Constant\_Happiness\_5

## Om Shanti everyone!

When we listen to children, we feel happy, right? Their voices are full of trust and confidence and love for Baba. Today, my heart was really singing the praise of God, praise of Baba. There's a saying in the path of bhakti that "God - your divine activities are unlimited" and when we experience it, we call it 'prabhu ki leela'. 'Prabhu ki leela' means God's divine activities, leela means how He plays His part. So, recently when I was in Peace Village, we had invited some of the young members of the team of Avyakti Parivar. The majority of them, including those who are coordinators, are all very young. I look at whatever they are doing, and how they were so happy and consistent. Even when the children use the word 'Baba', it reminds me of our spiritual childhood. We keep saying 'Baba does it', 'Baba gives it', 'Baba's car', 'Baba's house'. I feel that as many times we use the word Baba, it's also good for everyone to see how we invoke Baba. 'Baba' and 'Drama' are two words, we don't only say through our minds, but also in words. I think it's very good. So, I was saying to Baba that others are saying, 'tumhari shrimat nyari' 'God your ways and the directions are very unique'. So 'prabhu ki leela - gatmat nyari' You've got a few moments to experience in your heart. Is your heart also singing the praise of God, praise of Baba? How many feel that their heart is praising Baba or is it just through the intellect? When your heart has praise, you feel a lot of love.

What are Godly attainments, and what comes from spiritual happiness? Baba said yes, there could be other happiness, but spiritual happiness has vibrations, and those vibrations give the shade, like you get under a tree loaded with fruit. Baba is comparing Godly attainments to fruits, and each one of us is the tree loaded with Godly attainments. Baba says that spiritual happiness really depends on Godly attainment. What are Godly attainments? You are master Almighty! Baba said that some children have all rights, but they don't claim them. Some claim 50 percent, 30 percent, they don't receive much. Why don't I claim 100 percent? So, think a little bit about spiritual happiness and Godly attainments. In Murli this morning, Baba said that there are certain things you do that bring happiness to others, and that involves some sacrifice, some adjustment. I share happiness by my presence. Baba says that spiritual happiness and good vibrations, that is what Baba meant, to make everyone happy through your happiness. It could be through thoughts and words, it could be going and giving that practical presence there, then be the carefree emperor.

Today, I was in a session with a center. I said how many of you are carefree? Everyone raised their hands! Are you all carefree? Can I see hands? How many of you want to be carefree? So, then you have to see now, do I find solutions, and give my concerns to Baba? In a lokik way, when there is a situation, some worry a lot, but before knowledge, what else did we have? Just worrying about everything, overthinking, looking at the situation, and then making it a big thing, and then keep thinking about

it. Now, we know we have to remember Baba, we have to churn knowledge, we have to do certain practices, so the mind still has a lot to do. Still, there are some who don't have this habit of worrying, and you know they are carefree. That could be from their sanskars or some kind of good life from the past. Worrying is such a common tendency of the mind today. So, how can you feel like a king? If you are carefree, then only you feel yourself to be an emperor.

Dadi Janki would say that she was so sure about everything, that it will happen, Baba will make it happen. Dadi had the power of pure thoughts. She said, "As soon as I think of something, it happens." She also said, "I have empty pockets, and I don't carry a bag, but I am a carefree emperor" Once, in the Caribbean, we lost Dadi at the airport. We found her just sitting merged in Baba's remembrance as if she was serving the world. That is what she used to think, "Let me serve the world through my every thought." However, if she thinks, "I am lost", she cannot serve. So, I saw her stage of being a carefree emperor. She knew that everything would be taken care of. We are the ones who get into anxiety and some kind of subtle thinking, like this could happen, that could happen. I think we have to look at ourselves and see, keep reducing our concerns, and give them to Baba, through knowledge, make our stage strong. Use the power of yoga, so that all the obstacles can be removed, and everything works very well. So, take the gift of being carefree and experience yourself to be an emperor.

Today, Baba said that we should become the tree, loaded with the fruit of Godly attainments. So, think tomorrow morning when you wake up, what are Godly attainments? Homework really means not just to keep thinking I am this, I am a tree loaded with fruits. You won't become this by thinking about it. You have to do some homework in the morning. What are Godly attainments, the fruit of that is spiritual happiness. Am I spiritually happy because of that fruit, or am I, as a tree, giving the shade of peace and power to other souls? Use today's Murli also, read that Murli, reflect on those points and make them real. Become that image, and when you do, definitely what Baba wants us to be, and wherever He wants us to serve, we will be able to serve. So, for tomorrow, that's what we will do. Starting from amritvela, during traffic control, whenever there is time, keep doing that. I think this will definitely give us that experience of being a tree loaded with fruit, giving the shade of peace and power to everyone.

Om Shanti