

JOIN US ON THURSDAYS FOR A POWERFUL VIRTUAL VISIT TO THE UNITED NATIONS MEDITATION ROOM



For a 15 minute meditation on the
KARUNA (COMPASSION) RESPONSE TO CORONA (VIRUS)
Thursday, 4 June we focus on the second of 6 values - **KINDNESS**.

Together we'll move through the doors of the UN and into this sacred space inspired by UN Secretary General, Dag Hammerskjöld:
"This is a room devoted to peace and those who are giving their lives for peace. This is a room of quiet where only thoughts should speak."