

Programme

Friday, 17th May, 2019

09.00 am to 05.00 pm : Arrival and Registration
05.30 pm to 06.00 pm : Video Show
06.00 pm to 08.00 pm : **Reception Session**

Saturday, 18th May, 2019

07.00 am to 08.30 am : **Meditation Session I: Exploring my Spiritual Identity**
09.30 am to 10.15 am : **Talk 1: De-cluttering the Mind**
10.30 am to 01.00 pm : **Inaugural Session:**
Values and Spirituality for Overcoming Challenges
03.00 pm to 04.30 pm : **Workshops / Panel Discussions**
Educators as Inspirational Leaders
05.00 pm to 06.30 pm : **Session I: A Unique concept of Thought Lab**
06.30 pm to 07.30 pm : **Experience Session:**
Inner Stability for Challenging Times
08.30 pm to 09.30 pm : **The Success Story of Brahma Kumaris**

Sunday, 19th May, 2019

07.00 am to 08.30 am : **Meditation Session II: Awareness of The Supreme**
10.00 am to 11.15 am : **Session II: Spiritual Lifestyle for Social Challenges**
11.15 am to 01.00 pm : **Session III: Integration of Value Education for Academic Excellence**
03.00 pm to 04.30 pm : **Workshops:**
I. Overcoming Challenges of Social Media Addiction
II. Overcoming Mental Challenges
III. Overcoming Emotional Challenges
IV. Overcoming Relationship Challenges
05.00 pm to 06.00 pm : **Talk 2 : Divine Wisdom: A new Paradigm**
06.00 pm to 08.00 pm : **Valedictory Session:**
Education for an Enlightened Society

Monday, 20th May, 2019

07.00 am to 08.30 am : **Meditation Session III: Method & Basis of Meditation**
10.00 am to 11.00 am : **Talk 3: Resolving Inner Conflict**
11.00 am to 12 noon : **Talk 4: Pillars of Education**
01.00 pm onwards : Mount Abu Sight Seeing

Tuesday, 21st May, 2019

07.00 am to 08.30 am : **Meditation Session IV: Exploring Inner Powers**
09.30 am onwards : Departure for a New Beginning

Cordial Invitation



University & College Educators' Conference on

Values and Spirituality for Overcoming Challenges

Date: 17th to 21st May, 2019

Venue: Academy for a Better World,
Gyan Sarovar, Mount Abu (Rajasthan)



Venue: Brahma Kumaris
Gyan Sarovar, Mt. Abu

Organised and Hosted by:

**Education Wing, Rajyoga Education & Research Foundation and
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalya**
World HQs.: Mount Abu (Rajasthan), India
Websites: www.bkvalueeducation.in, www.brahmakumaris.com

University & College Educators' Conference on Values & Spirituality for Overcoming Challenges

Present Scenario

It is said, destiny of a nation is shaped in its classrooms. Education is a powerful tool of social, cultural and economical transformation of the country with strong moral and ethical values forming the basis of such a transformation. Is our education system fulfilling its purpose? It's a dilemma, whether, we are producing good professionals or we are producing good human beings! A graduate may be an expert in his subjects, but how well is he equipped to face the challenges of life? In this context, the inculcation and promotion of values and spirituality in our system of education becomes a paramount need of the time.

Need of the hour

Since Independence, various commissions and committees have been set-up by the Government of India and other international bodies to suggest various reforms in the field of education. The Jaques Delores Report on International Commission on Education has identified four pillars of education viz. Learning to know, Learning to do, Learning to be and Learning to live together. The first pillar requires intellectual ability, the second pillar demands acquisition of skills and the third & fourth pillars require inculcation of values and spirituality. Apart from this, 'Life' has also been defined as the process of Learning, Indulging, Finding and Evolving which are only available through re-discovering the self. Spirituality plays a major role in this. Here is an opportunity to participate in a unique Meditation Retreat Programme organized exclusively for University and College Educators, which will highlight the role of values and spirituality to overcome challenges.



Inaugurating the Educators Conference in May 2018 at Gyan Sarovar
Dadi Ratan Mohini Ji, Joint Chief of Brahma Kumaris, **Rajyogi B.K. Mruthyunjaya**,
Chairperson, Education Wing, RERF, **Hon'ble Shri Manish Sisodia**, Dy. Chief Minister,
New Delhi, **Prof. H.M. Maheshwaraiah**, Vice-Chancellor, Central University of
Karnataka, **Rajyogini B.K. Shukla Didi**, Director, ORC & others.

A Very Cordial Invitation

We, whole heartedly extend our warm and cordial invitation to various participants such as Chancellors, Vice-Chancellors, Education Ministers, Educational Administrators, College Principals, Deans, Registrars, HODs, Professors, Associate and Assistant Professors for participating in the much awaited **University & College Educators' Conference on 'Values & Spirituality for Overcoming Challenges'**. We trust that you will find time to accept our warm invitation and participate in this unique conference that offers a golden chance and an immense possibility for self-discovery and self-fulfillment.

Registration

Registration is free but mandatory. Registration shall be accepted on first-come-first-served basis. Participants are required to send their filled-in forms by E-mail Id: **bk.suman@gmail.com**

About the Organizers

Education Wing (RERF): The Rajyoga Education and Research Foundation (RERF) of Brahma Kumaris has 20 wings to provide human services to almost all segments of the society. The Education Wing is playing a unique role in imparting value & spirituality-based education. The wing has till now entered into MoUs with 14 universities as a collaborative effort to promote values and spirituality in Higher Education. It also organizes various campaigns which suggest a creative "Rajyogic lifestyle" taught by Brahma Kumaris, as a viable alternative to get rid of addictions, worries, anxieties and tensions in youth and other stakeholders of education and to help them in leading a healthy, happy and peaceful life.

Brahma Kumaris Worldwide: Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya was founded in 1937. Its global headquarters is located in the lap of Aravalli range of mountains at Mount Abu. It has consultative status with Economic and Social Council (ECOSOC) and UNICEF of the United Nations. It is imparting spiritual knowledge, human values and Rajyoga meditation through its thousands of centres spanning over 140 countries. You will be glad to know that more than 10 lac students, regardless of their varied cultural, linguistic and religious backgrounds, regularly attend the daily classes at these centres.

ENQUIRES

B.K. SUMAN BEHN

National Co-ordinator, Education Wing, RERF
Gyan Sarovar, Mount Abu - 307 501 (Rajasthan)
E-mail: **bk.suman@gmail.com**, Mob. No.: 094133 84864