

**Be full of good wishes and pure feelings and spread the rays of love and co-operation everywhere.
Be a world benefactor and give pure inspirations.**

Most beloved Avyakt BapDada's deeply loving instrument teachers, brothers and sisters who are the decoration of the Brahmin clan, those who with your powerful stage of remembrance become images that grant visions and spread the rays of light and might, please accept sweet, love-filled remembrance.

At present, all of Baba's children everywhere are doing very good gyan and yoga tapasya and with powerful remembrance full of light and might, are doing the service of spreading the vibrations of peace and power in the world. Along with that, on the pure festivals of Raksha Bandhan and Janamasthmi, very good service took place everywhere. Many, many congratulations to everyone for having this balance of remembrance and service.

At the moment, very beautiful yoga tapasya programmes are taking place in all the complexes of Madhuban. Along with the yoga bhatthi of surrendered teachers' and brothers in Shantivan, small groups are having yoga bhatthis in Mansarovar, Gyan Sarovar and Pandav Bhawan. It feels as though Baba has made the unlimited home of Madhuban a light-and-might house for the whole world. According to the time, in order to make His children complete and perfect, Baba is again and again giving us the signal: Children, now become the unlimited master creators and experience yourselves to be standing at the top of the kalpa tree with the Father. Become a master seed and spread the rays of powers, virtues, good wishes and pure feelings, love and co-operation. Just as the sun remains high and is able to spread its rays all over the world, in the same way, be a master creator or a master sun of knowledge and give sakaash to the whole world.

Tell me, all of you are doing this service, are you not? According to the time, this is also a changing form of service. This power of yoga will make all Baba's service places a place of peace, to which everyone will be attracted and come close and claim their Godly birthright. Now is the time to be an image that grants visions and give visions to all, and for this all of Baba's children have to adopt an attitude of unlimited disinterest and stay beyond. Do service with the balance of being loving and detached and only then the task of world transformation be completed through self-transformation.

Baba says: Children, now, in order to become complete, the same as the Father, practise being bodiless, the same as the Father, while being in the body. While you are in this body and playing your part with your physical senses, at that time take support of the organs to perform actions - and then become detached. Throughout the day, whenever you have time, every now and then, take out a few seconds from your activities and practise being bodiless and you will receive a lot of help, because everything will happen suddenly in the final scenes. In that paper of suddenly, this practice of being bodiless will enable you to pass. So, each one has to pay attention and definitely practise this. All of you must be safe, well and healthy under Baba's canopy of protection.

Lots of love and remembrance to all.

*In Godly remembrance,
BK Ratan Mohini*

Homework for the month of September 1 – 15 2021
Create a powerful stage of the seed form filled with light and might

- 1) The seed form is the most powerful stage. This stage works like a lighthouse and a might house. Just as the whole tree automatically receives water from the seed, similarly, when you remain stable in the seed form, the world automatically receives the water of light.
- 2) Just as a lighthouse spreads light everywhere, while being in one place, similarly, be a lighthouse, be a world benefactor and create a powerful stage to spread your light to the whole world. A physical bulb with a higher wattage will spread its light everywhere, whereas a bulb with zero power will give no light. So, now become a lighthouse, not a bulb.
- 3) Your results until now show that you have been successful in being a master sun and giving light, but now you have to do the work of destroying the germs of all souls' sanskars with the might of your rays. Let there be such practice that, as you walk and move around, the globe of light is visible on your forehead, and the globe of the might of knowledge is visible through your behaviour and your words. Become a master seed, and a globe of light and might, for only then will you be able to become an image that grants visions.
- 4) Any karmic account, whether of this birth or a previous birth, will not be burnt without the stage of the fire of love of the original stage. Constantly have the stage of the form of fire, that is, the stage of powerful remembrance, the seed form, the lighthouse and might house. Pay special attention to this and only then will the remaining karmic accounts be settled.
- 5) Just as the creator of a tree is its seed, so, when the tree reaches its final stage, the seed reemerges. Similarly, as an unlimited master creator, experience yourself to be constantly standing at the top of the kalpa tree. Be a master seed with the Father at the top of the tree and spread the rays of powers, virtues, good wishes and pure feelings, love and co-operation. When the sun is up above, it automatically spreads its rays in the whole world. Similarly, as a master creator and a master seed, you can give rays or water to the whole tree .
- 6) When you sit for special remembrance, sit on the seat of one or another special self-respect. Sometimes, sit in the stage of a master seed, sometimes on the seat of being an avyakt angel, and sometimes on the seat of a world benefactor. Every day sit on different seats and you will experience powerful remembrance.
- 7) When you remain stable in your seed stage, the seed of the recognition of time and the recognition of the Father will be sown in many souls. If you do not remain stable in the seed stage and, instead, go into expansion, then, there will be no value and everything will be wasted. So, remain stable in the seed stage, in the remembrance of the Seed, and then sow the seeds. Then just see how good the fruit of that seed will be and how easily it emerges.
- 8) Especially at amrit vela, create the setting of a powerful stage. A powerful stage means to practise being stable in the seed stage, the same as the Father. As that time is elevated, your stage should then also be elevated. You can continue to perform actions in an ordinary stage but this is the time of special blessings. Use this time in the right way and it will have an impact on your stage of remembrance throughout the day.
- 9) Constantly keep the seed form with you and the seed of Maya will be burnt in such a way that no progeny will ever emerge from that seed. Any seed that has been put into fire will, in any case, never bear fruit and so, do not put any effort into cutting the branches, having put the seed aside. With the seed form, finish the seed of vices and you will automatically be freed from having to make effort again and again.
- 10) To be in solitude means to be stable in any one powerful stage. Become stable in the seed form, become stable in the form of a lighthouse and a might house, that is, be one who gives light and might to the world – be stable in this experience. This stage, for even one minute, can give you and others a lot of benefit.

- 11) In order to experience the seed stage, both the mind and intellect need a powerful brake and also the power to steer. This is known as the power of remembrance or the avyakt power. It is not good if you are not able to apply the brake, and it is also not good if you are not able to steer well. By being able to apply the brake and steering properly, the power of your intellect will not go to waste. The more energy you accumulate, the more your powers to discern and decide will increase.
- 12) Practise remaining stable in the seed stage, but, as well as this, sometimes also be a lighthouse, sometimes a might house, sometimes stand at the top of the tree in the form of a seed, and sometimes, stand at the top of the world cycle and give power to everyone. Sometimes, be a jewel on the forehead, sometimes, be seated on the heart-throne...experience these different forms. Let there be variety and there will then be entertainment and you will not be bored.
- 13) If you experience the seed stage or the stage of powerful remembrance for a very little time, the reason is that there is still some leakage and the power of the intellect goes to waste. Sometimes there will be waste thoughts and sometimes ordinary thoughts. For the intellect to remain busy in the thoughts of the work that you are doing is to have ordinary thoughts. Then, there isn't the power of remembrance or the churning power that is needed and so you do not experience powerful remembrance. So, constantly have powerful thoughts and stay in a powerful stage and then you will be able to experience the powerful seed stage.
- 14) The majority of devotees have a desire to see light for even one second. The eyes of you children are the means to fulfil this desire. Let your eyes grant a vision of the light form of the Father. The eyes should not appear to be eyes, but globes of light.
- 15) Now, collectively, be a lighthouse and a might house and do the service of spreading powerful vibrations. Now make your attitude, vibrations and atmosphere powerful. Let the atmosphere everywhere become completely free from obstacles and filled with mercy, good wishes and pure feelings and only then will this light and might be instrumental for revelation.

Homework for the month of September 16 – 30 2021

Experience the bodiless stage

- 16) Just as it is essential to know the Father in all His forms and with all relationships, similarly, it is essential to know the self through the Father. To know means to accept. When you move along considering yourself to be what you are and as you are, to be bodiless while in the body, avyakt while being in the vyakt (gross) form, an angel as you walk and move along and while performing actions, your stage will become karmateet.
- 17) Just as Bodiless BapDada has to take support of the body in order to make you children bodiless, similarly, while in this life, being in this body, be stable in the body as a bodiless soul and enable the body to perform actions as karavanhar (one who inspires others to do). This body is karanhar (one who does) and the soul is karavanhar and this stage is called the bodiless stage. This is also known as following the Father. The stage of following the Father is constantly bodiless, beyond the body and incorporeal.
- 18) Become Arjuna in being bodiless. The speciality of Arjuna was to that he was always aware of the point form and became victorious through that. Those who become a conqueror of attachment and an embodiment of remembrance are Arjuna. Those who constantly listen to the knowledge of the Gita and churn it are Arjuna. Become Arjuna who is bodiless and is aware that all are already dead, and who has an attitude of unlimited disinterest.
- 19) In order to be close to the Father and to become equal, practise being bodiless while being in the body. You saw the example of becoming karmateet in sakar Baba, similarly, follow the father. While you are in this body and playing your part with the physical senses and organs on the field of action, take support of the physical senses to perform actions and then become detached.

- 20) In order to detach yourself from the bondage of the body, consider yourself to be an incarnation. Have the awareness of being an incarnation and take support of the body and then perform actions. Do not be tied in the bondage of karma. Experience the bodiless stage while being in the body.
- 21) Whatever adverse situations are coming and are to come, a lot of practice of the bodiless stage is needed for that, and therefore put aside everything else – even the questions such as “perhaps this will happen, perhaps that will happen, what will happen?” – and increase the practice of the bodiless stage. No situation or upheaval can influence those who are bodiless.
- 22) In the final moments, all the five elements of matter will try very hard to shake you, but a soul who has the practice of the bodiless stage will be able to remain absolutely unshakeable and immovable and pass with honours; you will pass in everything and give the proof of having passed with honours, just like Father Brahma.
- 23) Whatever plans of service you think of, you may make those plans and think about them, but not with the element of alarm, wondering what will happen. Think of them while being bodiless, as a detached observer. You thought about something, you made a plan and, within a second, create a plain stage. There is now a need for this stage. This bodiless stage will very easily enable you to overcome all adverse situations. Just like watching clouds come and go, a bodiless being will just watch the games while being unshakeable and immovable.
- 24) Father Brahma became avyakt and karmateet through the bodiless stage and you are worthy of the special sustenance of Avyakt Brahma. So give the response of that avyakt sustenance by becoming bodiless. Maintain the balance of service and your stage.
- 25) Throughout the day, every now and again, even when you have only a second, repeatedly continue to practise being bodiless. If you find just 2-4 seconds for this, you will get a lot of help. Otherwise, your intellect will continue to overwork throughout the day and then it takes time to become bodiless. If you already have the practice, you will be able to become bodiless when you want, because at the end everything will happen suddenly. In the paper of suddenly, the practice of being bodiless is absolutely essential.
- 26) The busier someone is, the more they need to practise this every now and again. Then the tiredness you sometimes feel in service and the upheaval that occurs will not take place. If you have the practice of becoming detached in one second, then, whenever anything happens, you will be able to distance yourself from these things with this practice in one second. You will not have to battle.
- 27) If you do not have the practice of becoming bodiless in one second, then the last moments will also be spent in battling and whatever you are weak in – whether it is your nature or in your relationships, your thought power, your attitude, the influence of the atmosphere – whatever it is you are weak in, Maya will purposely test you in that form. This why the practice of being bodiless is absolutely essential.
- 28) Bodiless means to be detached from the body. Nature, sanskars, weaknesses are all connected with the body and when you become detached from the body, you can be detached from everything else. Therefore, this drill will help you a lot. You need controlling power for this.
- 29) There may be upheaval everywhere – the upheaval of people and matter is to increase. At such a time, the means of safety is to make yourself bodiless, go beyond the consciousness of the body and become soul conscious in one second. Every now and again, try to stabilise your mind and intellect wherever you want in one second. This is known as spiritual endeavour.
- 30) The method to become bodiless is to become a point. When you become bodiless or karmateet, the method for this is the point. This is why BapDada says: When celebrating a meeting with BapDada at amrit vela, while having a heart-to-heart conversation, when you come into action, first of all apply a tilak of the three dots on your forehead and then check. Do not let this tilak of awareness be erased for any reason. Let the tilak remain imperishable and never be erased.