! If there is anything else then tell Baba honestly about it and leave it in the past. We are Baba's children. Keep seeing Baba in front of you.  
Om Shanti

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*Dadi - Reflections - Continued from page 15*

and incognito exchange. What will we talk about? Service and self-progress. Baba has made us belong to Him and taught us how to smile – we will see that scene. Thank you.

Sister Jayanti: Seeing Dadi, we receive the inspiration that no matter what the condition of Dadi's body is, Dadi's churning of knowledge continues all the time. Very good things of Baba continue to emerge from Dadi's lips. Dadi's stage is beyond all these things here. Dadi says: Drama is wonderful. I also think wonderful Baba has created a wonderful Dadi. We take so many inspirations from the Dadis and this Dadi is also in front of us, giving us inspirations all the time. Om Shanti



# DADI - REFLECTIONS

**8th February 2020**

The first “Om shanti” I say to myself, then to Baba. Now, whoever is sitting in front of me, in this environment, I am saying “om shanti” to you. Where have I come now? Look, I am now in the hospital and will have to stay here for a couple more days. It is good. Baba is keeping this soul in this body for one reason or another and making me move.

We have to pay attention to all three – knowledge, yoga and dharna. There is a lot of benefit in that.

- What is knowledge – for the mind to be manamanabhav.
- Yoga is none other belongs to I, the soul.
- What is dharna? - Attention – never having any tension about anything.

I am a unique soul, and I move along drawing Baba’s love and Baba is making me move.

O man, look at your face in the mirror of your heart. (Song: Mukhda dekh le prani) The mirror is the knowledge that Baba has given us which is wonderful. The mind is peaceful. The intellect doesn’t wander anywhere, it is unshakable and immovable. This has become a natural sanskar of the soul. My deep desire is for each soul to naturally have knowledge of the soul. With a connection with God, the soul receives light and might and everything becomes right.

Scholars and pundits say that they want peace of mind. We cannot say this because we souls are embodiments of peace. The mind is never mischievous or fluctuating and the intellect is clear with a connection with God. This part is wonderful. God, the Father, has made this soul an instrument and is making me do everything. Why do I remember God?

Because I receive sakaash from Him. I receive both sakaash and love.

I have to create such a world where the mind is quiet and the body is serene (cool). (Traffic control song: Man ho shant, tan ho sheetal, aisi duniya banani hai).

## DADI - REFLECTIONS

**9th February 2020**

Om Shanti. One om shanti is that I am detached from all bodily relations.

Second om shanti is that I have come in connection with Baba.

Third om shanti is for God’s love spreading in the world.

It is the wonder of spirituality, honesty, and love. He is making me do everything, and so everything is fine and good. I don’t have to think about anything else. Today, I am here and who knows where I will be tomorrow. Whatever Karankaravanhar Baba is making me do, Baba is pleased with me and I am pleased with Baba. I understand what happiness is. Whatever Baba is making me do, if I the soul am doing just that, then I am very happy.

I have seen that the knowledge of the drama has given me a lot of happiness at every step. In the early days, when Baba was in Hyderabad, Sindh, Baba had two courtyards outside his home. Yesterday, I remembered the scene when Baba gave me drishti and made me completely detached from the body. That drishti made me become merged in the Father’s love. I mustn’t think about why something happened the way it did. After that, everything began to feel good and I experienced peace. Baba gives peace and we become peaceful. It is wonderful. He is the Almighty Authority, the One with all powers. His power makes us light and detached from the body and we receive might.

Now, there is just this desire that sorrow and peacelessness is removed from the world and peace and happi-

ness come. Understand? Let there be spiritual love for one another. It is only with this spiritual love that the hopes and feelings that Baba has for us will be fulfilled.

Now, I am sitting in the hospital and I will be in the hospital for a couple more days. The body is just instrumental, but I am seeing that wherever I set foot, there is an income earned. Where was I yesterday, what am I today, where will I be tomorrow – only God knows! This is my fortune.

Hansa tells me every day to send loving remembrance to all of you, and so I am meeting all of you in this way every day.

Om Shanti

## DADI - REFLECTIONS

**10th February 2020**

What has sweet Baba made us into from what we were with ‘Om shanti’! Generally, I say “Om shanti” three times. Baba, You have made a garland around Your neck. Night before last, I was feeling as though Baba was pulling me. I said: Baba, it’s fine, I can come now.

Whoever has sent me love and remembrance, I happily accepted that with love. Those who remembered me even a little, please give them my love-filled remembrance. Last night, my health was not so good and today, I am sitting here. It doesn’t matter, because Baba is also sitting here. Who am I and who is mine? Mine is wonderful Baba and we are the children of wonderful Baba.

Just as Baba has given me love through drishti and taught me how to smile naturally, in the same way, let everyone’s faces always be smiling. Seeing my face, let everyone begin to smile. Some say that I am a patient and seeing patience in the patient, they become happy. I had thought that I would be able to go from here yesterday, but doctors have advised me to stay here a couple more days. Sister Jayanti has also come here. So, we shall have a deep

*Continued bottom page 14*

# UNDERSTAND YOUR FORTUNE...

*Dadi Janki - 14th November 2019 – Shantivan India*



Om Shanti, Om Shanti, Om Shanti... Baba loves His children and the children love Baba. Where else will we find such love? Baba is in our hearts and our eyes.

Diamond Hall is full today. We are sitting in silence a spreading truth, love, and power into the whole world! Let everyone in the world experience this! What does Baba want? He wants all His children to be happy. He wants all His children to live long lives. He wants us to remember only that which is necessary and to forget the past. We should only create thoughts which make us light. We have to remain light and thus be able to receive might from Baba. Then, whatever thoughts emerge will be accurate and right.

Let me not now create wasteful or negative thoughts. Let me pay attention and thus finish tension. If you feel yourself getting tense then simply apply an 'a' and pay attention. We should not think anything which is not necessary. Let there be truth, love, and power in me. The power of truth and love will change the atmosphere here and then that will spread into the atmosphere and the atmosphere in other places will also change. All of you sitting here are receiving the power of truth, happiness, love, and peace. Let us do the service Baba has given us of spreading these into the atmosphere.

Let your practical life be free from negativity. Understand your own fortune! What do I need to remain aware of? Who I am and Who is mine. I am a soul and the Supreme Soul is mine. We are fortunate and it is God who has made us fortunate. In the beginning we were asked what we had brought with us. I said, "I have brought my fortune with me". It is fortune to be involved in service.

You have experienced Baba haven't you? He is making us dance on His finger. We are dancing on His finger yet in the world there is great sorrow. The whole world is fluctuating. All that sorrow and all the lies... those have to be destroyed. Then only the power of peace will remain. Let your mind be Manmanabhav. Baba tells us to place our minds in Him. Don't go into the negativity of the things of the world. Don't think about them or speak about them or they will affect you. Also leave the past by being honest with Baba. If you are honest with Baba about your mistakes then He will forgive you.

Baba is pleased with an honest heart. You are Baba's lovely child and He is your lovely Father. He is the

Comforter of Hearts, never forget this. Touch your heart and be honest with Baba. Baba will then be content with you. We have to keep our Father content with our honest hearts. One who remains content will remain happy. One who is happy is content. Such a soul can never upset anyone. To remain happy is also a fortune. Baba wants us to remain in happiness day and night.

Sit in silence and take power from Baba. That power will then stay with you throughout the day. Baba is the truth. Let maya try to come in any form but simply remain aware that she cannot touch you. One type of maya is 'I want this, I want that'. In fact, we don't need anything. We sit in God's home and we have His teachings. Baba is my Companion and I simply have to experience this. Give the experience of having God as your Companion to others and let others have that same experience.

This is the short moment of the Confluence Age. Throughout the whole kalpa, this moment of the Confluence is very precious. We belong to God and we make Him belong to us. We become His companions in service. When we remember Him, we receive power. This is what the power of yoga is.

There are the subjects of gyan, yoga, dharna and service and we have to take full marks in each subject. We have to serve the whole world with an honest heart. However, without remembrance how can you do service? Remembrance makes service easy and natural. Accumulate the power of remembrance... pay attention to this. Don't have tension unnecessarily. Manmanabhav!

When we are in the ascending stage there is benefit for all. At the Confluence we have to make everything beneficial. We will be in the Golden Age soon. I request each one of you to remain in truth and love throughout the day and throughout the night. It will then be said that God has performed wonders.

Baba has made us belong to Himself and taught us how to smile. Thanks to this everything has become easy. Always remember this.

Let us now sit in deep silence.

Om Shanti

