

canopy of purity

A SATOPRADHAN LIFESTYLE: KEEPING SACREDNESS ALIVE 2019 INTERNATIONAL YOUNG ADULTS RETREAT

“Wherever the children
of the Ocean of Peace
live, let that place be a
sacred, peaceful place.”

Avyakt Murli, 13 April 1983

In this confluence of light and darkness, the opposing energies of virtues and vices, of the lokik and alokik, are constantly at play. To bring balance and harmony into my life, let me identify what I need in order to create a Satopradhan lifestyle and let me give myself the space and time to keep my inner Sacredness alive.

We invite you to this year's International Young Adults Retreat (IYAR) in order to explore this year's theme in the supportive and joyful environment of young Brahmins and experienced Seniors. Through workshops, creative meditations and honest conversations that allow us to deepen our connection with Baba and ourselves, we can become rooted in the experience of our own Sacredness—empowering us to face with dignity any challenges that come our way.

Register online at
<https://brahmakumaris.org/r/iya-retreat-2019>

26–30 DECEMBER 2019
GYAN SAROVER,
MADHUBAN



BRAHMA KUMARIS

