

ATAM PRAKASH BHAI JI - TOLI
VISIT TO OCHO RIOS, JAMAICA
29TH MAY – 30TH JUNE 2018



Atam Prakash Bhai Ji from Madhuban was on the **Caribbean tour** for the spiritual service. He was in Jamaica for 5 days and had important programs organized in **Kingston, Ocho Rios and Montego Bay** including the BK classes, Meditation and also some personal and VIP meetings.

Tuesday, 29th May

‘Unity is strength’ was well poved by the Ocho Rios brothers and sisters. Ocho Rios was a successfully co-operative service as BKs do not have the centre there so brothers and sisters offered their hands to co-operate and make this spiritual visit a success by offereing the stay at **Sneha behn and Navin Bhai Menghraj’s** apartment. Also providing the cooking fascilities at **Gayatri behn and Gordhan Bhai’s** apartment. Jamaica is a tourist place and it was a ship day so Bhaiji could see and enjoy the scenic beauty.

Later, there was a spiritual gathering at **Laxmi Temple in Taj Mahal Shopping Centre**. 15 people attended the gathering and experienced what is Meditation, why we need meditation in our life, how to do meditation and what are the benefits of meditation followed by the practically guided meditation by Atam Prakash Bhaiji.



The beauty of this service was that all the brothers and sisters who had attended were Sindhis and somehow they were all related to Brahma Kumaris from India. Somebody's family is going to the Ulhasnagar Centre and Khar Centre, Mumbai regularly, somebody is far related to Dadi Janki in lokik, somebody has done the 7 days course in Santacruz Centre, Mumbai and somebody was in Lagos, Nigeria many years before coming to Jamaica. Since the gathering was already so divine and Hindi knowing brothers and sisters, so this was the only place where Atam Prakash Bhaiji gave the class in Hindi. The atmosphere became very homely and lively filled with the spiritual experiences, the power of yoga and Peace & happiness.



At the end Bhaiji invited all of them to come and visit Madhuban, Mount Abu, The international headquarters of Brahma Kumaris.



Wednesday, 30th May

Next day was a relaxed so Bhaiji was invited for a quick and short visit to a couple of shops for his divine foot keeping and giving blessings.



Then we had a sight seeing of the very popular tourist place in Jamaica – ‘Dunns River Falls’ where 5 streams from different places meet at one place and falls from the rocks like a water fall which further goes and meet into the Ocean. Bhai was much fascinated to watch the scene of meeting the river into the Ocean. The sweet water meeting into the salt water. Bhai ji is so divine that he shared this scene as the significance of confluence aged **rivers of knowledge meeting the Ocean of Knowledge**. Also there was an amazing naural beauty of greenaries trees, plants and bamboos with the birds sweet noise. Bhaiji enjoyed every little thing present over there and also the jumbo sized sweet coconut water with the tender gelly which Bhaiji is very much fond of.





Before proceeding to the next service place-Montego Bay, Bhajji met two Indian families at 'Dunn's River Falls' who knew about Brahma Kumaris but they came from Florida to Jamaica as tourist on a Cruise Ship. The families were pleased to meet Bhajji from Mount Abu in Jamaica.



Om Shanti