

PAUSE FOR PEACE WITH SISTER VEDANTI

August 27th & 28th, 2019
Sacramento, California

On August 27th and 28th, Sister Vedanti and Sister Deepti traveled to Sacramento, California, where the Brahma Kumaris "**PAUSE FOR PEACE**" initiative was introduced to a large gathering of members and leaders of Sacramento's spiritual, interfaith, and inter-culture communities.

Are you looking for a shift? Come join us!

Pause for Peace

An evening of celebration and ceremonies together

Tuesday, August 27, 2019
5:30 – 8 p.m.

Event Site: Unitarian Universalist, 2425 Sierra Blvd., Sacramento



With Special Guest Sister Vedanti
Director of the Brahma Kumaris in Africa and Coordinator of the Pause for Peace Initiative in 30 African countries. She will take us on a journey to the source of our kindness for emotional calm and mental clarity.

Program:

5:30 – 6:00 p.m.
Light Vegetarian Meal

6 – 8 p.m.

- Aztec and Hmong Dancers
- Interfaith Ceremony
- Inspirational Talk
- Pause for Peace Activities
- Partners for Peace Candle Ceremony
- Acknowledgments & Gift Ceremony

Co-Sponsors:
Brahma Kumaris, International World Peace Rose Gardens,
United Nations Association of Sacramento,
& Community and Faith Partners of Peace

RSVP Appreciated!
Call: 916-922-7281 OR Text | Whatsapp: 916-717-7281 OR
Email: Pause4Peace1@gmail.com

THE EVENT IS FREE TO ALL
Voluntary contributions from the heart are welcome

The event was held at the Unitarian Universalist Church in Sacramento and lovingly coordinated, planned and hosted by leaders of the International World Peace Rose Gardens, United Nations Association of Sacramento, Interfaith Council of Greater Sacramento, Community and Faith Partners of Peace, and the Sacramento Brahma Kumaris Meditation Center.

Souls from the interfaith and peace-related organizations were graciously treated to a light vegetarian meal, colorful performances by Aztec and Hmong dancers, an Interfaith ceremony, and candle lighting ceremony. Leaders from different faiths and peace partners participated in the celebration and ceremonies.



Sister Vedanti, Sister Deepti and Sister Hansa with Interfaith Ceremony Participants

Interfaith Ceremony Participants

Sister Vedanti – Brahma Kuamris, Africa

Sister Deepti – Brahma Kumaris, Africa

Sister Hansa - Brahma Kumaris, Sacramento

Mr. Akram Keval - SALAM Islamic Center

Ms. Carol Loew - Jewish Federation of the Sacramento Region

Bishop Ron Allen - Greater Solomon Temple Community Church

Sue Ramsden -Church of Jesus Christ of Latter-day Saints

Rev. James Trapp - Spiritual Life Center

Ms. Rachel Lyman - Interfaith Pioneers

Darshan Mundy - Sikh West Sacramento Gurdwara

Rev. Lucy Bunch - Unitarian Universalist Society of Sacramento

Diana Rudé - Congregation B'nai Israel

Serene Erby - Greater Sacramento Baha'is

Rev. Laura Hansen - Non-Denominational Minister

Brother Vinod - Brahma Kumaris, India

Cindy Wang & Yee Kwong - Buddhist Representatives, Fo Guang Shan Bodhi Temple

Guests then had the opportunity to experience a journey to the source of kindness for emotional calm and mental clarity through Sister Vedanti's vivid description of life as a Brahma Kumari in Africa. The ceremony participants were given a rose with a quality on it and they were asked to share their thoughts on the quality they received.



Sister Hansa Sharing Her Thoughts on Love

Sisters Vedanti and Sister Deepti continued to offer divine sustenance and deeply move souls as they both shared stories and meditations on the true meaning of peace.



Sister Vedanti and Sister Deepti

Sister Vedanti shared her spiritual journey and explained how making a pause before doing anything helped her succeed. She advised “Every step in life don’t speak quick and don’t think quick”. She said it’s important to experience peace within. She also described how to connect peace to your day-to-day activities like drink water with peace, eat food with peace etc. Sister Deepti shared about how the Pause for Peace project started in Africa and how well people responded to that.

Steve Ly, Elk Grove Mayor and Mohamed Umbashi, Field Representative for California State Assembly Member Ken Cooley presented Certificate of Appreciation for Sister Vedanti’s contribution for peace services.



Elk Grove Mayor, Stane Ly presented a Certificate of Appreciation to Sister Vedanti



Mohamed Umbashi, Field Representative for California State Assembly Member Ken Cooley presented Certificate of Appreciate to Sister Vedanti for her commitment to peace

About 30 faith leaders, Peace Partners, Aztec and Hmong Dancers received a *Pause for Peace* frame from Sister Vendanti.



Peace Partners and Faith Leaders Received Pause for Peace Frames

The following morning, some of Baba’s children from the Sacramento Brahma Kumaris Meditation Center, enjoyed meditations, murli readings, blessings and toli. Sister Vedanti held a very informative question and answer session, which offered deep insights and practical tips to address concerns or clarify aspects of spiritual knowledge. Souls who attended the evening event and morning class shared later that incorporating a brief “pause” for peace before taking an action or speaking, had already proved to be beneficial.



Some of Baba's Children with Sister Vedanti and Sister Deepti

Video:

Pause for Peace Celebration

<https://youtu.be/POxhdyhFStE>