

Om Shanti

For this month, we will explore different aspects of purity. We have also done this in the past, but this is more on the "Personality of Purity". Looking at Brahma Baba, Mamma, all the Dadi's, and especially the few of us who were in contact with Dadi Prakashmani. Her love, her beauty, her kindness, generosity, everything was coming from her purity. She was an example of, when there is purity of mind, words, and sanskars, how expansion takes place, and there is contentment in the family.

We are very fortunate, as this morning, Baba said that Baba bestowes all the treasures of blessings upon us. I have to look into this aspect and see if I have blessings or not. You have to create the awareness of a particular blessing, and then you see that there is strength, or power, then that blessing will work for you in a practical way. While getting toli, we get blessings from the Dadi's, most of you must have kept them, and some of you give them away. I like to give them away. Take those blessings, read them, then one by one see, is that blessing part of your life?

Baba looks at the speciality of each one of us and gives us blessings. Baba said that one of the blessings Baba gives is "live long". Generally, some people will say even to Dadi's, Dadi you live long, Dadi said, "I only want to live as long as Baba can use my body as an instrument," Baba says that in spiritual life, and if there are blessings in life, what is unknown to you are the words 'difficult', or 'I can not do it'. That means blessings are working for you on your spiritual journey. I have been here for 60 years. When I look back, I say yes, it's true, because at least for me, when I look at Baba and I have been given a task, I never say it's difficult, or it's not possible, never. He has asked me to do something, and He will get it done. Once Baba said in the Murli, "You all will get the fortune and then fruit, so I have to do it through you. If I do it, I will get fruit, but no! You children have to do it." Baba will get it done, in a very magical and wonderful way, you will see that yes, it's true, nothing is difficult.

I remember asking Avyakt BapDada one time about when obstacles come. There are two types of external forces. One is family struggle, or what society will think. Secondly, internally (not with everyone) is the battle with maya, with the vices. Baba said that to gain experience is important. That means when there is opposition at home and you use your determination, Baba helps you. Then, because you have experience, when someone comes and asks you, you will guide and empower that soul. At the beginning of my journey, it was difficult for me to let go of family. I was aware that Baba wanted me to surrender and do Baba's service. So, I kept moving with Baba. I asked Baba, and Baba said, "This is just to gain experience". After that, I always remember that every situation teaches us. When we have passed, then we can help others to say, "Yes, it's possible, come, you will be able to do it also!"

Baba gave the blessing to “live long.” In order to live long, you need to be healthy, right? Because it is very difficult if you live long and you're not healthy. Baba also gave the blessing that you will always remain healthy in your mind, your intellect, and your concentration. Also, to consider all the souls of the world as your children. Baba has given us such unlimited wealth, and the treasure of knowledge which is our real property. Each one of us should look into how to make Baba's blessings my blessings, to absorb those blessings, and become that personality. Baba said for that, create awareness of the blessings and use them at the right time, so that they become powers. Whatever Baba has given us as blessings, we have to use them.

When we look at the meaning of Manmanabhav, we will say, focus your mind on One. Whatever way the mind goes toward Baba, this is also Manmanabhav. Sometimes this is out of love or gratitude, sometimes looking at the treasures we have, looking at life, the sustenance, support and the strength that we get. This is such a carefree life. People don't have worries but they have a habit of worrying. So when you have this habit, you find something to worry about, right? Whatever our mental habits are, we see situations that way. Dadi Janki taught us, anything big, you see it and find the core, make it small, and deal with it. Dadi Gulzar used to tell us that nothing is bigger than a human being, there is nothing that cannot be dealt with.

While Internally reflecting, churning, thinking of Baba, or the Murli, your thoughts become so beautiful. That is also Manmanabhav. Baba said that attention should be very natural in life, this is an effort-making life, but if that attention is becoming tension, it's not natural. We know that if we are not attentive, we will fall, something will fall, you get hurt, or someone else gets hurt. Even during traffic control, I think about what Baba has given me, that is Manmanabhav. My mind stays connected with Baba, when before it was more connected with the body, lokik family, every lokik situation. Even if anything comes to our attention, then Baba will take care.

With a lot of love, we practice this Manmanabhav stage. The first part of purity is Brahmin life, “Why am I created by God?” I am Baba's child, through Brahma Baba, a Brahmin, because pure Brahmins are needed to sustain the Yagya, and to take care of the Yagya. We will go more in detail about the kind of purity which we need. Purity of mind, purity of body, purity in relationships, purity of wealth. Purity has such beautiful vibrations. The atmosphere is purified through our own stage of purity, and thoughts of purity. We will go deeper into purity as a Brahmin child. This is the most important life to serve, and to be angels. Generally they say purity, peace, happiness and prosperity. To be peaceful, if I am not pure, I can't be peaceful, because some waste thoughts are always coming. If I am not peaceful, I am not happy because of the burden inside. So, what should be a Brahmin-like life and what is that purity? Think about it, because that is your life now. We have learned, it's not just principles and disciplines, but internally, a very pure energy, pure thinking is very important.

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