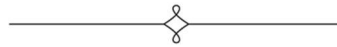


Angel Session #5

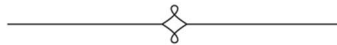


Emerging Angel by Kris Larson



“By constantly having the form and the task in your awareness at the same time, you will be able to perform wonders.” AVBD 1972

Step 1: Read the murli below and while reading, keep a list of the signs and specialities of the angel.



05/02/09

Avyakt BapDada

05/02/09

While doing service, stay in the angelic stage of being double-light; practise being bodiless.

Today, BapDada is seeing three forms of the children everywhere. Just as you know the three forms of the Father, in the same way, He was seeing three forms of the children which are the aim and qualifications of this confluence age. One is the Brahmin form, the second is the angelic form and the third is the deity form. Brahmins are to become angels and angels are to become deities. So, at present, what is the special

aim that remains in front of you? You cannot become deities without becoming angels. So, according to the present time and your effort, your aim is to become an angel. The perfect form of the confluence age is an angel who will become a deity. You know the definition of an angel. An angel means one who is light in relationships, sanskars and thoughts in the old world, light even in the old sanskars. Not just to be light in your old sanskars, nature and the world, but an angel means one who has lightness while coming into relationship with everyone and with everyone's nature and sanskars. What is the sign of this lightness? Those angelic souls would have love for everyone, not just love for some, but love for all, just as for the Father. For Father Brahma, you all consider him to be your father. You say, "My Baba!" Such an angel means one who is loved by everyone. Some children think that Brahma Baba was Brahma, but all of you have seen among Brahmin souls just like yourselves that your beloved Dadi was loved by everyone, and everyone said from their own experience with a lot of love, "My Dadi". In terms of nature, sanskars and while living in the old world she remained loving and detached. Everyone said with a right, "My Dadi!" So what was the reason? She herself was light in her nature and sanskars. She gave everyone the feeling of belonging. She was an example. You also saw Jagadamba. Some think that she was the World Mother. However, Dadi was a companion of your Brahmin family. Whenever you heard of her efforts or if you asked her about it, she would always say: We have to become karmateet. In the deep desire to become karmateet she would also repeatedly remind others of the same thing. So, for every Brahmin, this should be the special aim and qualification. It is, but it is numberwise. There should only be this desire now: We definitely have to become angels. Angels means those who are detached from the physical body, those who always have a body of light. Angels means kings of the physical organs.

An angel is one who is a self- sovereign. Such a self-sovereign is one with a form of light. Whenever you meet anyone who is stable in the light of the double-light stage, then the awareness of the soul, the light, would be visible on that one's forehead. Now, always keep the aim and qualifications of intense effort in an emerged form. You saw what was visible in Father Brahma when anyone met him or took drishti (vision) from him. In the last stages, you experienced that even while talking Father Brahma would mostly remain stable in the sweet bodiless stage. No matter how much service news others had to share, Baba would give them the experience of being bodiless in a second. And, if you were to check in the murlis, how many times Baba would remind you of the same lesson of the soul again and again, "I am a bodiless soul." So now, according to the time, the little things of detail, the things of nature and sanskars take you far from the bodiless stage. Now, there has to be transformation.

BapDada saw that the result of service is good. The majority of you have zeal and enthusiasm for service, and you also continue to make plans, but, together with doing service, it is also necessary to give the message. The atmosphere of being bodiless requires less effort and creates a greater impact. Of course, people enjoy

what they hear, but they have an experience through the atmosphere and the drishti of being bodiless and an experience is never forgotten. So now, in service, let there be the addition of the concern for becoming angelic. Give one or other experience of peace, happiness, joy or spiritual love. Through the love in your behaviour and the hospitality you offer, through your relationships and family, they depart with an experience, but now specially pay attention to giving the feeling of supersensuous joy and spiritual intoxication of peace through the atmosphere and vibrations. Give them a special experience of one thing or another. Just as they depart impressed with the systems they see here - they haven't found such a system of family love anywhere else - so they should depart also having experienced some such power or attainment from here. What did Baba see as a result at the present time? That you have worked hard, but up to now people have just been saying that the Brahma Kumaris are doing good work and that the knowledge of the Brahma Kumaris is good. But who is the One who is giving it? Who is running all of this? Who is the Source? Hearing the word "Baba" as God from all of you, they say, "Their Baba". When they say "My Baba is that same One", when they recognize there is only One God, One Father this is the true service of the angel.

Your influence will spread into the atmosphere through the angelic stage. They say they receive light through your drishti (vision), that "the light of spirituality is visible in their drishti." So, now have the aim of making intense effort to become a double-light angel. While walking and moving around, increase the experience of the angelic form. Increase the experience of the bodiless stage. Be double-light in your nature and sanskars in order to finish any thoughts within a second. Some children say that they do remain light, but that others don't know them. However, the light of such double-light angels, those who are double-light, cannot remain hidden. Even a small torch light or a lit matchstick cannot remain hidden, whereas this is spiritual light, and so, through your atmosphere, give them the experience of who you are. Whether it was Mama or Dadi, they didn't say that no one knows them. Through their atmosphere, they remained loving to all. This is why the example of Dadi is given because, for Father Brahma, you think that Shiv Baba was in him. For Father Shiva, you think: "He is incorporeal anyway; He is detached and incorporeal whereas we are corporeal bodily beings. We are living in such a big gathering, we are living in the midst of everyone's sanskars." To harmonise the sanskars means to become an angel. Seeing the sanskars, some children become disheartened. Baba is very good, Father Brahma is very good, knowledge is very good, the attainment is very good. However, to harmonise your sanskars means to be loving to everyone, not loving to just some, because some children say that you develop love for some on seeing their speciality. "This one's lecture is very good. This one has this very good speciality. This one speaks very well." These obstacles come in your becoming angels. You may be loving, but you, the soul, are detached: be loving to all with your stage of detachment. Do not be loving because of the speciality. "I like this one's virtue very much." You may imbibe that, but to be loving just because of that is wrong. An angel loves everyone. Each one should say, "Mine". There should be the feeling of belonging.

Two things create obstacles to such an angelic stage. One is the awareness (bhaan) of the body and everyone has the natural experience of that; the awareness of the body of 63 births arises naturally. The other is the ego (abhimaan) of the body. The awareness of the body and the ego of the body. The further you progress in knowledge, the more you sometimes have ego about your own self and that ego brings you down. Why is there ego of the body? Whatever speciality you have, there is arrogance because of that speciality. “Am I any less? Everyone loves my lectures. The service that I do creates an impact. My handling is very good. The way I give courses is good.” As you make further progress in knowledge or in service, there is this arrogance of the self, or you have love for the virtue, talent or speciality of others. However, whom would you remember? You would only remember body consciousness. “So and so has a very good intellect. My handling is very good.” Those who move forward in service or their efforts have this arrogance. So check this. The method to check whether those who have arrogance truly do have that arrogance is: Whenever someone insults (apmaan) them or their ideas, advice, talent or their handling even slightly, they will very quickly have feelings about that. And when they feel insulted, an even more subtle sign of that is that it will create anger in them; there is also bossiness. That will not allow you to become angels. So, according to the present time, BapDada is giving you a signal once again: Reveal in your life the angelic form, the last form of the confluence age. Bring it into the corporeal form. By becoming an angel, it will become very easy to become bodiless. Check yourself: There isn’t attachment even to your own speciality or to someone else’s, even in a subtle way, is there? Is there any arrogance? Sometimes, even over a trivial matter, some children’s stage fluctuates. Then, instead of having a happy heart and a happy face, either their face is full of thoughts or full of worry, and while moving along they become disheartened. Instead of being happy-hearted, you become disheartened. So, do you understand? Now, make the sanskars of the angelic stage, the last stage of the confluence age emerge. You saw Father Brahma. You have to follow the father, do you not? Many children experienced in the last stages, when they came to relate their news, that Baba was beyond the news, beyond sound. They would come to relate news of situations, they would come having made many plans, thinking, “I will tell Baba about this and this. I will ask Baba this”, but when they came in front of Baba, they would forget what they had to say. That is the angelic stage. So, what lesson did you make firm today? Who am I? An angel. Remain beyond situations, specialities, your own specialities and the awareness of the body. Be a double-light angel because without becoming an angel you cannot claim a high status of a deity. Achcha.

* * * O M S H A N T I * * *

Step 2: Watch the video on your playlist entitled, 'The Signs and Specialities of an Angel'. In the video you will see pictures of Brahma Baba and Dadiji. Each picture will remain on the screen for 30 seconds. As you look at each picture:

- i) try to 'catch' and name the signs and specialities of an angel.
- ii) see what is inspiring in your effort to become an angel?

Step 3: Stop and absorb what you have felt and seen. Think about your own life and how it would look and feel to have the specialities of an angel as you interact in your relationships and with your world.

Step 4: Listen to the guided visualization video on your playlist entitled, 'Being an Angel'.

Step 5: Conclude this session by writing in your journal - the insights or realizations you have had about yourself and what you will do moving forward.

