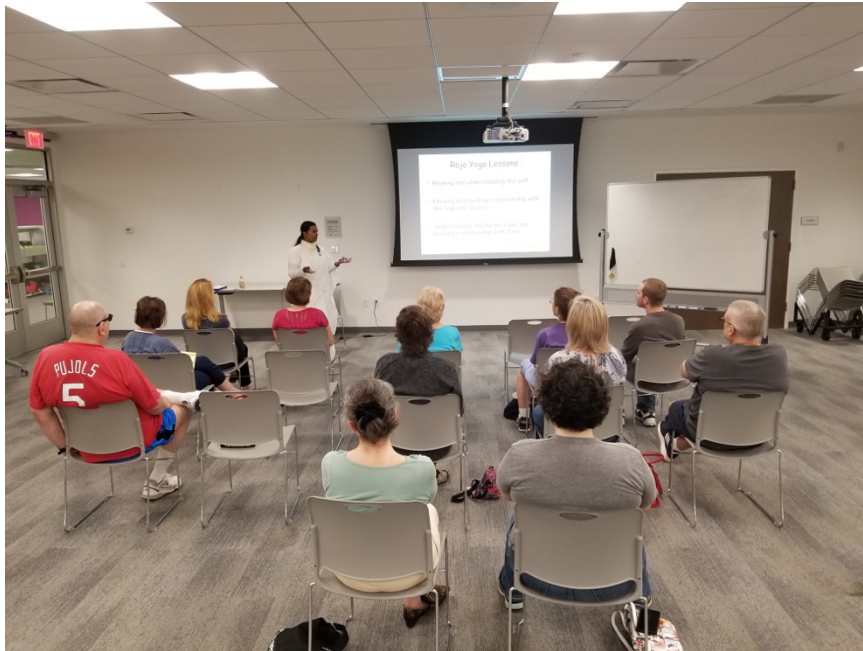


# Westerners Service News of St. Louis, Missouri August -September 2019

Raja Yoga Meditation Basic Meditation Course  
Daniel Boone Library, Ellisville, Missouri  
August 6 to August 21, 2019



11 students finished the Raja Yoga course by learning the basic lessons and meditation technique.





General Class, "Learn to Meditate"  
Daniel Boone Library, Wednesday, August 20, 6.30 - 7.30 pm



23 participants attended the public class.



Weber Road Library General class on “How to Meditate”  
Monday, September 9, 10-11 am. South County, Missouri



19 students participate in this session

