Aug 18th

Om Shanti

Baba is saying that we have to remain double light when there are problems. My reflections are becoming more and more clear. I was sharing how our awareness has to be 100% pure. Purity means that nothing from the past or difficulties or anything emerges in the awareness. Then we get the blessing from Baba every morning in Murli. Now, every point of knowledge, every blessing has to change into awareness, because I have to become that. Like today, the whole day, I was thinking that Baba said to consider yourself to be a guest, then your activity will be elevated and your stage will be very high. So, we create awareness a few times a day and see how it feels, "Ok, I am a guest now." Baba says that the soul is a guest in the body. How do I feel when I think I am a soul, a guest in this body? One is believing in the result, the attainment, and the other is to experience. What are my feelings, and what are the changes I experience, when I consider myself to be a guest? My attention has really been drawn towards not only purity in awareness, but also creating awareness based on Baba's blessings and Baba's knowledge. This is where efforts begin and awareness then becomes my attitude. From that attitude, drishti emerges, and from that drishti actions emerge. So, from smriti I have to become swaroop, I have to be an embodiment. I was thinking how much more work is left.

We hear, we accept, and we know that I was a worship worthy soul. Baba said that every worship worthy soul is a great soul who also brings a lot of love and light into the world. In the morning, we can stay in this awareness of, "I am a worship worthy soul." Why are Gods and Goddesses worshiped? Devotees want blessings, they want desires to be fulfilled, they want obstacles to be removed, etc. If I am a worship worthy soul, am I able to do all that? It is very interesting because if I am really making an effort, it's enjoyable, it's entertaining, and you also feel that it is real. It's not only that I am trying to create one type of consciousness, I just keep the aim that every point of knowledge has to become my awareness.

Baba said that an angel is not when you just sit and say, "I am an angel", but when you have problems, you remain double light. For example, Dadi Prakashmani, Dadi Gulzar, and Dadi Janki were always so light. They were aware of what was happening and the different obstacles, but they were not heavy about it. I always try to see how It is possible to stay light, even with these new responsibilities. On one hand you feel the responsibility, but for me, the only method I use is spiritual. If my mind and intellect are not engaged in efforts, then this will create some kind of conflict, criticism, or certain

behaviors that are not acceptable for us as Baba's children. Mostly we describe the soul and we say mind intellect and sanskars, but actually, the two important things in the soul are light and might. The mind, intellect and sanskars are all functioning within light and might. Light actually is the light of purity. Whether you go to the incorporeal world or you descend and you have status and relationships in the Golden age, all of that is based on light. Sanskars are not visible, and light is not visible through these eyes. I think Baba can see the light of the soul. Purity here means that you have been able to remove your alloy, then the light is brighter. So, that deep lightness comes from increasing the quality, the percentage of purity, and that's the lightness I saw in the Dadis.

How do I keep taking from what our ancestor souls said, and apply the knowledge to keep my awareness pure, so that there is not even subtle heaviness? You know one of the reasons we had been showing a lot on Brahma Baba and the early days of the Yagya, is because every Baba's new child should connect with the roots. Whatever was happening, deeply within, the ancestor souls had trust that the next scene of Drama would be beneficial and they will get something better. This is an example of their power that made them light, not only faith. Many times I saw such situations. Even when I met them when I was eleven and the Dadis were in their thirties, they used to come to my grandparent's home a lot. Looking at them, they had nothing, but they were bright and smiling. What kept them double light in all circumstances? Despite so much opposition, abuse, insult, and defamation, everyone I saw was bright and smiling. That is why we were so inspired to see how they could remain double light. When we are double light, the way our power to discern works is also very important. In situations where the ordinary response would be to get upset, we remain calm, and are able to use discernment to solve problems and get things done. That is when the other souls, whether they are lokik or alokik, observe us very much.

What I am saying is that when Baba says to be double light, and if we become the embodiment and practice, that is the angelic stage. We think angelic is when I sit and there is light all around. "Oh I see light, you are an angel," but then when I am in a situation there is no light, right? What am I at that time? Baba is saying that I have to be angelic the whole day while doing actions and in relationships. Every minute there are choices and you have to discern what is right. This requires a kind of awareness and implementation, then you really feel that you are moving forward. It is much better than before, and you also feel that one day as Baba wants us to be 100% pure, that will also happen. As much as there is purity, then lightness, power to discern, and all the virtues emerge at the right time. All that is happening because of purity. So, reflect and look into how there can be more and more percentage of purity.

Om Shanti