

Om Shanti Everyone!

Baba explains to us that there are many types of happiness. We have to reflect on what is happiness with the self? Am I happy with my own self or sometimes am I annoyed with my own self? I feel that Baba loves each one of us, right? Baba loves each one of us, so I am happy because Baba loves me, and also when there is love from Baba, everyone loves you. Actually, everyone is loved. So, why can't I be happy with myself and have very good feelings for others, respect for others, and be loving with everyone? There are so many specialties in each one of us. Never be critical of your own self and don't be sad for anything, little things. Baba is saying that the vibrations we spread through happiness, bring peace and power to others. So each one of us has to keep ourselves very happy. Is it possible to do it? Yes, and it doesn't cost anything. Baba said that you don't have to spend money for this. This happiness shows up in two ways. First, it's a kind of brightness on the face, and also in a friendly smile. When you are smiling, it gives a feeling that people can approach you. If you are not smiling, then everyone thinks they should not talk or say anything. There is this hesitancy in communication. I know it's a lot of effort, but it should be done. It's worth doing, and there is a lot of service in this.

A few minutes of silence is good, because then you are able to reflect and contemplate, you need to have that realization. When I am talking, it is not only about wanting to be clear, but also, I want to be happy with myself. So, I think of the fortune of belonging to Baba and receiving knowledge. He is using us as instruments. There are so many things one can be happy about. It's not just happiness for the self, but you also want to see everyone happy, make everyone happy, always willing to talk, think of their well-being, and communicate with others. Sometimes, some people find it so difficult to keep others happy, but if you are happy, you definitely are able to make others happy. Of course, any kind of service also keeps us happy. Service through thoughts, service through words, service through actions, any type of service brings a lot of happiness. Baba says that if you are happy with the self, others and service, Baba is also happy, and when Baba is happy, there is success. Whatever you do, there will be success because the first obstacle really comes from the self. As soon as the self is not happy, obstacles come. If others are not happy, that becomes an obstacle, then it becomes an obstacle in service. Everywhere there are obstacles and one doesn't feel that there is success. So what will we do tomorrow? We practice, reflect and experiment on how this works. In some situations, you might have to put in more effort, but always remember to have determination, and success will be with you. Have determination, and one day you will achieve it. You will definitely make it, never ever give up. Baba said that we have to be complete, and Baba has to be happy with us. Baba kept talking about spiritual peace, spiritual happiness. Sometimes happiness could also be like "Oh I got something", it could be because of something external, physical, but Baba is talking about spiritual happiness.

When I came into knowledge, I used to say that wherever you all go, you have to serve. At that time, we used to think that we have to give knowledge. However, maybe there are people who are not ready to listen to knowledge, but our presence, our vibrations, our pure feelings definitely serve. Then we notice that whenever we are doing anything through thoughts, words or actions, we sow the seed. Just sow the

seed, and at the right time, it will rise. Everything has its time. Some souls take knowledge then they leave. They go on spiritual vacation, and then suddenly they remember and come back, after 10 or 15 years sometimes. They come back, and they just want to surrender to Baba. They know this is the Truth, but they are not ready for it. Our consistent love for them, and good vibrations, keeps the doors open. I remember, when I came into knowledge the first thing I said was, "Oh no, not now, I'm only 11 years old." When I decided this would be the only path, then I took the course at 15 and I surrendered to Baba at 22. The seed has to be sown, and then you just keep watering, there is sunlight, our good wishes, and at the right time, we see a very beautiful tree emerging, and beautiful fruits emerging.

To remain happy, I have to always look at what my specialties are, and not with arrogance. Baba is saying to look at your own specialty, because only then you see the specialties of others, everyone, every soul has a lot of specialties. Sometimes it has become a habit to look at the weakness in that soul, what is wrong in that soul, because we are taught that way. Just appreciate everyone's quality and when it becomes the habit of appreciation, it's encouragement for others, and it's good for me also. What is right, what is working well, we have to look at that. However, our habit is to always look at what is not working well. We look, and then the heaviness comes, and we feel nothing is working. It is not true that most of the things are not working. There are, maybe, certain things that still need to be fixed. Everything might be 98 percent okay, but we focus on the two percent that are sometimes not okay. That two percent that we focus so much on can make us feel as if nothing is working. It's always good to see what is working, and then whatever is not working we will see what can be done to fix it. So, looking at the specialty in everyone will also help us to get cooperation, because everyone is special in doing something. If we all do it together, the task will be done, there is cooperation. If I say this one doesn't have, that one doesn't have, this is not right. Then you do it alone. Cooperation is only possible when I look at the specialties. I say you can definitely do it, then you trust that soul and Baba's hands of appreciation are on your head. Do not point out anyone's shortcomings, because everyone knows that they have to be better in certain things. Everyone knows that I get impatient, so I have to have more patience. Sometimes I lose courage, then you say "you need to have more courage". What will be more helpful is if you say, "Oh, you have a lot of courage, you are full of enthusiasm." So, in this way, it helps other souls to progress, to improve.

Baba is saying to have the awareness of the specialties of the self and everyone. Even sometimes I say that Drama is so wonderful, right? I also tell Baba, "You are really magical!" Yesterday, I said, "God you are amazing, so incognito, invisible yet You do everything." So, keep your heart full of good thoughts for everyone, and that fullness also brings a lot of happiness in your life. Always be happy, and do the homework of happiness of self, others, and service. Then Baba is happy, and you have the blessing of all the success.

Om Shanti