

Programme Booklet



University & College Educators' Conference *on* **Values and Spirituality for Empowering the Self**

■ **Date:** 18th to 22nd May, 2018

■ **Venue:** Academy for a Better World,
Gyan Sarovar, Mount Abu (Rajasthan)



Venue: Brahma Kumaris
Gyan Sarovar, Mt. Abu

Organised and Hosted by:

**Education Wing, Rajyoga Education & Research Foundation and
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya**

World HQs.: Mount Abu (Rajasthan), India

Websites: www.bkvalueeducation.in, www.brahmakumaris.com

Programme

● **Friday, 18th May, 2018**

- 09.00 am to 05.00 pm : Arrival and Registration
- 05.30 pm to 06.00 pm : **Video Show**
- 06.00 pm to 08.00 pm : **Reception Session**

● **Saturday, 19th May, 2018**

- 06.30 am to 07.00 am : Stretching Exercise
- 07.00 am to 08.30 am : **Meditation Session I**
Topic: Exploring my Spiritual Identity
- 10.00 am to 01.00 pm : **Inaugural Session**
Values and Spirituality for Empowering the Self
- 04.30 pm to 06.00 pm : **Session I**
Value Education for Shaping Destiny
- 06.00 pm to 07.30 pm : **Session II**
Rajyoga Thought Lab - Power of Positive Thinking
- 08.30 pm to 09.30 pm : **Melody of Music**

● **Sunday, 20th May, 2018**

- 06.30 am to 07.00 am : Stretching Exercise
- 07.00 am to 08.30 am : **Meditation Session II**
Awareness of The Supreme
- 10.00 am to 11.15 am : **Session III**
Spiritual Intelligence for Success in Life
- 11.15 am to 01.00 pm : **Panel Discussion**
Spirituality for Peace and Happiness
- 04.30 pm to 06.00 pm : **Session IV**
Educators – Inspirational Leaders
- 06.00 pm to 08.00 pm : **Valedictory Session**
Ethics and Spiritual Wisdom in Education

● **Monday, 21st May, 2018**

- 06.30 am to 07.00 am : Stretching Exercise
- 07.00 am to 08.30 am : **Meditation Session III**
Method and Basis of Meditation
- 10.00 am to 11.00 am : **Lecture Session I:** Facing Challenges with Smile
- 11.00 am to 12 noon : **Lecture Session II:** Power of Silence in Everyday Life
- 01.00 pm onwards : Mount Abu Sight Seeing

● **Tuesday, 22nd May, 2018**

- 06.30 am to 07.00 am : Stretching Exercise
- 07.00 am to 08.30 am : **Meditation Session IV**
Exploring Inner Powers
- 09.30 am onwards : Departure for a New Beginning

Friday, May 18th, 2018
06.00 pm to 08.00 pm

Venue: Harmony Hall

RECEPTION SESSION

Topic: Values and Spirituality for Empowering the Self

Chairperson	:	Rajyogini B.K. Shielu Vice-Chairperson, Education Wing, RE & RF
Chief Guest	:	Hon'ble Shri Nabam Rebia Minister of Urban Development, Town Planning, Housing, Law & Justice, Govt. of Arunachal Pradesh, Itanagar
Speech & Meditation	:	Rajyogini B.K. Ravikala Executive Member, Education Wing, Mount Abu
Guests of Honour	:	Prof. S.P. Singh Vice-Chancellor, University of Lucknow, Lucknow
	:	Dr. V.N. Rajasekharan Pillai Former Chairman, University Grants Commission, New Delhi
	:	Prof. V.K. Kapoor Vice-Chancellor, Raffles University, Neemrana
Welcome Speech	:	Dr. B.K. Ved Guliani Executive Member, Education Wing, Hisar
Vote of Thanks	:	Dr. B.K. Loganathan Principal, Chartered Institute of Technology, Abu Road
Stage Co-ordinator	:	B.K. Kiran Zonal Co-ordinator, Education Wing, Bhopal Zone

Distribution of Godly Gifts to all Participants

Saturday, May 19th, 2018
10.00 am to 01.00 pm

Venue: Harmony Hall

INAUGURAL SESSION

Topic: Values and Spirituality for Empowering the Self

Blessings	:	Rajyogini Dadi Ratan Mohini Ji Joint Chief of Brahma Kumaris
Chairperson	:	Rajyogi B.K. Nirwair Secretary General, Brahma Kumaris
Inspirations & About the Conference	:	Rajyogi B.K. Mruthyunjaya Chairperson, Education Wing, RE & RF
Chief Guests	:	Hon'ble Shri Kadiyam Srihari Garu Deputy Chief Minister, Govt. of Telangana, Hyderabad
	:	Hon'ble Shri Manish Sisodia Deputy Chief Minister, Govt. of Delhi, New Delhi
Guests of Honour	:	Prof. Vinay Kumar Pathak Vice-Chancellor, Dr. A.P.J. Abdul Kalam Technical University, Lucknow
	:	Prof. H.M. Maheshwaraiah Vice-Chancellor, Central University of Karnataka, Kalaburagi
Speech and Meditation Experience	:	Rajyogini B.K. Shukla Didi Director, Om Shanti Retreat Centre, Gurugram
About Value Education Programmes in different Universities	:	Dr. B.K. Pandiamani Director, Distance Value Education Programs, RE & RF
Welcome Speech	:	Dr. B.K. Harish Shukla National Co-ordinator, Edu. Wing, RE & RF
Vote of Thanks	:	Dr. R.P. Gupta Hqs. Co-ordinator, Distance Value Education Programs, RE & RF

Stage Co-ordinator	:	B.K. Suman National Co-ordinator, Education Wing, RE & RF
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Saturday, May 19th, 2018
04.30 pm to 06.00 pm

Venue: Harmony Hall

SESSION - 1

Topic: Value Education for Shaping the Destiny

Chairperson	:	Prof. (Dr.) Shrihari Vice-Chancellor, GD Goenka University, Gurugram
Guest of Honour	:	Mr. Shreenibas Prusty Registrar, Indian Law Institute, New Delhi
Speech	:	Dr. B.K. Mahendra Executive Member, Education Wing, Sira

Stage Co-ordinator	:	B.K. Leena Zonal Co-ordinator, Education Wing, Odisha Zone
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Saturday, May 19th, 2018
06.00 pm to 07.30 pm

Venue: Harmony Hall

SESSION - 2

Topic: Rajyoga Thought Lab - Power of Positive Thinking

Chairperson	:	Dr. V.N. Sharma Vice-Chancellor, Arunodaya University, Itanagar
Speech	:	Prof. B.K. Mukesh Zonal Co-ordinator, Education Wing, Raj. Zone
Presentation	:	B.K. Sudesh Executive Member, Education Wing, New Delhi

Stage Co-ordinator	:	B.K. Supriya Co-ordinator, Rajyoga Thought Lab, Shantivan
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Saturday, May 19th, 2018
08.30 pm to 09.30 pm

Venue: Harmony Hall

Melody of Music



Stage Co-ordinator : **B.K. Jayashree**
Executive Member, Education Wing,
Ahmedabad

Sunday, May 20th, 2018
10.00 am to 11.15 am

Venue: Harmony Hall

SESSION - 3

Topic: Spiritual Intelligence for Success in Life

Chairperson : **Prof. N.V. Ramana Rao**
Director, National Institute of Technology,
Warangal

Guest of Honour : **Dr. Joram Begi**
Chief Information Commissioner,
Arunachal Pradesh State Information
Commission, Itanagar

Speech : **Dr. B.K. Seema Chopra**
Executive Member, Education Wing, Ludhiana

Stage Co-ordinator : **B.K. Neha**
Executive Member, Education Wing, New Delhi

Sunday, May 20th, 2018
11.15 am to 01:00 pm

Venue: Harmony Hall

PANEL DISCUSSION

Topic: Spirituality for Peace and Happiness

Panelists	:	Mr. Santosh Kumar Mall, IAS Commisioner, Kendriya Vidyalaya Sangathan, New Delhi
	:	Prof. Dr. G.S. Bajpai Registrar, National Law University, New Delhi
	:	Prof. (Dr.) S.S. Agrawal Director General, KIIT Group of Colleges, Gurugram
	:	Dr. B.K. Harish Shukla National Co-ordinator, Edu. Wing, RE & RF

Stage Co-ordinator	:	B.K. Chitra Executive Member, Education Wing, Jaipur
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Sunday, May 20th, 2018
04.30 pm to 06.00 pm

Venue: Harmony Hall

SESSION - 4

Topic: Educators - Inspirational Leaders

Chairperson	:	Prof. K.K. Aggarwal Chancellor, KR Mangalam University, Gurugram
Guest of Honour	:	Dr. M.V.V. Prasada Rao Director, CTET, JNVST & Misc Exam CBSE, New Delhi
Speech	:	Dr. B.K. Jayadeba Sahoo Executive Member, Education Wing, Itanagar

Stage Co-ordinator	:	B.K. Savita Executive Member, Education Wing, Gulbarga
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Sunday, May 20th, 2018
06.00 pm to 08.00 pm

Venue: Harmony Hall

VALEDICTORY SESSION

Topic: Ethics and Spiritual Wisdom in Education

Chairperson	:	Rajyogi B.K. Mruthyunjaya Chairperson, Education Wing, RE & RF
Speech	:	Dr. B.K. Mamata Zonal Co-ordinator, Education Wing, Gujarat Zone
Guests of Honour	:	Mr. Wanglin Lowangdongr Former Speaker and Education Minister, Itanagar
	:	Prof. B.L. Sah Director, UGC-HRDC, Kumaun University, Nainital
	:	Dr. Ashok Shankar Rao Bhoite Former Pro Vice Chancellor, Shivaji University, Kolhapur
Welcome Speech	:	B.K. Hardeep Executive Member, Education Wing, Ludhiana
Report & Vote of Thanks	:	Dr. B.K. Yudhishter Executive Member, Education Wing & Associate Editor, The World Renewal, Shantivan
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Stage Co-ordinator	:	B.K. Harish HQ Co-ordinator, Administrators' Service Wing, RE & RF

Monday, May 21st, 2018
10.00 am to 11:00 am

Venue: Harmony Hall

LECTURE SESSION - 1

Topic: Facing Challenges with Smile

Speaker : **B.K. E.V. Swaminathan**
Motivational Speaker & Trainer, Mumbai

Stage Co-ordinator : **B.K. Laxmi**
Faculty, Education Wing, Pune

Monday, May 21st, 2018
11.00 am to 12.00 noon

Venue: Harmony Hall

LECTURE SESSION - 2

Topic: Power of Silence in Everyday Life

Speaker : **Rajyogi B.K. Suraj**
Senior Rajyoga Teacher, Mount Abu

Stage Co-ordinator : **Dr. B.K. Kantilal**
Executive Member, Education Wing, Mumbai

Monday, May 21st, 2018
01.00 pm onwards

Mount Abu Sight Seeing

Importance of Values

- ***Values** represent the aspirations of all religions and philosophies that aim to guide people along the path to a better existence.*
- ***Values** develop our inner strength and bring self-respect and dignity.*
- ***Values** give an indication of our character and determine our moral and ethical choices.*
- ***Values** are the treasures of life, which make humans wealthy and rich.*
- ***Values** are our friends, bringing happiness in life.*
- ***Values** bring spiritual empowerment and remove weaknesses and defects.*
- ***Values** bring a sense of security and comfort in our life.*
- ***Values** offer protection, and one who experiences this is able to share this protection with others.*
- ***Values** make our life real and meaningful and bring us closer to God.*
- ***Values** are the beauty and grace of life.*
- ***Values** develop the ability to discern truth and to follow the path of truth.*
- ***Values** open the heart and transform human nature so that life is filled with compassion and humility.*
- ***Values** develop our inner self and help us to share the spiritual fragrance with the world around us.*
- *When you **value** the **Values** you become a valuable person.*

Rajyoga Meditation Sessions

Saturday, 19th May, 2018

- 06.30 am to 07.00 am : Stretching Exercise
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.30 am : **Meditation Session I**
Exploring my Spiritual Identity
Rajyogini B.K. Geeta Behn
Senior Rajyoga Teacher, Mount Abu

Sunday, 20th May, 2018

- 06.30 am to 07.00 am : Stretching Exercise
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.30 am : **Meditation Session II**
Awareness of The Supreme
Rajyogini B.K. Shielu Behn
Senior Rajyoga Teacher, Mount Abu

Monday, 21st May, 2018

- 06.30 am to 07.00 am : Stretching Exercise
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.30 am : **Meditation Session III**
Method and Basis of Meditation
Rajyogini B.K. Suman Behn
Senior Rajyoga Teacher, Mount Abu

Tuesday, 22nd May, 2018

- 06.30 am to 07.00 am : Stretching Exercise
B.K. Dinesh, Physical Yoga Teacher &
Executive Member, Education Wing, Delhi
- 07.00 am to 08.30 am : **Meditation Session IV**
Exploring Inner Powers
Rajyogini B.K. Ravikala
Senior Rajyoga Teacher, Mount Abu

Information to Our Guests

- The divine family of Brahma Kumaris wishes you a comfortable stay in Gyan Sarovar Campus that will enrich you with inner powers and spiritual wisdom.
- The delegates are requested to take full benefit of the Meditation sessions in Harmony Hall. This is a scientific method of self-realisation, personal development, inner transformation and empowerment.
- Medical assistance and guidance can be taken from the Dispensary located within the Gyan Sarovar Complex, near Vishnupuri.
- Literature is available at the Literature stall outside Harmony Hall. Audio and Video cassettes are available at the Audio-Visual Counter below the Universal Harmony Hall.
- If the delegates require any assistance, they can contact Conference Office, below Harmony Hall.
- Please take care of your valuables and other items.
- In case of anything lost, please inform at the reception centre or the caretaker of the building.
- Smoking and consumption of Alcohol or any other intoxicant is strictly prohibited during the course of your stay in this campus. Delegates are requested to co-operate in maintaining the sanctity of the campus.
- It is advisable not to go for a stroll after 10 pm outside Gyan Sarovar Campus due to vicinity of forest and wild animals.
- Please fill up the experience form and return it at the Conference Office or Reception before departure.
- Watch **Live** webcast of all the session on www.pmtv.in
- Watch **3D Film on Rajyoga Meditation** at Training Centre, Hall No. 12 between 9 am to 6 pm.

Organising Committee