

## Special instructions for 18<sup>th</sup> January Day of Remembrance 2017

Beloved Avyakt BapDada's deeply loving instrument teachers who are constantly on service of world benefit through your tapaswi form, ones who are the embodiment of renunciation and tapasya, all brothers and sisters who are the decoration of the Brahmin clan, please accept sweet love and remembrances filled with God's love.

The month of January is a special month filled with blessings and special tapasya bhatthis are taking place at all the centres. All are introverted and touring the subtle regions. Sweet Baba has drawn our attention to having silence of the mind and also in words. Through this the power of our mind will increase, and we will be able to give the donation of peace and power in an atmosphere of sorrow and peacelessness.

Special note:

- 1) From 1<sup>st</sup> January to 31<sup>st</sup> January, a special point has been written at the end of each day's murli for tapasya. All of you must be practising those points. These points can be written up on a board in the class room every day. Share with everyone the method to be stable in that form and to churn those points.
- 2) In this avyakt month, let everyone definitely practise having silence of the mind and also in terms of words, and go into the depth of experiences.
- 3) Experience what the double light stage and the angelic stage is, and with the flying stage, especially tour around the subtle region.
- 4) While interacting with everyone, as much as possible, pay special attention to being introverted. Be economical in your thoughts, words and time and increase your account of accumulation.
- 5) A special murli of deep and entertaining sakar and avyakt elevated versions filled with sweet teachings from BapDada has been sent for you to read in class especially on the day of remembrance. Listen to it in morning class with attention and practise it throughout the day.
- 6) Let Wednesday 18<sup>th</sup> January be celebrated in the form of World Peace Day. Take leave from your work and spend time touring in the subtle region. Have special yoga tapasya from amrit vela till evening. After murli class, let everyone have light breakfast at the centre followed by a yoga bhatthi. From about 7.00pm Madhuban time, we will then be able to receive BapDada's live transmission of the murli from Shantivan.
- 7) According to your own convenience, fix a day to have a special public programme for highlighting Baba's divine life story as you do each year. Any brothers or sisters can share their experiences of the divine sustenance they have received from sakar Baba. Specially invite those in contact and relationship with you for this experience of the avyakt day and introduce them to the alokik atmosphere and BapDada's divine task.
- 8) Have some articles printed about BapDada's life in the newspapers, and also publicise these on the TV and Radio through which many souls can receive BapDada's divine message.