

## Sister Jayanti – 2<sup>nd</sup> May 2021 am – GCH, London

### Be lost in love, and share the vibrations of God's presence...

Om Shanti. Good morning.

The first part of today's Murli is about Christmas as it is the Murli of 23.12.1987 and I imagine there was a large group of people from abroad there. It is about being happy, enthusiastic, flying and making others fly. Yet I know that now is a time of bereavement for many many families, especially in India at the moment. We see what is happening and yet today's Murli is telling us to remain enthusiastic and happy. I was asking myself the question on how to match this up. A statement that comes again from Baba today, is the expression, '*Nyara and Pyara*': Detachment filled with deep love. Baba is talking to us firstly for ourselves. I have to experience detachment and when I am detached I can experience God's love. Also Baba is teaching me how do to stay detached from those around me and including I love dearly around me. Staying detached doesn't mean I am cutting off, ignoring or rejecting...but I am able to see the bigger picture. When Brahmins pass on, we need to hold the understanding that they have gone on for a higher task, a higher role. Detachment means knowing when souls are here they are playing an important role, but when they go they also play an important role in God's task and establishment and we give them permission to go, sharing not just our love but God's love to support them onwards.

Seeing the bigger picture, Baba is teaching me to sing praise of Him and to take benefit from scenes of the Drama and continue as an instrument in a powerful way. If I forget my purpose here in Sangamyug how can I help Baba? Baba has used the expression 'Baba the One who makes you as sweet as *Kismis* (raisins)' is a play on the word Christmas. Baba has come to give us eternal gifts, that last longer than half a cycle. When we sing songs of praise of God, or speak songs of praise of God, that service also makes the heart dance. Now, it is a time of bereavement yet also a time to remind others of God. A time when people are realising that all the external things they have accumulated don't matter. It is life that is precious and it is God that can help them. This is part of the current scene of the Drama that more and more people are turning to God to take His help. As the lucky few, we are God's instruments and ones who actually know who God is. People don't know who the soul is, and there is lots of confusion out there and strange ideas being shared on the internet. This is all due to not knowing the soul. We practise soul consciousness and can help others to do this and we are able to connect them with God. This is such an important role we are playing now through this time. Baba has prepared us for these difficult times that are now with us. When we hear news of Bharat and across the world, we know that these are the times in which we have to play active roles as Baba's instruments. Who can help people? How much can you or I do? But what we can do is connect souls to God, in a simple way that is not complicated. In a way they can experiment with, experience and work on.

Baba is reminding us that it is the time to just stay happy and internally dance with joy, in the experience that you have found Baba and Baba has found you. Otherwise how can we help anyone around us! Part of the story of transition is that there is sorrow, but with Baba's love, power and gyan we turn it around and it becomes different and we continue as Baba's instruments.

The first part of the Murli is all about being the shining lights: having enthusiasm, as the shining lights of the Kalpa tree. Christmas being a memorial. The second part of the Murli is very intense. The 3 Hindi words that Baba uses puts across the idea very clearly: '*Vanan*': To hear and speak Baba's knowledge; '*Manan*' The revision of Baba's knowledge in our minds; '*Magan*' Being lost in Baba's love. He describes this last, yet it is also the first stage. First it can be very easy to understand gyan. On the external level people wonder at the 5,000 year cycle and yet Baba's children hold the memory recording inside themselves. When we hear gyan maybe there are questions but as we carry on hearing more and experiencing what Baba is saying then we realise that questioning is just intellectual discussion and debate. The experience Baba is giving us of the soul as eternal and going through an eternal cycle becomes very real. And it is a fact that God is now here to help me through this transition from Kaliyug to Satyug.

We are spiritual warriors, part of a spiritual revolution. There are some who are now saying that human beings are coming to the point of their own finish, extinction. The planet will continue but not humans. Baba is saying 'not true', it is eternal, we do continue, and Brahmins understand how this will happen, although others don't. There is a lot of knowledge we have that we can share as instruments at the right time. Yet I would still hesitate to tell people it is time to go Home. Soon we will be able to tell people. Now I will tell them what God can do for them at this moment.

The habit of listening and speaking is deep within us. We have done more bhakti than most others, for 2,500 years. Also a lot of singing. Baba has said we have had this habit since the Copper Age began. We have often had the habit of speaking gyan too quickly! I know this from my own experience. But Baba says OK, at least you are sharing God's knowledge and happiness comes back to you. This will bring the return of great joy immediately. This protects us from Maya, as we are experiencing God's company at that moment. Service on an external level comes and goes. Go deeper than this and churn Baba's knowledge experiencing insights and realisations. This also protects us from Maya. The first step of the Murli is to listen, then to revise and explore '*manan*'. After that I will be able to go into the depths, to churn '*mantan*' and make the links with what Baba is saying. As

we do this the intellect is occupied in a very elevated way and will protect us from waste and Maya in all its manifold forms. The deeper I go into Baba's knowledge the more protection I will feel, as my capacity to discern in what form Maya is coming is heightened.

One aspect of Brahmin Life is we come to Baba and become His child and then after a while we can go into valleys, when we are not engaging the intellect so intensely with reflecting on His knowledge. Then carelessness can come in 'I am Baba's child anyway' and Maya comes in very royal forms I don't recognise. Baba spoke of this yesterday in the blessing. One of the biggest royal forms is ego. It is my deepest sanskar of the Copper Age. When we are not so alert and not practising soul consciousness profoundly or connecting with Baba throughout the day. Lokik desires finish early on. But desire for recognition and the sanskar of ego comes in this form of wanting honour, name and fame within the Brahmin family. We don't always recognise this as the intellect is not aware to pick it up. So being occupied with Baba's knowledge is a blessing. The stage of 'manan' will definitely lead us to victory. Let me reflect on Baba's knowledge so that I can move forward in this way. The highest stage that Baba is speaking about is being 'lost in love'. I was checking the Murli to see the difference between this and the stage of revision in which Baba also says we experience peace, love and wisdom...all that we want, just by reflecting...but what is the higher stage 'being lost in love'. There are two aspects: Essentially we gain the power to destroy obstacles that come to us. The highest form of authority is experience. When we are lost in love we are able to go beyond obstacles and they finish quickly. Through our own experience we are able to then help others destroy the obstacles that are facing them too. In this Murli it becomes clear that this stage is only attained when we are immersed in God's love, not just a 'sometimes' connection. The Dadi's demonstrated this state of 'lost in love'; not just when they were speaking but when alone, or dealing with situations. If you remember last Sunday's avyakt Murli on karmateet, Baba is saying that in this stage of being immersed in God's love, the obstacles are finished and don't touch you, you are in the stage close to the Father, Bapsaman, and also the karmateet stage. Being immersed in love is the stage we can become karmateet. Am I waiting for traffic control or particular moments of meditation to be with Baba, or am I 'with' Him and carrying on with karma. This will then be the vibration that others pick up. The Dadi's didn't say much, and before they said anything, when they entered a room everyone felt a higher vibration and consciousness uplifting them. Baba didn't come to transform 108. Each one of us can have this opportunity to be 'lost in love' and share the vibrations of God's presence.

Baba today spoke directly to the double foreigners. I was reflecting on how much time and attention Baba gave to the double foreigners. It was incredible. Dadi Gulzar travelled to foreign countries up until 2012, personally giving us time and drishti, whether in a gathering or a small group. People would say it was like drishti from Baba. Dadi Janki would sit in yoga through the night, for Rakhi, for many years running, here in London! Dadi would say let people have an experience of Baba's presence and she was consciously invoking Baba and we could feel His presence.

It is easy to have a foot in two boats. One foot here and one there. Why because I am not quite sure and I am still to make up my mind. But there comes a time that we have to choose, as I cannot split and they are going in different directions. Baba is saying: Make sure both feet are in the same boat. If not you will always have doubts and uncertainty and be pulled: whether from science or bhakti. Different things pull different individuals. What you need to do is reflect and decide and be in one boat and this will carry you to your destination. Baba has also reminded us we have incarnated from above. Baba says now we are shud Brahmins....no longer shudras. This birth is a new birth, an incarnation, an avtar. Remember we have incarnated here only for God's task. The avtar never forgets why it has incarnated and doesn't get caught up and remains up above.

We will offer bhog now.

Om Shanti.