

1. On Wednesday Sept 23rd between 10am -6pm , please post the video and the body text across FB, IG & Twitter. Video is attached in a separate file.

Got 2020 Stresses?Join us Oct. 2. For Peace in the Park, Breathe Peace at 3:30. We're coming to your house this year. Learn to Breathe Again in 2020. Join Us On YouTube Watch live: <https://linktr.ee/bkny> #BreathePeace #meditation #mindfulness #peace #breathe #performance #peaceofmind

2. On Friday Sept 25th between 10am - 5pm, please post the following images with text on its corresponding social media platform accordingly.



Twitter image:



Twitter text:

Join Us On Zoom. For soulful performances that will move you. More incredible performances by Paul Luffenegger, Michelle DellaFave and Jiali Wang. Watch live: <https://linktr.ee/bkny> #BreathePeace #meditation #mindfulness #peace #breathe #performance #peaceofmind


FB image:


peace  in the park 


Breathe Peace
Friday, Oct 2nd 2020
3:30pm-5:15pm (EST)

A virtual celebration dedicated to
UN International Days of Peace
and Nonviolence


Performances by Celebrated Artistes


Paul Luftenegger
International Multi Award
Winning Singer/Songwriter/
Composer


Michelle DellaFave
Singer, Actress, Dancer
& Former Golddigger on the
Dean Martin Show


Jiali Wang
Award-winning Dance Artist
and Choreographer

To attend, watch live or know more, visit <https://linktr.ee/bkny>

Organized by  BRAHMA KUMARIS **#PeaceOfMind**

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Instagram image:

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