

Om Shanti everyone!

I think we all understand what is to be clean and what is cleanliness. I think we all like everything to be clean, right! Nature also has a whole process of getting clean. Whenever there is any kind of pollution, the rain comes and makes the air become very clean. They say that after rain, that's the best air, right! We filter the water or we try to get spring water, right! We know that clean water is healthy for the body. We keep our spaces clean: our kitchen, our bedroom or our living room clean. If Baba visits everyone's home today, is it clean? No! When someone visits you, will you clean? Baba just appears, right! Sometimes you don't feel it, but when space is clean, it has a very beautiful effect on the mind, you feel very beautiful. One of the things which impressed me a lot when I first met not only Brahma Baba but all Dadis was that they were very clean. When I say very clean, their clothes were very clean, everything. They were not using anything, in the sense of perfume or anything, but there was a natural fragrance of being clean. When I saw Brahma Baba, he was very simple, but his kurta was so clean, very white and clean. The Dadis didn't have much, but whenever you saw them, they were very clean. You must have noticed that Madhuban niwasis, you see them in morning class or when they go for a walk in the evening, everyone is in very clean clothes. You can feel the difference between a Pandav Bhavan niwasi, their clothes are very, very white, very clean. Now when it comes to food, we have clean pots, spoons, plates, cutlery, everything is clean, because there could always be a lot of dust, right! Of course, Baba says clean mind and intellect but I feel, if there is a clean mind, you would like to keep everything clean. Baba in Murli has given an example that sometimes the vehicle, whether a scooter or a car, is not able to pick up speed, because there is something clogging the gasoline. So, then they have to clean it so that it can pick up speed. So that's what Baba is saying: to have speed in our efforts, good efforts, we need to have a clean heart, clean mind, clean intellect. Just imagine, we are not here talking about a skill, but we are talking about when it's clean, it has capacity. A lot of people work on power and capacity, but today, Baba is saying when it is clean, it has power. In a way it is easy, if we pay attention. So that means if my thoughts are pure, it will have a very fast speed. Of course, that thought has to reach Baba or reach souls whom we are serving or giving sakash. They say anything which is clean, like air, is very light and rises above and beyond. So, if I want to be detached from body, I want to just quickly feel connected with Baba, what is needed is a clean heart!

Purity is one thing, but clean and pure is to clean the traces which are left. Okay, I don't get angry, but I get irritated, so, these are traces. I am not against anyone, but very subtly, I do oppose, so I think that there could be a very, very long list of what I need to keep and which thoughts I need to clean. All of us want success, we want each thought to be worthwhile not to go waste. That is why when reading or listening to Murli, do it with your clean heart, with your clean mind and clean intellect. When the vessel is so clean, Baba calls it the golden vessel, knowledge becomes nectar. We feel the sweetness and power

of knowledge. While reading Murli you can feel Baba's love. Look at Baba, how is He talking to me? What He is telling me? How sweetly He is explaining to me. How much love He has for all of us. So, lovely, lovely thoughts will emerge for Baba, even while reading Murli, if heart and intellect are clean. So, I think, we should really, really enjoy it, as truth is important. Cleanliness is also very, very important. There are some people, when they sit on any chair, first, they look around and see is it clean, and then they will sit, right! So, this nature, attention of having everything clean, elements, food or relationships. It shouldn't be that externally I am very loveful, internally, I say no this one is like this and have so many impressions about that person. That's not clean, right, that's not real and true. It is very interesting, very interesting, to have a clean heart. It creates such a beautiful bond of joy. It is not with expectation or condition, no. You feel yes, we belong to one family, we all are Baba's children; we all are brothers and sisters, it is a very, very good connection. I also like when Baba says, when it is clean, it is also clear, because clarity is very important. Whatever you are listening to, if there is a problem, one needs to have a very, very clear intellect to understand exactly what the problem is. So, to be clean, it needs to be clear and also sweet. If you see the benefits, we will work on ourselves a lot. No negative, no wasteful, no doubtful, immediately, like no, I have to keep my thoughts clean.

You will notice that now the dust is coming. Little bit, you know some spots are coming, you have to keep it completely clean. If you find any thought, don't worry, that's the time to clean. If you don't notice any stains, how will you clean? So, some get very nervous, "Oh, I still get those thoughts". That's ok. Now you saw them, you clean it, clean it and have pure feelings and good wishes for everyone. So, I think it is very beautiful, seems like a 24 hours process, right! But just imagine that when it becomes our nature and habit and we keep doing it, how good we will feel. Very light and powerful and the thought reaches Baba. So, look at what we call it as, I really, really love this, effort to keep my thoughts, my intellect very clean and also very clear and have pure feelings and good wishes for everyone!

Om Shanti!