

International Yoga Day

City Ulaanbaator, Mongolia, June 17, 2018

The 4th International Yoga Day was celebrated in the city of Ulaanbaator on 17th June 2018. About 150 people participated in the event. The festival was organized by the Embassy of India in Mongolia and yoga centers.

All volunteers of yoga centers and representatives of the Embassy of India in Mongolia have repeatedly met to discuss all organizational issues.



Representatives of yoga centers, the second secretary of the Embassy of India Mr. Ravi Shanker Goel and BK Meera Ainukhatova



Participants of the 4th International Yoga Day

It was raining on the day of the celebration of the fourth International Yoga Day in Ulaanbaator, but in spite of the weather conditions, all participants with courage and enthusiasm and perseverance performed yoga exercises.

The volunteers of yoga centers, children's dance groups and famous dancers from Mongolia performed on stage.

A group of students of the Brahma Kumaris Raja Yoga educational center held the meditation for all participants of the festival. Students of Brahma Kumaris educational center offered to play in the "Virtues scop". They explained the good qualities and gave the good wishing cards to all and distributed brochures representing the activities of the center.



The group of students of Brahma Kumaris



Playing the "Virtues scop"



Brahma Kumaris were conducting the meditation on the stage