

Research **deeply...**

(Excepts from Avyakt BapDada's Murli 08 January 1986, The Holy Stars of the Earth)

You especially have to **experience** one particular speciality

The Father, the Sun of Knowledge is seeing His **special** stars

Go to the bottom of the ocean of **experiences**

Let there be the influence of **silence**

Let them experience the golden powers through **you**

You will **reveal** yourselves as special stars, will you not?

You are not giving lectures of words, but lectures of **peace**

Submit your video by June 11, 2020! Upload Link: [Yogis – Linking Living Lights Google Drive](#)

1 Research **deeply** with Baba 2-3 hrs for few days

2 In the experience of how Baba sees you, identify your **speciality**

3 With Baba in **silence**, create a slogan

4 While **experiencing** your ONE subtle speciality, express through a SLOGAN, meditation commentary, poetry, dance, daily task made sacred song, music,
let others experience your vibration, stage, thoughts and feelings in your creation

5 With video (up to 3 minutes) capture your **experience**
↻ ask the instruments at your Centre for assistance ↻

6 What do I film? **You** and your ONE SPECIALITY (express it in a visible way! See step four – anything that helps others experience what you are you feeling)
your SLOGAN • face • voice • drishti • creative piece • process of creation • moments of solitude all CAPTURED in film

7 See Content and Technical Guidelines to **reveal** yourselves according to Baba's standard and His Elevated Versions.

8 Confirm checklist and upload your creation of **peace**
IMPORTANT: name your file as "FirstName_Country"
and confirm your submission by emailing us at
iyf@brahmakumaris.org

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Technical Guidelines

Frequently review this checklist as you prepare your video.

Remember, this is launched world wide – how do I want to represent Baba?

- ☐ If you are using a mobile phone, tablet or iPad to film this - please ensure that your camera strength is 20 megapixel camera. Of course using a professional camera is best as it will ensure the best quality footage being captured.
- ☐ 3 minutes maximum length
- ☐ Face clearly visible with natural lighting; no shadows
- ☐ Voice (and music) is crisp, clear; no background sounds
- ☐ No visible faces of other people
- ☐ Provide text for subtitles (or if instrument at your Centre can help you)
- ☐ Video captured in landscape/horizontal format
- ☐ Look at camera and not at your face on the mobile/computer



shadows



eyes averted



landscape



portrait

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Contents Guideline

- ❑ Video not intended for BKs, but for public. Language should be relatable to everyone.
- ❑ Preferred language is English (limited time and resources); but most comfortable language for you is welcome; submit subtitles for us to insert or ask an instrument at your Centre to help you
- ❑ Start and/or end with slogan (in silence is best) (on a poster or integrated in video)
- ❑ 3 minutes maximum
- ❑ Attire: white or coloured clothing (most comfortable for you)
- ❑ Natural lighting (film close to windows at daytime)
- ❑ Quiet, comfortable area
- ❑ Avoid faces of others who have not agreed to be in video
- ❑ Clear, audible voice (text recording first)
- ❑ Music optional
 - Copy-right free music (YouTube Royalty Free library; Audiojungle)
 - Contact iyf@brahmakumaris.org for copy-right resources created by the Yagya
- ❑ A model release form will be sent to you to provide consent to stream your video. Under 18? Parental consent needed on same form.

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