

**SERVICE IN THE HOME
FOR THE ELDERLY & DISABLE PATIENTS
MONTEGO BAY, JAMAICA
AUGUST 2015**

There was a visit by a BK sister to the elderly and disabled patients Home around the BK Centre in St. James Parish, Montego Bay. The very name is “**FAITH & HOPE NURSING RESIDENT**”. They give their services for the physically challenged people whether they are elderly or the disable.



Sis. Bharti and Bro. Paul visited this place in order to serve these people and give them salvation **through spirituality and meditation**. The owner of the Home is **Mrs. Brown** who was very co-operative and happy for us to visit their place and give some encouragement to the physically challenged people.



There were approximately **25 patients and 4 staff plus the owner Mrs. Brown** attended the talk personally. Since few of the others could not sit even on the wheelchair or sofa they experienced the session lying down on the beds in their rooms nearby. It was a session for all of them to relax as they were given the knowledge about spirituality for just 10 minutes and then **the practical experience of peace and silence through meditation with the background music and commentary by BK sister**.



They found it very useful for them as if they needed it as this practical meditation made their minds stable for the time they practiced so **on few of them request we again continued the meditation for some more time** and everybody was much happy to do that. There was just love and happiness to spread to fill their aprons.



At the end they all were **given Bhog to eat** and everybody's **faces were blossomed like a small child**. It was a clear picture that was telling that no matter what the physical age is but everybody has child's heart in them. After all, **we all are the Children of the Supreme Father the Supreme Soul**.

Om Shanti