

Om Shanti everyone!

Om Shanti! I am seeing you all waving hands, and I can see everyone's happy face. Baba is bestowing happiness, so why wouldn't we be happy? It's only a question of sustaining it, right? Today we were looking at all our attainments, and having contentment based on all attainments. It's just that sometimes, we forget. The present situation gets our mind involved, our intellect involved, and once we get involved in something, we forget our attainments, our powers. So yes, we have to be engaged, we have to be involved, but also keep remembering that I have to remember my powers, my virtues. Baba has given us the power to discern, and so many powers, all attainments are from Baba.

When we are Carefree Emperors, then what are our concerns? Is it concerned, or is it a habit of concern, or should we be concerned and then get worried? So, I had been reflecting on how the mind works. Let's say that some successful, good things have happened in the past. So, then I would have a lot of trust and confidence. I think, "I always did well, it's going to be okay." Sometimes, we haven't done well or there have been little challenges, then I would have very subtle concerns that those things might happen again. Baba had been focusing so much on soul consciousness, remembrance of Baba, trust, and patience. I was reflecting on my intellect also, when I listen to Murli, then I pay a lot of attention to remembrance. What I find is that when there is remembrance, the energy that I am receiving from Baba through remembrance, like my courage, is not coming from the traces of the past. So, if you look at how the mind is influenced, it's not only the situation, but there is such a long past in our 63 births of body consciousness. The majority of our thoughts are coming from what we had experienced in a difficult time or in an easy time, but Drama is moving, and my stage is now becoming Satopradhan. So, my thinking at the present should be such that what I am receiving from Baba, I will definitely use it. Sometimes this is the confidence from the past. So, we built up confidence or we built up disappointments based on something that has happened in the past. Our mind goes back to the story, who said what, why they said it, or it shouldn't have happened, etc. Then the mind is not powerful. The past brings influence in the form of thinking patterns. Let me remember Baba, and create something different, something new, and overcome these subtle fears, and worry that this could happen again, or this is what it will be.

I had been thinking deeply on how to change the energy within myself in such a way that I am not thinking based on my past experiences, because I have to be a 'Carefree Emperor'. It doesn't mean that I just don't care, so I am carefree, no. Somewhere deeply, I am not being influenced by the past. If I think of elevated, fresh and uplifting, it will be very good energy. So, when we have to be Carefree Emperors, we have to be free. First, I have to be free from the past. So, when we wake up in the morning,

we say, “Good morning” to Baba, then listen to Murli. Then we keep remembrance, attention on thoughts, as Baba said, not carelessly, but attentively check yourself, “What impressions are deep in me? There are a lot of impressions about a person, about the situation, that don't allow different things to happen, or different ways that things should happen. So, my attention really went to that and then I thought to just remember Baba to an extent that there is no past, and no concerns for the future. If I am merged in Baba's remembrance, and I am not allowing the past to repeat in my mind and awareness, the present will be very pleasant. Baba says that when you are present, you get presents. When I have impressions about others, Baba says that self transformation brings world transformation. You will really like it very much, let me think differently this time, let me think more elevated, with pure feelings and good wishes.

Today, Baba said that we receive so many treasures, we just have to use them. So, this way, your attention will be on remembrance, because the main aim is to become satopradhan. That is only possible when there is, as Baba said, a lot of patience, depth, and maturity. My remembrance would then be loveful, natural, and bring a lot of inner happiness to me. So, if I want to be Constantly Happy, I should not have any kind of concerns. Sometimes we overthink, the intellect over thinks, the mind over thinks. Why does this happen? We should only think as much as necessary, whether it's in the mind or the intellect. So, use these qualities of maturity, trust, and patience, and do not think based on past experiences, do not carry any concerns. Concerns are also from past experiences, and they can become worries. Then you cannot remember Baba, your intellect is too heavy. Every moment, I belong to Baba, Baba is mine with love. I have to remember Baba, I get whichever quality or power I need from Baba at the present moment, and I use it.

So, very sweetly, happily, and with patience, remember Baba. No situations, no matters, no concerns. There is one song that comes on at four o'clock here “How He does, what He has to do and He does not,” I just have to have a pure thought, but not a concern. So, this carefree mind will make us ‘Carefree kings’. Pay attention to such loveful remembrance of Baba as Father, as Teacher, as Guide, One who is the Bestower, constantly giving to us. I have to receive, not live on my past credits or discredits of any kind. Deeply within, there is joy, there is happiness, there is lightness, and I think for the few years of the Confluence Age, we want to live like that. So, I can be “Constantly Happy and a Carefree Emperor”.

Om Shanti