

International Day of Yoga 2019, Vienna



The **Embassy of India**, Vienna invited to the **International Day of Yoga in Stadt Park Vienna**, Austria, June 16, 2019. Ever growing numbers, including **Indian Community, Austrian citizens**, members of diplomatic corps, **Yoga schools in Vienna & Salzburg**. **Ambassador Renu Pall** spoke of how Yoga was transforming people; from a concept that was meant to teach the individual how to **connect mind, body and intellect**, Yoga is today connecting people across countries in the quest for health, wellness and a stress-free existence. The **BK group** Vienna participated and distributed **Baba's blessing cards** as well as **meditation flyers** and **shared Baba's message**.

