

**Sweet letter of remembrance to the instrument teachers and to all  
the brothers and sisters who are the decoration of the Brahmin clan.**

All the sparkling Deepranis (queens of light) of the Father, the Lord of Life, Deepraj (the King of Lights), all who remain lost in the Father's love, all the ignited living lamps, instrument teachers, brothers and sisters who are the decoration of the Brahmin clan, together with love-filled hearty remembrance, as well as hearty greetings and good wishes for Deepawali, the New Year and Bhaiya Duj.

In Madhuban, these festivals are celebrated with so much zeal and enthusiasm. All three complexes are decorated with beautiful colourful lights. Sitting far away, all of you must be pleased to see these beautiful scenes. Sweet Baba sits us in His lap of love, sings the song "Wah children, wah" with so much love and makes us fly in the flying stage. All of Baba's children who come to Madhuban become so full with just a short avyakt meeting with BapDada and return with treasures of happiness. All of you are experienced in this. According to the time, when your hearts are clean, all your desires are fulfilled. Now, Baba says: Children, let go of ordinariness, and be easy yogis by constantly having elevated thoughts and good wishes. Let your heart be clean, honest and filled with mercy. When your heart is clean, it is like you are able to maintain a very good stage of soul consciousness. Simply make sure the stage of detachment is not lacking. Sweet Baba, the Conqueror of our hearts, has made us so clean and pure by relating things of truth and giving us drishti filled with love. Then, we can compare and see what our own drishti is like! For one minute, simply observe yourself with peace in your mind and honesty in your heart: Is my heart honest and clean? What are my vision and attitude like? Do I always have zeal and enthusiasm in my practical life? Is my mind peaceful and my physical senses under control? Are the qualifications of being a gyani soul visible in my practical life? While checking yourself in a subtle way, continue to accumulate an income of multimillions at every step.

I have seen that when one serves with love, one is able to have zeal and enthusiasm constantly, and also make others companions with their zeal and enthusiasm. Seeing our enthusiasm, others also easily give their co-operation. There is then no need to ask anyone for anything or even to say anything.

Tell me, my sweetest sisters and brothers, all of you are constantly serving with zeal and enthusiasm, are you not? You have pleased the Lord with your honest hearts, have you not? My aim is to always make sure that I never become disheartened in my life. Let zeal and enthusiasm always be visible on your face and in your activities and there will automatically be progress in service. Do not compete with anyone. Each one of you has own service and effort. Not to compete but to race means to maintain good zeal and enthusiasm and to put that enthusiasm into others. There has been such sweet heart-to-heart conversations with the double-foreign brothers and sisters this time. Many very good guests from many countries also came for the Peace of Mind retreat.

All of you continue to hear and see the news of the service in Delhi live every day. Karankaravanhar Baba does and inspires everything to happen. Everywhere there is a good sparkle of service. All have become tireless and are engaged in revealing Baba. Hearing about all the service news from everywhere, I just thank Baba and give a lot of love from my heart to all of you. Everyone, open your mouths and eat toli. Listen to the knowledge (boli) and then be holy. Achcha.

*Lots of love to all.  
In Godly service,  
BK Janki*

## **Homework for the month of December 1 - 15 2015 in the Year of Tapasya**

### **Now, have the one concern to become complete and karmateet.**

1. Just as you are bringing the time of the final completion close by doing service with great force, similarly, also make a plan to make yourself complete. Now, have the one concern that, no matter what happens, you have to become karmateet. Now fix a date for this.
2. Karmateet does not mean that you go beyond karma. Do not become detached from karma, but be detached from being trapped in the bondage of karma. This is known as being karmateet. The stage of karma yoga enables you to experience the karmateet stage. This karma yogi stage is extremely loving and detached. Through this, no matter how big a task may be or how much effort it make take, it will feel as though you are not doing any work, but that you are just playing a game.
3. Karmateet means to be beyond, that is, to be detached from all types of limited nature and sanskars. The limited is a bondage and the unlimited is being free from bondage. Now, celebrate the avyakt day of being free from the limited consciousness of “mine”, the same as Father Brahma. This is known as the proof of love.
4. In order to attain the karmateet stage, constantly perform actions as a detached observer. I am an alokik soul, who constantly stays in the stage of a detached observer, that is, in the stage of being constantly detached and loving and performs actions. I am a soul who has the alokik experience, an alokik life and an elevated life – always have this intoxication. While performing actions, continue to increase this practice and you will attain the karmateet stage.
5. In order to become karmateet, increase the practice of being bodiless. The bondage of the body, bondage of people, bondage of material comforts, bondage of nature and sanskars – none of these bondages should attract you towards themselves. It is these bondages that make the soul tight. For this, constantly practice being immune, that is, detached and loving.
6. In order to become karmateet, become free from the accounts of karma. In service too, do not be a server who is tied in the bondage of service. Serve while being free from bondage, that is, be free from limited royal desires. There are the bondages of the body and bondages of the relations of the body. Similarly, selfishness in service is also a bondage which creates an obstacle to your becoming karmateet. To be karmateet means to be free from these royal karmic accounts.
7. Remain unshakeable, immovable, free from obstacles, free from bondages, free from sinful thoughts and sinful karma, that is, be incorporeal, viceless and egoless. Stay in these stages and you will be able to become karmateet.
8. In order to experience the karmateet stage, together with listening to knowledge and relating it, now pay special attention to becoming detached and bodiless, the same as Father Brahma. Father Brahma gave the practical experience of the practice of remaining detached and loving in the corporeal life, before becoming karmateet. He did not stop doing service or performing any other actions, but became detached and, till the last day, continued to serve the children. Similarly, follow the father.
9. No matter how much you expand service, while expanding, do not let the practice of the stage of the essence reduce. Do not forget the essence in the expansion. Eat, drink and do service, but do not forget to be detached.
10. To be karmateet means to be detached from and not even touched by any bondage of karma. Let your experiences increase in this way. No action should touch you, and do not let yourself even be touched by the result of any task you have performed. Continue to experience complete detachment. It is as though someone else inspired you and you just did it. Experience being detached even when you are an instrument. Whatever happened, put a full stop and become detached.

11. While performing actions, let there be lightness in the body and lightness in your state of mind. Let your mind not be pulled by the result of the action. However much the task continues to increase, accordingly let the lightness increase. Do not let the action pull you towards itself, but be a master, knowing that the one who is inspiring is making it happen and the one who is carrying out the action is doing that as an instrument. Increase this practice and you will easily become complete and karmateet.
12. In order to be karmateet, check to what extent you have become detached from the bondage of karma. To what extent have you become free from selfish motives in terms of the lokik and alokik and in terms of actions and relationships?
13. When you become free from the influence of karmic accounts and any wasteful nature or sanskars, you will be able to attain the karmateet stage. Let no type of service, gathering or adverse situation make you fluctuate from your original stage or your elevated stage. To be free from even this bondage is to be close to the karmateet stage. Am I free from even this bondage?
14. In the old world and in the old, final body, let no type of illness bring your elevated stage into upheaval. Let there only be the original thoughts of the self, churning of knowledge, and thoughts of being one who has pure and positive thoughts for others, and only then will this be said to be the karmateet stage.
15. Karmateet means not to be influenced by karma, but, as a master, to be an authority and come into relationship with the physical senses. Be detached from limited desires and enable actions to be performed with the physical senses. Actions should not make the soul, the master, dependent, but the soul should be the one with all rights and enable actions to be performed. To be the one who inspires and to inspire actions to be performed is known as coming into the relationship of karma. A karmateet soul comes into relationship, not into bondage.
16. As a result of the karmic account of past actions, there can be illness of the body, or the conflict of sanskars with the sanskars of your mind. Be karmateet and do not be influenced by the suffering of karma, but settle the accounts as a master. To settle the suffering of karma by being a karma yogi is a sign of being karmateet.

### **Homework for the month of December 16 - 30 2015 in the Year of Tapasya**

#### **Together with being a karma yogi, experience the karmateet stage.**

17. No type of bondage of the body, relations or material comforts should attract you towards itself. Become free to this extent – this is known as the karmateet stage, equal to the father. Practice being a karma yogi one moment and being in the karmateet stage the next.
18. Your creation, the tortoise, is able to merge (pack up) all its organs in one second. Even the creation has the power to pack up. On the basis of the power to pack up, you master creators can merge all thoughts in one second and become stable in one thought in one second. When you stabilize yourself in the soul conscious form, beyond the awareness of the actions of all your physical organs, you will then experience the karmateet stage.
19. Just as it has become easy to perform the special actions of seeing, listening and speaking, similarly, experience the stage of becoming karmateet, that is, with the power to pack up, become one who is beyond the effect of action. One is the stage of being dependent on action and the other is the karmateet stage, that is, the stage of having authority over actions. So, check that the royal activity of I, the self-sovereign soul, the conqueror of the physical senses, is working under your orders.
20. Every Brahmin has to become a living image, the same as Father Brahma. Become a showpiece of a light-and-might house. Prepare a lecture on thought power and silence and play the part of being an image that grants blessings on the karmateet stage and then you will come close to perfection. Then, in less time than a second, you will be able to give directions through the wireless wherever you have to carry out a task. On the basis of the karmateet stage, in one second you have the thought and it will reach wherever you want it to.

21. The effort of maharathis is especially on this practice: be a karma yogi one moment and then be in the karmateet stage the next. While standing in one place, be co-operative in service everywhere with the success of your thoughts.
22. Just as it has become easy practice to come into the corporeal form, in the same way, let the soul have the practice of being in the karmateet stage. One moment be a karma yogi and come into action and, as soon as you finish the action, be in the karmateet stage. Let this experience continue to become easy. Always have the aim to be in the karmateet stage. Become a karma yogi as an instrument to perform action and then become karmateet.
23. Just as it has become natural to come into action, similarly, let it become natural to be karmateet. Perform actions and also stay in remembrance. Those who constantly stay in the karma yogi stage can easily become karmateet. Come into action when you want and then become detached when you want.
24. You saw in the sakar form that the part of the last karmateet stage was of just giving blessings. It was the speciality of keeping balance and the wonder of giving blessings. Similarly, follow the father. This is the easy and powerful service. Now, the part of special souls is to give blessings, whether you give them through the eyes or the jewel on the forehead.
25. Just as there was just the one sound, “My Baba”, emerging from everyone’s lips for the Father, similarly, let there be this bhavna and realization for each of you elevated souls. Let there be the feeling of belonging from each one. Each one should consider you to be one who has pure and positive thoughts for them and a co-operative companion. This is known as being equal to the father. This is known as being seated on the heart-throne of the karmateet stage.
26. Now, do not come into the bondage of actions for service. “My place, my service, my students, my co-operative souls” – these too are karmic bondages of service. Be karmateet even to this karmic bondage. This is becoming karmateet, and give the realization that “this is the same One, this One is everything” and bring souls close to their destination.
27. Signal the power of each of your physical organs and you will be able to make them move as you want with the signals. Become a conqueror of actions in this way and then you will be able to be a conqueror of matter, be seated on the stage of the karmateet stage and so a ruler of the kingdom of the world. Each of the physical organs should continue to function saying, “Yes my lord”, “Present, my lord”. When the physical organs constantly welcome you royal rulers, that is, when they continue to salute you, then you will be able to become karmateet.
28. When you come close to the karmateet stage, then no subservience of the intellect towards any soul will create a bondage of karma. There will not be any account of give and take with souls either. Such souls will even renounce the bondage of karma.
29. The vehicle of the inner stage, the stage that is free from the bondage of karma, and the karmateet stage, that is, the final stage – you will be able to fly with this stage in a second. For this, be victorious jewels who are beyond all limitations, stable in the unlimited form, on unlimited service, beyond all limits, and only then will you be the embodiment of experience of the karmateet form.
30. Become stable beyond sound, in your elevated stage, and you will create a stage that is beyond all gross attractions, a powerful, loving and detached stage. If you remain stable in this elevated stage for even one second, the effect of it will be that while performing actions throughout the day you will especially experience the power of silence in yourself. This stage is known as the karmateet stage, the stage of perfection, being the same as the father.
31. In order to attain the karmateet stage it is essential to especially imbibe within the self the power to pack up and the power to accommodate. A soul who is in the bondage of karma will only be able to perform actions where he is, whereas a karmateet soul is able to play his part everywhere, while being in one place, because he is karmateet. The speed of such a soul is very fast and can reach wherever he wants in one second. So, increase this experience.