

Programme Booklet



University & College Educators' Conference
on

Values and Spirituality for Overcoming Challenges

■ **Date:** 17th to 21st May, 2019

■ **Venue:** Academy for a Better World,
Gyan Sarovar, Mount Abu (Rajasthan)



Organised and Hosted by:

**Education Wing, Rajyoga Education & Research Foundation and
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya**

World HQs.: Mount Abu (Rajasthan), India

Websites: www.bkvalueeducation.in, www.brahmakumaris.com

Programme

● Friday, 17th May, 2019

- 09.00 am to 05.00 pm : Arrival & Registration
- 05.30 pm to 06.00 pm : Video Show
- 06.00 pm to 08.00 pm : **Reception Session**

● Saturday, 18th May, 2019

- 06.30 am to 07.00 am : *Stretching Exercise / Walk in the Nature*
- 07.00 am to 08.15 am : **Meditation Session I: Exploring my Spiritual Identity**
- 09.00 am to 10.00 am : **Talk 1: De-cluttering the Mind**
- 10.00 am to 01.00 pm : **Inaugural Session:**
Values and Spirituality for Overcoming Challenges
- 03.00 pm to 04.30 pm : **8 Workshops:** Educators as Inspirational Leaders
- 05.00 pm to 06.15 pm : **Session I:** A Unique Concept of Rajyoga Thought Lab
- 06.30 pm to 07.30 pm : **Experience Session:**
Inner Stability for Challenging Times
- 08.30 pm to 09.30 pm : **History of Brahma Kumaris**

● Sunday, 19th May, 2019

- 06.30 am to 07.00 am : *Stretching Exercise / Walk in the Nature*
- 07.00 am to 08.15 am : **Meditation Session II: Awareness of The Supreme**
- 09.30 am to 11.00 am : **Session II:**
Integration of Value Education for Academic Excellence
- 11.00 am to 01.00 pm : **Session III:** Spiritual Lifestyle for Facing Challenges
- 03.00 pm to 04.30 pm : **Session IV:** Ecology and Spirituality
- 05.00 pm to 06.00 pm : **Talk 2:** Pillars of Learning
- 06.00 pm to 08.00 pm : **Valedictory Session:**
Education for an Enlightened Society
- 09.00 pm to 10.00 pm : **Musical Evening**

● Monday, 20th May, 2019

- 06.30 am to 07.00 am : *Stretching Exercise / Walk in the Nature*
- 07.00 am to 08.15 am : **Meditation Session III: Method and Basis of Meditation**
- 09.30 am to 11.00 am : **Talk 3:** Exploring Inner Powers
- 01.00 pm onwards : Mount Abu Sight Seeing

● Tuesday, 21st May, 2019

- 06.30 am to 07.00 am : *Stretching Exercise / Walk in the Nature*
- 07.00 am to 08.15 am : **Meditation Session IV: Cycle of Time**
- 09.30 am onwards : Departure for a New Beginning

Friday, May 17th, 2019

Venue: Harmony Hall

05.30 pm to 06.00 pm : **Video Show**

06.00 pm to 08.00 pm

RECEPTION SESSION

Topic: Values and Spirituality for Overcoming Challenges

Welcome Speech	:	Dr. B.K. Loganathan Principal, Chartered Institute of Technology, Abu Road
About BKs & Education wing	:	B.K. Suman National Co-ordinator, Education Wing, RERF, Mount Abu
Speech	:	B.K. Lakshmi Executive Member, Education Wing, Hansi
Guests of Honour	:	Dr. Rajesh Dixit Vice-Chancellor, Renaissance University, Indore
	:	Dr. Amar Prakash Garg Vice Chancellor, Shobhit University, Meerut
	:	Dr. Radha Krishnan Pillai Deputy Director, Chanakya International Institute of Leadership Studies, University of Mumbai
Guided Meditation	:	B.K. Anuradha Executive Member, Education Wing, Mumbai
Chairperson	:	Rajyogini Dr. Nirmala Didi Director, Gyan Sarovar, Mount Abu

Stage Co-ordinator	:	B.K. Shivika HQs. Co-ordinator, Education Wing, RERF, Shantivan
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Distribution of Godly Gifts to all Participants

RAJYOGA MEDITATION

Saturday, May 18th, 2019

Venue: Harmony Hall

- 06.30 am to 07.00 am : **Stretching Exercise**
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.15 am : **Meditation Session - I**
Topic: Exploring my Spiritual Identity
- Speaker : **Rajyogini B.K. Usha**
Senior Rajyoga Teacher, Mount Abu

Saturday, May 18th, 2019

Venue: Harmony Hall

09.00 am to 10.00 am

TALK - 1

Topic: De-Cluttering the Mind

- Speaker : **Prof. B.K. Gireesh**
Motivational Speaker, Mumbai

Saturday, May 18th, 2019
10.00 am to 01.00 pm

Venue: Harmony Hall

INAUGURAL SESSION

Topic: Values and Spirituality for Overcoming Challenges

Welcome Speech	:	Dr. R.P. Gupta HQs. Co-ordinator, Distance Value Education Programs, RERF
About Value Education Programmes in different Universities	:	Dr. B.K. Pandiamani Director, Distance Value Education Programs, RERF
Inspirations	:	Dr. B.K. Harish Shukla National Co-ordinator, Edu. Wing, RERF
Speech and Meditation Experience	:	Rajyogini B.K. Shiela Vice-Chairperson, Education Wing, RERF
Guests of Honour	:	Dr. N.H. Siddalinga Swamy Director, AICTE, Delhi
	:	Prof. Himanshu Pandya Vice-Chancellor, Gujarat University, Ahmedabad
	:	Dr. Ganapathy Bhaskaran Vice-Chancellor, Tamil University, Thanjavur
	:	Shri Vallabhbhai Patel President, Kadi Sarva Vishwa Vidyalaya, Gandhinagar
Blessings	:	Rajyogini B.K. Shukla Didi Director, Om Shanti Retreat Centre, Gurugram
Chairperson	:	Rajyogi Dr. B.K. Mruthyunjaya Chairperson, Education Wing, RERF

Stage Co-ordinator	:	B.K. Kiran Regional Co-ordinator, Education Wing, Madhya Pradesh
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Saturday, May 18th, 2019
03.00 pm to 04.30 pm

Venue: Training Centre Halls

WORKSHOPS

Topic: Educators as Inspirational Leaders

*8 simultaneous workshops
in different halls of
Training Centre*

Saturday, May 18th, 2019
05.00 pm to 06.15 pm

Venue: Harmony Hall

SESSION - 1

Topic: A Unique Concept of Rajyoga Thought Lab

Chairperson : **Dr. Smt. V. Vijaya Lakshmi**
Joint Commissioner, KVS, Delhi

Sharing of Experience : **B.K. Sudesh**
Executive Member, Education Wing,
New Delhi

Presenter &
Stage Co-ordinator : **B.K. Supriya**
Co-ordinator, Rajyoga Thought Lab,
Shantivan

Saturday, May 18th, 2019
06.30 pm to 07.30 pm

Venue: Dadi Janki Park

EXPERIENCE SESSION

Topic: Inner Stability for Challenging Times

Speaker : **B.K. Anjali**
Zonal Co-ordinator, Education Wing,
Telangana

Saturday, May 18th, 2019
08.30 pm to 09.30 pm

Venue: Harmony Hall

**HISTORY
OF
BRAHMA KUMARIS**

by Dr. B.K. Savita
Senior Rajyoga Teacher, Mount Abu

RAJYOGA MEDITATION

Sunday, May 19th, 2019

Venue: Harmony Hall

- 06.30 am to 07.00 am : **Stretching Exercise**
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.15 am : **Meditation Session - II**
Topic: Awareness of The Supreme
- Speaker : **Rajyogini B.K. Sheilu**
Senior Rajyoga Teacher, Mount Abu

Sunday, May 19th, 2019

Venue: Harmony Hall

09.30 am to 11:00 am

SESSION - 2

Topic: Integration of Value Education for Academic Excellence

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- Speech : **Dr. B.K. Seema**
Executive Member, Education Wing, Ludhiana
- Guest of Honour : **Prof. Ramesh Chandra G. Kothari**
Former Vice Chancellor, VNSGU, Surat
- Chairperson : **Dr. Srihari Honwad**
ProVost, MIT - World Peace University, Pune
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- Stage Co-ordinator : **B.K. Divya**
Executive Member, Education Wing, Delhi

Sunday, May 19th, 2019
11.00 am to 01:00 pm

Venue: Harmony Hall

SESSION - 3

Topic: Spiritual Lifestyle for Facing Challenges

Speech	:	Prof. B.K. Mukesh Zonal Co-ordinator, Education Wing, Raj. Zone
Guest of Honour	:	Dr. Neenu Teckchandani Joint Director, National Institute of Fashion Technology, Delhi
Chairperson	:	Prof. P. N. Shastry Vice Chancellor, Rashtriya Sanskrit Sansthan, Delhi

Stage Co-ordinator	:	B.K. Neha Executive Member, Education Wing, Delhi
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Sunday, May 19th, 2019
03:00 pm to 04:30 pm

Venue: Harmony Hall

SESSION - 4

Topic: Ecology and Spirituality

Chairperson	:	Dr. Madhukar M. Waware Deputy Director, AICTE, Delhi
Presenters	:	B.K. Shantanu & B.K. Shrinidhi

Sunday, May 19th, 2019
05:00 pm to 06:00 pm

Venue: Harmony Hall

TALK - 2

Topic: Pillars of Education

Speaker : **B.K. Suman**
National Co-ordinator,
Education Wing, RERF, Mount Abu

Sunday, May 19th, 2019
06.00 pm to 08.00 pm

Venue: Harmony Hall

VALEDICTORY SESSION

Topic: Education for an Enlightened Society

Welcome Speech : **B.K. Hardeep**
Executive Member, Education Wing, Ludhiana

Speech : **Dr. B.K. Mamata**
Regional Co-ordinator, Education Wing, Gujarat

Guests of Honour : **Dr. G.K. Prabhu**
President, Manipal University, Jaipur

: **Dr. Ved Vyas Dwivedi**
Vice-Chancellor,
C.U. Shah University, Surendranagar

: **Prof. Cdr. Bhushan Dewan**
Former Pro Vice-Chancellor,
AKS University Satna

: **Prof. (Dr.) Sanjay Kumar Jha**
Director, Applied Linguistics,
Amity School of Liberal Arts,
Amity University Haryana, Gurugram

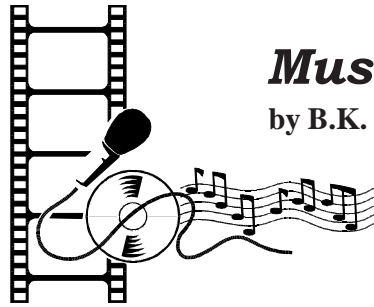
Report & Vote
of Thanks : **Dr. B.K. Ved Guliani**
Executive Member, Education Wing, Hisar

Chairperson : **Rajyogi Dr. B.K. Mruthyunjaya**
Chairperson, Education Wing, RERF

Stage Co-ordinator : **B.K. Harish**
HQ Co-ordinator, Administrators' Wing, RERF

Sunday, May 19th, 2019
09.00 pm to 10.00 pm

Venue: Harmony Hall



Musical Evening

by B.K. Nitin & Dr. B.K. Damini

RAJYOGA MEDITATION

Monday, May 20th, 2019

Venue: Harmony Hall

- 06.30 am to 07.00 am : **Stretching Exercise**
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.15 am : **Meditation Session - III**
Topic: Method and Basis of Meditation
- Speaker : **Rajyogini B.K. Lakshmi**
Senior Rajyoga Teacher, Hansi

Monday, May 20th, 2019
09.30 am to 11:00 am

Venue: Harmony Hall

TALK - 3

Topic: Exploring Inner Powers

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- Speaker : **B.K. Suman**
National Co-ordinator,
Education Wing, RERF, Mount Abu

Monday, May 20th, 2019

01.00 pm onwards

***Mount Abu
Sight Seeing***

RAJYOGA MEDITATION

Tuesday, 21st May, 2019

Venue: Harmony Hall

- 06.30 am to 07.00 am : **Stretching Exercise**
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.15 am : **Meditation Session - IV**
Topic: Cycle of Time
- Speaker : **Rajyogini Dr. B.K. Savita**
Senior Rajyoga Teacher, Mount Abu


Tuesday, 21st May, 2019

09.30 am onwards : Departure for a New Beginning





Importance of Values

- **Values** represent the aspirations of all religions and philosophies that aim to guide people along the path to a better existence.
 - **Values** develop our inner strength and bring self-respect and dignity.
 - **Values** give an indication of our character and determine our moral and ethical choices.
 - **Values** are the treasures of life, which make humans wealthy and rich.
 - **Values** are our friends, bringing happiness in life.
 - **Values** bring spiritual empowerment and remove weaknesses and defects.
 - **Values** bring a sense of security and comfort in our life.
 - **Values** offer protection, and one who experiences this is able to share this protection with others.
 - **Values** make our life real and meaningful and bring us closer to God.
 - **Values** are the beauty and grace of life.
 - **Values** develop the ability to discern truth and to follow the path of truth.
 - **Values** open the heart and transform human nature so that life is filled with compassion and humility.
 - **Values** develop our inner self and help us to share the spiritual fragrance with the world around us.
 - When you **value** the **Values** you become a valuable person.
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Information to Our Guests

- The divine family of Brahma Kumaris wishes you a comfortable stay in Gyan Sarovar Campus that will enrich you with inner powers and spiritual wisdom.
- The delegates are requested to take full benefit of the Meditation sessions in Harmony Hall. This is a scientific method of self-realisation, personal development, inner transformation and empowerment.
- Medical assistance and guidance can be taken from the Dispensary located within the Gyan Sarovar Complex, near Vishnupuri.
- Literature is available at the Literature stall outside Harmony Hall. Audio and Video cassettes are available at the Audio-Visual Counter below the Universal Harmony Hall.
- If the delegates require any assistance, they can contact Conference Office, below Harmony Hall.
- Please take care of your valuables and other items.
- In case of anything lost, please inform at the reception centre or the caretaker of the building.
- Smoking and consumption of Alcohol or any other intoxicant is strictly prohibited during the course of your stay in this campus. Delegates are requested to co-operate in maintaining the sanctity of the campus.
- It is advisable not to go for a stroll after 10 pm outside Gyan Sarovar Campus due to vicinity of forest and wild animals.
- Please fill up the experience form and return it at the Conference Office or Reception before departure.
- Watch **3D Film on Rajyoga Meditation** at Training Centre, Hall No. 12 between 9 am to 6 pm.

Organising Committee