

## **Brother Nirwair– 7<sup>th</sup>March 2016 – Diamond Hall, Shantivan Serving the five elements...**

We have come to Shantivan for this special occasion. Baba's children are many now. The ones who have reached here and who will be meeting BapDada today are very fortunate. We used to see how Sakar Baba would give sakash to the five elements, especially paying a lot of attention at Amrit Vela to this. What is happening nowadays? We have trouble with the five elements; our bodies and the environment. Many people in the world suffer from a shortage of water. The natural resources are being used up. We see so many natural calamities. Earthquakes in Bharat and abroad are becoming very strong and bring the fears of Tsunami's as well. People are very disturbed by this. Sometimes there is no rain and then the crops cannot grow. Many farmers are taking their own lives as they get into debt. When we listen to the news we also hear of manmade wars. See what is happening in Turkey and the Middle Eastern countries. In order to take refuge people are moving from one place to another. The population is increasing day by day and it is very difficult to move and settle in other places. These things are happening in Bharat and abroad. People are facing so many difficulties. We have to work to clear all of this with the power of yoga. With the power of yoga we have to purify the and conquer matter. Matter will then give cooperation because we remain friends with it. Even on a small scale we can take care of matter. We can create a place for birds and animals to drink. If we take small actions, then matter will feel our cooperation and will not trouble us.

I have seen that in other places there are droughts in Gujarat and Rajasthan and yet Baba has placed us here in such a place where there is peace. Somehow we get enough water. Here many come and meditate. In meditation we experience all the virtues and become lighthouses. With such a big gathering the vibrations which are moving from here also give cooperation to purify matter. Early in the morning, in the day and in the evening, whenever you are here pay attention to yoga. Everyone has remembrance of the Father and good wishes. We are also master world benefactors. Our sanskars also are benevolent to matter. We send sakash to all our brothers and sisters across the world.

When we have good connection with Baba, we feel it wherever we are. All are God's children, the children of The Father. We give our sakaash and contribution of yoga to all souls. We have to renounce any negative thoughts in our minds as these would incur loss. Keep courage to rid yourself of all negativity. Some have become subservient to negative thoughts and they find it very difficult to come out of that. We have to let go of the old sanskars, as they are of no use to us.

In 1936, Baba used to write a diary, talking to himself. What was he saying? He was telling his mind 'Oh mind, you have troubled me a lot. I have been a King and you the minister have disobeyed a great deal'. His mind told him that what it did was for his happiness and enjoyment but Baba did not agree!

No-one can carry out Shiv Baba's task. However, we can work on our minds by dialoguing with ourselves. Baba has taught us these things. I the soul am the king of my mind, intellect and sanskars. I don't have to be subservient to these three faculties. The soul is imperishable, immortal, conscient, the embodiment of bliss – the king. What is the one thing worldly people are afraid of? Baba tells us that to leave and take another body is a common thing. Baba has made this firm. The body is made of the five elements. The soul plays a part, leaves and goes to play a new part. The body gives cooperation. See how we need to work with the body... so we get better facilities, a great body, in the future. Baba tells us this is the last of 84 births. Throughout the cycle we don't meet Shiv Baba. We offer much to the Shivalingam, but when we have a personal meeting with Shiv Baba this is something unique to this auspicious time. He is the most powerful One. He is God himself and He incarnates and helps us to conquer maya with the power of yoga and knowledge.

When we love matter and take care of it then it gives us cooperation. We first have to become conquerors of maya. The first step for this is to remove all the vices. If we indulge in the vices then the conscience bites. Whatever affects the mind means a loss of the benefits of this precious time, the Confluence Age. We are always happy in Baba's remembrance. The more we connect our mind with Shiv Baba, the Ocean of Love, Peace, Bliss and Happiness, the more we will be with Him and feel His Companionship. Then we are coloured by Him. In which colour? Is it golden? Or is it golden white? Pure white? Like a diamond...

If the mind is influenced by the five vices then we can never experience supersensuous joy. The gift of Brahmin life is the gift beyond the physical senses... not only happiness but supersensuous joy. Then what kind of vibrations are being created! These vibrations will then influence matter. Then others too will see and pay attention. Then? Then every home becomes heaven.

In the world there are so many situations and so many conferences being held to look into these issues. Everyone is looking for peace of mind and peace in the world. The main thing is that we all have to return to our original form, to the true self. What do all the BK's say to each other? Om Shanti. Dadi says this three times. Give this donation to the five elements!

There are many customs and rituals on the path of devotion where they chant Om and say Om Shanti. When chanting Om the mind does become peaceful. Here Baba says, 'Link your mind to Me'.

Om Shanti