

INVITATION TO THE SPIRIT OF CARE RETREAT

7 - 9TH MARCH 2020, GYAN SAROVAR

REUNITING WITH OUR PURE ESSENCE: THE REAL ART OF CARING

Dear Centre Coordinators, dear all,

The cycle of time is ending, and new beginnings call.

We are coming to completion, and like the conch shell echoing in the distance, we hear the call of time and of our hearts. The call to shake old identities, reunite with our original self and return once more to the pure essence of our being.

To do this we need to remember... remember who we are and the art of caring and kindness: caring for ourselves, others, the world and for nature - our companion.

But how can we keep the balance? How can we find the energy needed for this enquiry, for this journey back to our essence?

The spirit of care is a beautiful, unique retreat that gives us the luxury of time and space for spiritual enquiry. Time to reflect on the journey towards authenticity and freedom.

We invite you to spend 3 days to explore, share and learn as we clear the blocks on our journey forward. We will reconnect with the self and the One, ignite the flames of yoga and create the energy needed to bring us resilience and stamina.

This is time spent in the sacred sanctuary of Madhuban, with yourself and others. Time to create a map that guides us, and leads us to reunite with the purity, strength and beauty of our divine essence.....

REGISTRATION:

Registration is only available ONLINE. Please follow the link: brahmakumaris.org/r/spirit-of-care

Madhuban forms and travel details are to be submitted in the usual way, via the local centres.

If you do not speak English fluently, please make sure with your national coordination teams that there will be someone in Madhuban who can translate for you during the retreat. If you have any questions please contact valeriane.bernard@ch.brahmakumaris.org.

Spirit of Care Retreat March 2020:

6 March	: 10.30am	Registrations
7 March	: from 10.00am	Pure essence
8 March	: from 9.30am	Reuniting
9 March	: till 21.30 pm	Flying

*In Baba's yaad,
Spirit of Care Retreat Team*