

BK BINNY SAREEN IN COLOMBIA.

Accompanied by her sister Neena, Bk Binny after her tour of the United States and arrives in Colombia in June 2018 to fulfill several commitments.

The first was in Fusagasugá, population at 1.30h from Bogotá. Sister Binny addressed a large group of 600 women students for police officers in the Police School Province of Sumapaz "Intendente Maritza Bonilla Ruiz" - ESSUM and another 100 special guests, businessmen of the region and police officers. He developed the theme Self empowerment: stability in life and in the relationship with others.



[Video](#)

He also visited several sites in the region, including an ecological and self-sustainable farm.



After returning from Fusagasugá, the sisters were in the Mandalay Headquarters, Sukdham, sharing with the family in particular on an important topic: Healing of the Being through the experience with Baba



Visit to the Chapinero headquarters, Kamdhenu: He gave the conference: Forgiveness Requirement to Heal The conference was divided into two parts, the cousin makes reference to an introductory talk of experience, at the Monte Abu hospital, where Dr. Binny is a resident , as well as exemplify cases in which people have been healed by their meditation and changes in lifestyle (behaviors, habits). The second part, emphasizes that forgiveness is essential to have a healthy life, also teaches us how to cleanse as it explains that all emotions, thoughts and feelings are 90% mental, that come from oneself and not of the outside; Emphasizes that there are three fundamental aspects to forgiveness: focus, forget and meditation.



Visita a la Sede Las Margaritas, Lotus. "Lotus bhawan" was fortunate to have sisters Binny and Neena who shared with the family. The family received this visit with great joy. They shared with the family some beautiful experiences, knowledge, stories, anecdotes. It was a fun and creative morning. And as expected one of our most exotic tourist places, is the "Salt Cathedral of Zipaquirá", for that reason we went with the sisters to that place, who enjoyed it very much. On the way back we went through the savannah

and enjoyed its beautiful landscapes. The next day we enjoyed his sweet company in the amrit-vela, it was fantastic to feel the powerful vibrations of Baba in his company. He also gave a lesson on the need to listen to the murli because it is the murli that gives us the power to have a more constant memory of Baba and also fills us with strength to contribute to the task of Baba. We had breakfast as a family and in general there was a lot of lightness, depth and joy. In general it was an opportunity to empower us with this visit of two kind, gentle, sweet and very deep shaktis.

He participated in the birthday celebration at the **La Castellana, Vishal** headquarters and also had meetings with members of the Hindu community.



In his visit to the Embassy of India he tied Rakhi to Mr. Ambassador RAVI BANGAR, to all his staff and other officials.



They participated in the celebration of the International Yoga Day in Bogota, in association with the Indian Embassy and other yoga schools



He also visited the city of Medellín where there were important events. The Yoga event for holistic health and happiness should be highlighted.

