

Om Shanti Everyone!

Day by day, we are experiencing the sato quality within the self. Today, I was feeling that each one of us must be experiencing sato. Sato is where you're very much into deep silence, very peaceful, and there is no kind of flickering in the lamp. You are full of light and might. Every day that we are practicing and paying attention, there is a natural pull towards one's own eternal self, very natural remembrance of Baba, and closeness to Baba. I am sure you all must be experiencing satogun. If we are experiencing sato, the next stage will be satopradhan. Even the atmosphere in the world is tamo, and there could also be rajo energy or activity around, but it doesn't influence you. When you are satoguni, there is no influence of rajo and tamo. You can check that day by day we find whatever is happening around us doesn't influence us. Even if there is sound, internally there is such deep quietness. We are becoming sato, and then our actions, how we see things, hear things, all our sense organs are pulled more towards this internal influence. There are certain things which could be disturbing, but I'm not seeing it, because I am so pulled towards sato within. It is the same with listening. If it's necessary, I listen, but if it's not useful, it doesn't stay with me. It's like we are above the influence, so that our every action is sato action. Every word we speak also is sato. This transformation is happening in our awareness every day, in our attitude, drishti, and then our words and actions.

The body is the part of prakriti, elements, what we also call nature. There are two, one is the body which is a product of elements, but also there are a lot of elements changing into material things. In the elements, there is everything, even all the metals are from elements, but we make them into material things and then we start possessing them, there is a lot of greed and attachment, it's like the mind belongs to them. All the gold, jewelry, and diamonds we take out of nature. Some things we are not able to create boundaries, but the water, land, sky everything is unlimited and is no one's property. We have divided them and say, "This is my space, my land and this part of the ocean belongs to me." As much as we become sato, Baba says that the elements will also serve you. First, there is this personal connection of how I helped to create satopradhan elements by doing elevated actions through my body. Then, connecting where there isn't any greed of any kind, because when there is greed, then we accumulate. Elevated action is that I say, "Why not use it for God's service?" From the heart, we start sharing everything with everyone. Our hearts become very generous. You are creating this personal relationship with prakriti, even at the Confluence Age. We heard the stories that in one of the villages in Gujarat there was a lot of flooding, a lot of houses were almost underwater, and Baba's child wrote and said that he was safe. Water was rising, but did not reach his home because, I think, of that relationship with the element of water. If you are a pure soul, and have been doing pure actions with your body, there shouldn't be hurting in any way. There are so many stories. I remember once in Sri Lanka, there was a big cyclone and Baba's children were sharing such beautiful stories. Even fear was not there because they had a very pure relationship with elements. I always felt that you can talk to elements and feel protected. You know you will be provided for for not fulfilling the greed, but the needs. Then no question arises about what will happen.

We all know that we cook in Baba's remembrance, offer it to Baba, and then we make the body accept it as Brahma bhojan. Even that simple action is creating a good relationship with the elements because you are using it as a trustee. Whatever I have, it is my fortune, but I am a trustee, that means I cannot misuse it. Everything I have, I use in a worthwhile way, and not just for the self. In this way, it is becoming unlimited. In yesterday's murli, Baba said that our body is our wealth. Even if you are physically settling some karmic account and you have pain or any problem, the body and mind can be used for Godly service. All our Dadis, whenever they went to hospital or a doctor's office, it was seen just as service. When it was safe to go to the hospital, they said when are you going to pilgrimage? When you return they would ask how was your journey? This is not only settling of karmic accounts, but also purification of elements. When you are in a physical situation then you practice soul consciousness and stay very close to Baba, your remembrance is there. All these beautiful stages are created even when the body is going through some physical sickness. Brahma Baba, of course, was the number one example. At the age of 93, he was walking straight with no eyeglasses or stick, because every moment, every thought he had was of remembrance of God. He also served humanity. There are three things the soul needs to become satopradhan: effort, remembrance so that past karmic accounts are settled, and third is to serve through thoughts, words and actions. His life was of all three, and there was no waste. There were so many challenges, but he used the power of silence. I saw him in many critical situations, but Baba would just sit in silence. We would also get power, and we were able to do what was right at that time, because of Baba's power.

At this time of the Confluence Age, when we have learnt about the connection between soul and body, we don't abuse the body. We should have contentment. It is important to live comfortably, but when it comes to luxury and overspending, some types of karmas are created. Someone might say, "But I have it, it is my fortune", but we also have to share and do service. Do not have greed, nor attachment but be a good trustee of your wealth and body. If relationships are pure, they are sato, then you create a very good relationship with matter and nature. Purification is happening, the elements are becoming satopradhan, and I am contributing to making them sato pradhan. They show that Lord Krishna had to be taken across the river as a little child, his father was carrying him in a basket but the rising water wanted to touch his feet to be blessed. When the waves touched the feet of Sri Krishna, the water receded. Money alone doesn't sustain a body, you also need food, grains, clean air and water. Think about it, then you will pay attention to how you use your body. Look at everyone's soul as peaceful, loveful, with a vision of love and even speak very gently, sweetly, and respectfully. This is how we use each sense organ in a sato way. It's a beautiful experience if we pay attention internally, you will feel there is more light and might, not just knowledge. Knowledge as light and yoga as power, the might. Tomorrow, see the connection of this body with unlimited elements and use the body and everything else with respect. Don't waste any food. When you have respect for the elements, then we are creating our fortune and also, the elements become satopradhan.

Om Shanti