



3D Healthcare for Healthy Heart Amazing Doctrine of Time Cycle Art and Science of Rajyoga Balance Sheet of life

Balance, Blessings & Bliss

Call of Time Caring is Healing

Genes, Emotions and Mind Power

The Diamond Project for Diabetes Management

Meditation: Transforming Lives

Miracles of Meditation

One Decision that Will Change My Life

Power of Thought

Quantum healing

Recognizing the Higher Power **Self Realisation**

Spiritual Metamorphosis of the Mind through Rajyoga Dr. Avdesh Sharma

Striking Balance: Enjoying Life Successful and Happy Life The Medical Jay Walking The Relationship Cure

VIHASA **Guidelines For The** Registration

Senior doctors of all systems of medicine and health care professionals in medical research inclined to spirituality are eligible along with spouse.

Children, family members other than spouse and delegates who have attended the conference. please excuse.

Delegates are required to abstain from smoking and alcohol during

their stay at Shantivan.

Peace of Mind CHANNEL #1065

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Dr. Satish Gupta

BK Shielu BK Shielu BK Shivani

Dr. Sachin Parab

BK Geeta BK Shivani

Dr. Mohit Gupta Dr. Shrimant Sahu

Panel

Prof. Dr. Swaminathan

BK Geeta BK Surva Dr. Girish Patel **BK Shielu BK Shielu**

Panel **BK Surya** Dr. BK Sachin **BK Shivani** Mini Work Shop

Correspondence

Dr. Banarsilal Sah.

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Online Registration:

Nearest Airports:

Registration Is free... But subject To confirmation

www.bkmedicalwing.org Udaipur 156 km & Ahmedabad 202 km

> **Nearest Railway** Station:

Abu Road 6 km

Your BK Centre:



39th NATIONAL CONFERENCE ON

MIND-BODY MEDICINE

21st November (Sight Seeing Mount Abu) & Registration 22nd November at 7:00 am to 24th November 10:00 pm, 2019

Venue:

Brahma Kumaris Shantivan, Abu Road, Rajasthan

YOU ARE CORDIALLY INVITED



RAJAYOGA MEDITATION

stabilizes the mind, reduces stress, control waste thoughts, brings true happiness & peaceful life.



Organised by **MEDICAL WING**

(Rajyoga Education & Research Foundation) **Global Hospital & Research Centre Trust**

Under the patronage of PRAJAPITA BRAHMA KUMARIS ISHWARIYA VISHWA VIDYALAYA



Cordial Invitation

Dear spiritual brother/sister,

The healing fraternity across the country will be coming together at this extra ordinary event to uncover the unhealed emotional health of the healers. The stress and pressures of the day to day life of a doctor remain either hidden or neglected. This unique conference provides an opportunity and tools for finding what feeds for your inner self and to get your own need of knowing yourself fulfilled.

We feel a deep sense of divine love and connectedness with you, as we invite you to your own home, Shantivan the international head quarter of Brahma Kumaris, Abu Road, Rajasthan for the 39th National Conference on Mind Body Medicine.

In this conference, you will be introduced to effective cutting-edge state of the art research and practices from the highest caliber of expert practitioners, who expand awareness from across the healing spectrum across the globe.

You will enjoy memorable moments through out the conference to help inspire and refine your abilities. You may experience paradigm shift in your own healing and increased level of perception to motivate functional changes in your self and the working staff around you. You can move towards being the best that you can be. This is your opportunity to grow and share with like minded people because what we can accomplish together has no limits except in our imagination.

The magnificent Shantivan complex on the foot hills of Aravalli is a perfect place for embarking on the journey of self-exploration. The ambience of the place will fill you with renewed energy, positivity, divinity and serenity.

Looking forward to greet you at Shantivan.

Dr. ASHOK MEHTA MS, FRCS, FICS
President
Medical Wing

Dr. BANARSILAL SAH Secretary Medical Wing



Brahma Kumaris

The Brahma Kumaris is an international NGO of the UN accredited with General consultative status with the ECOSOC; Associate Status with the DPI; Consultative Status with UNICEF; Observer Status to the UNEP; an Observer Organisation to UNFCCC; a Flagship Member of ERP, FAO. The organisation has completed 85 glorious years of service to humanity. It recognises intrinsic goodness of every human being and helps to rediscover it within each one of us. It has been honoured with 7 Peace Messenger Awards by the United Nations.

The organisation through its 4,000 associate centers in over 135 countries, offers education in human, moral and spiritual values and has made peace, love and happiness a sustainable experience in the lives of millions of people using spiritual principles, Raja Yoga meditation and Yogic lifestyle.



Prajapita Brahma Baba Founding Father



Rev. Dr. Dadi Janki ji Chief of Brahma Kumaris

Medical Wing

The Rajyoga Education and Research Foundation through its 20 wings, which includes the Medical Wing, imparts Spiritual Life Skills for personal and professional empowerment to every segment of society. The Medical Wing(estd. 1985) promotes holistic lifestyle, positive thinking, stress management, and health education programmes. It has organised over 250 holistic health fairs. Its project 'My India, Healthy India' was recognised by the India Book of Records as the longest distance health awareness campaign. With its more than 2000 members, Medical Wing is taking wellness to millions with its projects - Reversal of Coronary Artery Disease, Deaddiction, The Diamond Project for Diabetes Management, Divine Mother-Baby, Holistic Health Education Camps and many others.

Global Hospital & Research Centre Trust

The GHRC Trust runs a 120-bed hospital - J. Watumull Global Hospital & Research Centre at Mount Abu and G.V. Modi Rural Hospital, P.C. Parmar Eye Hospital and Radha Mohan Mehrotra Trauma Centre in Abu Talhati. The trust was entrusted the management of BSES Municipal General Hospital, Andheri (W), Mumbai in 2002 - a multispeciality hospital under public-private partnership.

Janki Foundation for Global Healthcare Centre

Janki Foundation for Global Healthcare is a UK-based healthcare charity, which encourages both research and awareness in the field of spirituality and health. The Foundation has developed an experiential programme of "Values in Healthcare - A Spiritual Approach" (VIHASA) which meets the spiritual needs of patients and self care of healthcare professionals.