

Om Shanti everyone!

I cannot hear your sound, but I know you're all saying Om Shanti! Many times Baba says to just nod your head, that is like saying yes. Most important is the language of love, the language of silence, the language of pure feelings, and the language of good wishes. This is a new language. In soul consciousness, when we have positive intentions, we have pure feelings, so how are they conveyed? If there is very subtle anger inside, some negative feelings for someone, how is this conveyed? The other person immediately feels there is something heavy, something not good, something not right, even if you don't say anything. Our feelings, intentions, attitude, and thoughts communicate more powerfully than words and language. In soul consciousness, Baba wants us to use vibrations, thoughts of love, pure intentions, and pure feelings. Actually most of the qualities we have are never spoken. If you really have patience, you don't keep telling yourself, "I have patience, I have patience", right? Patience speaks for itself. We look at a person, the way a person does things, responds to things, and in our mind, we say this soul has a lot of patience. I see some souls with a lot of tolerance, and they don't keep saying that I have that quality. When there is fragrance in flowers, the flower doesn't talk about fragrance, it communicates the quality of fragrance, and we say, "Wow, it smells so good." When you talk to God, you don't speak loudly. Our love, our bhavna, are both so incognito, but we observe Baba, how He receives that love from us, and fills us with love in return.

Subtle ways of communicating are more powerful than words. Even when we are speaking words, whatever is within the soul, comes out more through body language. Whatever I feel, I experience, I reflect, I share in the evening just for a short time. You are not only listening to my words, but you're listening to what is in my heart. Whatever my feelings are, I am telling you. Your feelings are very real, you have to assemble the words, you have to look for the right words and make sentences, you try your best to present it, and still sometimes it doesn't come out right. Our internal feelings, our deep experiences, are conveyed in a different way, not through language. Baba talks of sakash. So, we don't sit and say, "Now I am going to give sakash to this one". We don't have to say anything. Words have limited impact, even when we meet. The feelings that we get from each other, that stays with us longer than when someone keeps saying, "I love you, Oh you are very good. I love you". It might be comforting, but if it's not real, we know it, right? How do we know that it's not real? Each one of us needs to start recognizing this inner power of pure feelings, Baba said to take the homework of good wishes. So, always have love and bhavna.

Baba said 'bhav and bhavna'. Bhav means intentions. Through soul conscious drishti we could say everything, do everything. When I go to the subtle region, Baba looks at each one and I know that while He is looking, He's doing His work through His rays of light and love. He is helping to erase things, helping to create things, giving a lot of

comfort to the soul, sharing the Lord of love just through drishti, but in the heart what is there is the language of love. Deities, I think they smile, they speak little, they don't describe long things like these days. Here, we keep talking, talking, talking. You know we have to describe, we have to explain, we have to define, we have to clarify, so much, right? In the Golden Age, in the deity world, there is so much love, understanding, acceptance, and people won't need so many words to use. Someone was saying that when they create dictionaries, they are very small, and they keep making them bigger and bigger, and more and more words are added. Now, the Brahmin dictionary is also very small, with a lot of words that we don't use, words we don't speak, it is more about bhavna, our love, and the power of silence.

So, we say there is one language, and that language is of truth, silence, and love. The more we speak that language through our drishti, through our vibrations, through our feelings, I think we are starting to emerge our divine sanskars. You will feel internally, "Oh, I'm feeling very divine now because of this change from words to silent pure communication." So, internally there's a lot of transformation, feeling divine, being in the divine family, and that also enhances the purity in our bhav and bhavna. Whatever the soul is, I have to just give good wishes. So, our language is a language of love, of good wishes, of pure feelings, a language of silence. All that is love for the self as a soul, and love for everyone as children of the One Father. We have the language of love, pure love, spiritual love, God's love. That's the language of love we have to speak.

Om Shanti