

## **D.R. Kaarthikeyanji's Speech**

I have had the privilege, pleasure and honour of meeting and receiving the dhrishti, love, care and blessings a number of times from all the three great Dadis-Dadi, Prakashmani ji, Dadi Janki ji and Dadi Gulzar ji.

The unconditional love and grace they bestowed on me is invaluable and remains evergreen in my memory. They were all indeed embodiment grace, love and divinity.

Today everywhere is the talk of empowering women all over the world.

But even 8 decades ago, Brahma Baba, the visionary founder of the Brahmakumari movement entrusted the entire responsibility of the now famous global movement in the hands of chosen women.

In the last 50 years, these great Dadis together inspired thousands of spiritual minded and dedicated sisters and brothers, spread the messages of peace, harmony and spirituality, far and wide all over India and many other countries extending Global Spiritual services.

In the year 1986, under the supervision of dadi ji, '*Million Minutes of Peace*' appeal was organised by the United Nations (UN) on the international year of peace.

I had the privilege of being invited to join Dadi Janki ji's 90<sup>th</sup> Birthday celebrations. I enjoyed her hospitality, grace, love and blessings being her guest both in London and in Oxford.

That was my greatest opportunity to see, feel and learn her unique Divine qualities.

Dadi's nature was very sweet, tolerating and co-operative. She was hard working and does all the service of Yagya, like attending spiritual seminars, giving lectures, opening centres, and even preparing food for the visitors.

Everyone loved dadi as a mother, a guide and a dear friend. The speciality of dadi however, was the feeling for everyone as one big family. No one is a stranger; all are children of one father.

Today there are nearly 9,000 centers in 150 countries spreading the message of Baba, promoting peace, harmony, compassion, kindness, service and purity.

Each center abroad is taken care by the local dedicated members following all discipline, purity and dedicated spiritual service.

She ensured that there is a Brahmakumari centre everywhere in India and many big and small cities in most of the countries around the World. I had the privilege of visiting many of those spiritual centers in many countries like America, Australia and Europe and also in major cities and even in remote villages in our own vast country.

Without much of formal education, the Dadi ensured perfect administration of the global movement in remote countries and in remote villages in India.

The hierarchy is hardly seen or felt. Everyone is trusted fully and they all perform their roles with total involvement and dedication.

Even the global gatherings that happen very often with over 20,000 meditators from all over the World are most efficiently planned and organised.

There are over a million dedicated members of the World-wide BK movement. In turn they all attend various conferences at Abu Road. Over 20,000 guests are comfortably accommodated attending week long courses and conferences.

I used to declare that even if 10% of the personnel in the government and corporates function with so much of integrity, efficiency and dedication, our country can be transformed into Ramarajya.

I urged the dadis again and again that they must start a Global Academy of Spiritual Administration for all the others both from the government and the corporates to learn.

Dadiji described herself as an instrument of [Shiv Baba](#), to serve human beings by reminding them of their innate virtues and powers– and that it is through the awakening of these inner qualities that we can collectively transform our world.

She believed and lived her philosophy that the basis is love and love flourishes when it is nourished with trust and respect.

She says, “only a powerful soul can offer love and can afford to be humble”.

“If you have the feeling that you belong to everyone, and look after everybody as a trustee, you are enabled to do the righteous actions.

Her socio spiritual service for the cause of Peace and Happiness of individuals and prosperity and harmony for the entire world will need to be remembered and promoted by all of us on this memorable occasion.

Dadi spent only three years in formal education and then went on many pilgrimages in her search for truth and the understanding of God.

Dadi Janki is a person of wisdom..... A woman who, through understanding spiritual truths, has reached a position of personal peace and power.

Dadi Janki maintains an unrivalled daily lecture and touring schedule even at the age of 103.

Dadi lived a great life full of sacrifice, unconditional love and service to humanity, giving the message of God to souls of all religions living around the globe. Those who were close to Janki dadi knows that how she served everyone tirelessly.

In 1978, Scientists at the Medical and Science, Research Institute at the University of Texas, USA examined the brain wave pattern of Dadi Janki.

She was described as the most stable mind in the world as her mental state remained completely undisturbed even while performing complicated mental exercises.

The EEG(Electroencephalogram) of Dadi Janki continuously showed Delta waves, while she was cooking, while eating, while giving lecture, while doing arithmetical calculations, while taking, while sleeping, all the time!.

She attributes her mental state to Raj Yoga meditation. Sharing tips for a calm mind, she said, "We waste a lot of time criticizing others instead of focusing on ourselves."

Her advice was always to work with purity, as it will bring peace that will usher in love; love will bring in happiness and happiness will bring power or energy. She said my focus is on reforming people through self-realisation."

She, being companion of God, sees only the goodness of each human being, awakening people to fulfill their highest potential.

She has pioneered, exemplified and shared with countless numbers of people a structured and disciplined method of spiritual development that has had a profound impact on the lives of millions across the world.

At the Royal Albert Hall, London, again on October 5, 1997, 5,000 people watched a unique programme. A spiritual encounter between renowned psychic Uri Geller and Dadi Janki.

In this encounter, Dadi Janki relied more on her power of silence. They sat facing each other for 45 minutes, in deep concentration. Uri praised her psychic prowess and the audience experienced a state of rapt exhilaration. "Constant practice of RAJAYOGA MEDITATION" was the answer of Her Holiness.

Dadi sasy quoting Baba - "There is nothing to be sad or shed tears." We all are Godly children who know that the 'soul' is immortal. 'I am a Soul'. I the soul will play my part using this body, and then it is time to leave to play another part at another place with another body.

Top 10 Secrets for her staying young even at the age of 102/103 years of age:

1. Sense of Purpose.
2. Inner Connection.
3. Spiritual Discipline.
4. Control Over Thoughts. Dadi has a well-developed control over her mind (through the daily practice of meditation).
5. Selfless Service.
6. Living with Others. Throughout her life, Dadi has lived in community with others.
7. Early Rising. Dadi has always woken early each day (3.00 am). Morning meditation gives her time with herself and her connection with the Divine.
8. Simple Life. In contrast to the aims of many people today to accumulate and acquire, Dadi has very few possessions.
9. Healthy Living. Dadi's food has always been vegetarian.
10. Laughter is part of life. Despite her heavy work schedule, Dadi always finds time to laugh.