

Dadi Janki's message for Christmas Day – 25th December 2016

Om shanti. Everywhere in the world, everyone is celebrating Merry Christmas with so much happiness and love. What does Merry Christmas mean? Peace, love and happiness. Every home is God's home. How can we ourselves celebrate Christmas with so much happiness? In all homes, it is as though there is light and only light everywhere. Otherwise, there is sorrow and peacelessness and then we don't enjoy ourselves. From childhood, I have celebrated Christmas – it is celebrated from the heart. Hearts enjoy. What is joy? Happiness, happiness and happiness. It is wonderful. In the world, everyone has so much love and regard for Christmas. Merry Christmas – young, old, adults, old people – when all say this, there is great splendour. How will we celebrate Christmas? We will ignite the lights. In the celebrations, everyone is fed very good food and there is so much splendour. The heart says: Thank you, Father, that You made us belong to You and taught us how to smile all the time. When you smile, nothing is difficult. Everything is easy. God is our Companion. Be a detached observer and play among yourselves such that your sparkling faces are visible to everyone. The more your faces are sparkling, the more the sound emerges from within: Merry Christmas (meri – mine). In the whole year, there is just this one day on the 25th (December) when the sound emerges from everyone – Meri Christmas, Meri Christmas.

It is good. I may be sitting here in Bharat, but I am aware that everywhere in the world, young, old, adults, everyone celebrates with Merry Christmas. What emerges from the heart? (meri dil) – Happiness, love and honesty. Naturally, when there is honesty, love and happiness, your face sparkles.

There are three things in the body – heart, head and drishti. See how everyone is celebrating with so much happiness! Who am I? Who is mine? I am a soul and my Father is the Almighty Authority. He says: Remain detached and interact with everyone with love. While being in the body, while being in the world, by being detached, you automatically receive love and you have to give love automatically. What is love?

Love is such... that body, mind, wealth and relationships – while living in the world, no matter what the body is like, the state of the mind is good. It does not matter if you have only a little wealth, because your heart is big. The eyes are so good that a smile emerges through the eyes. Who am I and who is mine? What is love? Love emerges from the heart. Love is in the heart and when it emerges, it is revealed through your vision and attitude. In your awareness, you have: Who am I? In your attitude, you have the feeling, "Who is mine?" In your vision, you have the feeling, "Everyone is good". No matter what happens, there is no nourishment like that of happiness and no illness like that of worry. Worry or wasteful thinking does not allow you to lead a good life. In order to lead a good life, these three things are very useful and this is why, I say: Meri Christmas. It feels very good when everyone says this with love and there is great splendour and everyone's face becomes happy. Thank you. Om shanti.

Meri Christmas. Meri Christmas. Achcha. Om shanti.