



Being Invisible  
in the Visible



# Power lies in the Invisible

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The most powerful things in the universe are invisible... God - The Supreme Source is invisible. A "seed" from which the entire tree grows is invisible. Atomic energy - which is the most powerful physical force - is also invisible. The most precious and important things that matter in life - feelings of belonging, feelings of love and respect are all invisible.

We generally tend to associate ourselves with the visible. Maya or the illusion brings us in the visible. Actions are visible - so we tend to take our self respect from them.



# Reality is in the Invisible

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How can we define reality - may be something that is permanent, unconditional and unending. Anything that we can see in the world is subject to change. The only thing constant in this world is change.

The mind always wants to get absorbed in feelings of happiness, ecstasy and bliss. But having lost touch of the eternally blissful state of being, we base our happiness in unreal things. It's a paradox - "we are real, we want to feel real... but we try to feel it in the unreal (visible) world."

God's treasures are unlimited, invisible and real... I just need to stay in the invisible to experience them.



# Visible service and invisible service

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In visible service, our intentions are to be visible in the eyes of others through the service that we perform. It often drains out the spiritual energy. True service is invisible - one that is a pure flow of spiritual energy from the Source into the world. It is completely invisible. Invisible service is unlimited and instantly reaches out to all the "invisible" souls. Invisible service uplifts the soul exponentially, whereas visible service is like a spiral down - we feel we are doing good, but in reality Maya, the illusion pulls us exponentially into the visible world and its traps.



## The practice of being invisible Switching The Reset Button

I take a moment to switch OFF the visible world and experience the invisible... get soaked up in the feelings of truth and bliss, and then switch ON to the visible world of action. This practice is much like resetting the computer when it freezes, and I'm able to stay detached and unaffected.





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## Training the mind to "see" the invisible

The mind is trained from childhood and from so many births to see the visible. The mind sees and records images/sounds of the visible world. These impressions of the visible world are what have been stored in the form of habitual thought patterns and "old sanskars".

Baba has come at the confluence age and is training our minds to "see" the invisible - the world where He lives, and understand the way He thinks. Everyday's murli is a guidance from the Supreme Teacher to understand His perspective of seeing the invisible. Like today He said - in order for the mind to fly, I need to transform Mine (the recordings of the visible world) into Yours.

When I feel that everything that is "visible" (be it the character that I'm playing, any person I'm talking to, or anyone I'm thinking about) belongs to Baba, then it brings Supreme respect in my attitude and interactions and I begin to cherish the presence of every person and scene in my life as a gift from Baba. Isn't it jeevanmukti (liberation in life) ?

Let me look forward to everyday's murli as a way to train my mind to "see the invisible" from a new perspective and come closer to the aim of "living an invisible life"



**2018** - The  
Year of  
completion  
and  
revelation

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Baba became invisible (avyakt) in 1969 and made His children visible (pratyasksh) in this world. 2018 is the year for us to become invisible (avyakt) and make Baba visible (pratyaksh) in this world.



## Staying in the Invisible (The Fire of Yoga)

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The essence of all our efforts is to let the consciousness completely stay in the invisible - for it not to be pulled into this visible world (including the Brahmin world and its expansions). How to allow it to happen in an easy and natural way?

If we have to convert anything visible into invisible... that is, to change its form - we need to put it into "fire". That's why we call ourselves as being sustained by Baba's "yagya" or the sacrificial fire. Fire has the power to change the form of anything from within - breaking the bond energy and allowing the invisible to appear. We need to let our consciousness "burn" in Baba's love. There should be no one else and nothing else of the visible world but just Baba. Jagdish Bhai once said - it's very easy to become tireless servers, but we need to become "Tireless tapaswis" - our love for Baba should be deep, very deep - so much so that we can feel it in every breath, in every heart beat and in every drop of our blood. If there's nothing but Baba visible to us, then we can easily become invisible!

Mamma made this effort and became number one. Can we also make this effort and bring about transformation until Mamma's Day, June 24?





## Methods to create the Avyakt (invisible) stage (July 17, 1969)

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Do you like the avyakt stage, or do you prefer to come into the corporeal stage? Is there sound in the avyakt stage? Do you wish to stay beyond sound? When all of you are trying to stay beyond sound, and you also like that, then why do you call BapDada into the corporeal world? **What effort should you make in order to constantly remain in the avyakt stage?** Give an answer in just one word through which you can maintain the avyakt stage. Which one word should you remember so that you are able to create the avyakt stage? Give one word through which your thoughts, words and actions remain avyakt whilst being in the corporeal stage. (To be soul conscious.) Soul consciousness means an avyakt stage. So what should you remember for that stage? What effort should you make?

Gradually, all of you will have the stage when you will be able to know beforehand what is inside each one. This is why you are made to practise this. The more you stabilise yourself in the avyakt stage, whether someone speaks through the mouth or not, the more you will be able to know that one's feelings beforehand. Such a time will come. This is why you are made to practise this. So Baba was asking you first: What one word should you remember? **To consider yourself to be a guest.** If you consider yourself a guest, you will be able to become the final, perfect stage that has been remembered. If you consider yourself a guest, then whilst being in the corporeal form, you will be able to remain in the avyakt stage. A guest does not have any attachment to anyone. We are guests even in this body. We are also guests in this old world. Since we are guests in this body, why should we have attachment to it? You have to use this body for just a little while. What will you become there if you become a guest here? The more you are a guest here, the greater a master of the world you will be there. You are not the masters of this world. You are guests in this world and masters of the new world. The reason you come into the feeling of the corporeal is that you do not consider yourself to be a guest. You consider yourself to have a right over things, this is why you have attachment. If you consider yourself a guest, all these things will finish.



# The Invisible Guest

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**Atithi Devo Bhav** – When we practice being atithi (guest) now, we'll become devta in future :) to the extent that we practice this stage, to the same extent we'll develop sanskars of divinity.

**Soul (the guest) and Drama (the host)** – Guests are always treated with royalty by the hosts. When we remain guests in the drama, then every scene of the drama treats us with royalty... that's why perhaps in golden age everything was so pure and beautiful. When a guest tries to take control of things that belong to the host, the host doesn't like it... that's why we guests shouldn't create attachments in this drama - otherwise drama won't like it... nothing belongs to us anyways :)

**OWN - NOW – WON** – When I don't own anything, then I can easily remain in the now. When I feel I own something then I will start to think/plan about it... I'll think about it's past and future and will forget to enjoy the moment. When I don't own anything, I can easily stay detached and "loving" - and experience being in the NOW. When every moment is spent in the NOW, I'll become victorious (Experience the state of having WON the heart of Baba and others)...