

19th August 2017, 7pm

GCH, LONDON

Janmashtami

Celebrating Sri Krishna – the divine inspiration

REPORT



This was the 25th celebration of Janmashtami at Global Cooperation House and a very special event. Everyone entered into a beautifully lit auditorium with a statuette of Krishna playing his flute, appearing to rise from a lotus flower at the centre of the stage. Approx 400 attended with a further 100 joining online.

MC Sister Sukanti welcomed everyone to this very gentle and evocative programme exploring the significance of Krishna today and how he inspires us to see there is the possibility of a time of peace and happiness on earth...

There was a **spiritual video message** from **Sister Jayanti** to inspire everyone to come and enter Satyug, the Golden Age, Sri Krishna's kingdom. She reminded everyone of the difference between Sri Krishna, the most beloved deity, and Paramatma. When we connect with God purification and transformation of the soul can take place so we can become worthy enough to play in the world of happiness, with Sri Krishna, the first soul to go through this process. Gopis are remembered as those who danced with Sri Krishna, and they are the ones who became masters of physical senses at this time, the lovers of God.



There followed a dance to take us into the experience of a young Sri Krishna and his world, with young children from the London class dancing together sweetly. This was followed by a skit by Brother Mitesh, as one who is aspiring to attain the purity that Sri Krishna reached and he wearily asked himself and the audience...is this really possible for us to do too?

Brother Mitesh Manek was shown with a backdrop of a bubble of thoughts showing the image of Sri Krishna and he pondered dreamily how he could enter his world, a place of dance and happiness. Six older children from Leicester then performed an inspiring Ras of Krishna and his playmates dancing in happiness.



Mitesh was then shown entering a London tube and again came with his bubble of Krishna in his thoughts...how to get there? his thoughts and actions were the same in himself and with his world....love peace and power in his world. A world of freedom. Am I in harmony in my thoughts? Is my mind racing. 'I cannot reach you but why don't you come to me?' Then he had a vision of Sri Krishna (played by **Brother Siddharth Singh**) on the tube with him and they had a touching exchange:

Within me there is so much darkness. Sri Krishna reassured him 'Its ok every light is in darkness before it is lit. The foundation of light is knowledge and yoga. You are looking for love, peace and happiness. When we transform our thoughts then there can be peace. When we live with these qualities we can become it . Just as there is a driver for the tube so you too are the driver of the body. Our mind and thoughts direct us.

But my mind keeps jumping... It is the nature of the mind to jump and yet slowly the mind will listen to the intellect .

If I call you again will you come. ... Keep me in your heart....

Sister Shashi, the keynote speaker, gave a beautiful indepth talk on the spiritual significance of Janmashtami, with her usual humour and anecdote. Below are some of the main points:



- He is called the One who attracts each ones mind...I have never heard of Krishna travelling in the tube!
- Mothers have such respect for him because he had so many specialities.
- What did Krishna do in his last life that he had so many memorials?
- They show a peacock feather on his head. This is the symbol of purity. There was complete purity at this time and he is shown with a flute...
- Butter is made by churning the buttermilk. Churning of of spiritual knowledge allowed him to bring this knowledge into his life. It was not just for himself that he churned this knowledge.

- The form of Brahma, the one who is Krishna, is the one who wakens the Gopi's, the ones who are portrayed carrying and dancing with pitchers, which means the ones who think about spiritual knowledge.
- We can all imbibe Raj Yoga in our life and make our life elevated.
- Tapasya means to transform. The Supreme Father, the Supreme Soul at this time is giving us the teaching of Yoga. Yoga becomes a fire and destroys the sins of our past and the pure soul is able to share happiness.
- When we imbibe knowledge and yoga in our life we can create harmony. The feet of the deities cannot come into this impure world but Krishna says come into my heaven. The Supreme father at this time is establishing heaven and is purifying us.
- At this time, when there is extreme irreligiousness he takes the support of the body of Brahma (Krishna soul) and teaches us the knowledge of truth. He transforms us and makes us worthy to go to the world of Krishna.
- God Himself, the Supreme Father, the Supreme Soul comes at the end of this kaliyug at the time of confluence between the iron and golden age
- He also comes as The Teacher to tell us about the beginning, middle and end of the world. He says: ' You were the ones who were deities' ...it was not just one or two but a whole community.
- In the golden age each human being is a deity. Divinity and divine virtues operating all the time.
- How can we become complete with all virtues.? Give virtues and take virtues from everyone. So we have to stop holding the vision of the weakness of each other.
- He tells us sweet children, I have come to bring Golden Age into this world. Can you remember Me.
- At this time there is the distress of all the five vices and the world is confused by these.
- God is just asking us for our cooperation at this time. Can we, like Krishna, make ourselves worthy of going into the pure world. It is these vices that have made us unhappy and sorrowful. God has said we are not cowards and with the inculcation of knowledge and yoga we can make ourselves viceless.
- He wants His children to be reformed and improved. So we have to reform and improve!
- God says that He is present for us at 4am in the morning. The soul of Sri Krishna took so much power and virtue and strength from the Supreme Being at this time of day. We can do this too.
- We can learn not to rush. Have mercy on yourself and give yourself time and then you will be able to imbibe virtues in your life. You will become worthy then to go into this world.
- When there is the harmony of the dance within, then we can harmonise with others. Why do we clash with others? Because we are all different.
- This drama that we are all enacting is going to an end soon and He will take us back Home anyway.
- Who established Hinduism. God tells us at this time that he has come once again to light us up. Become detached from the body as a subtle being of light.
- What happens at the temple? We leave our shoes outside. So let go of bodyconsciousness and realise the consciousness of the soul and remember God. We have to also remove ourselves from all worldly attractions. Then there is the attainment of peace and power .
- So think...I am a peaceful soul and after time you will start to feel that. Remember the Home...The Place of Peace.

Shashiben led everyone into a meditation commentary....and thanks were shared by MC Sisterto all those who supported and participated in the evening's programme.

Blessings, fruit and toli was shared with all.

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